

HIV/AIDS : "a ready guide" to services and facilities currently available in Lothian / published by Regional AIDS Group, printed by Lothian Regional Council.

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Regional AIDS Group,
Lothian (Scotland). Regional Council

Publication/Creation

[1989?]

Persistent URL

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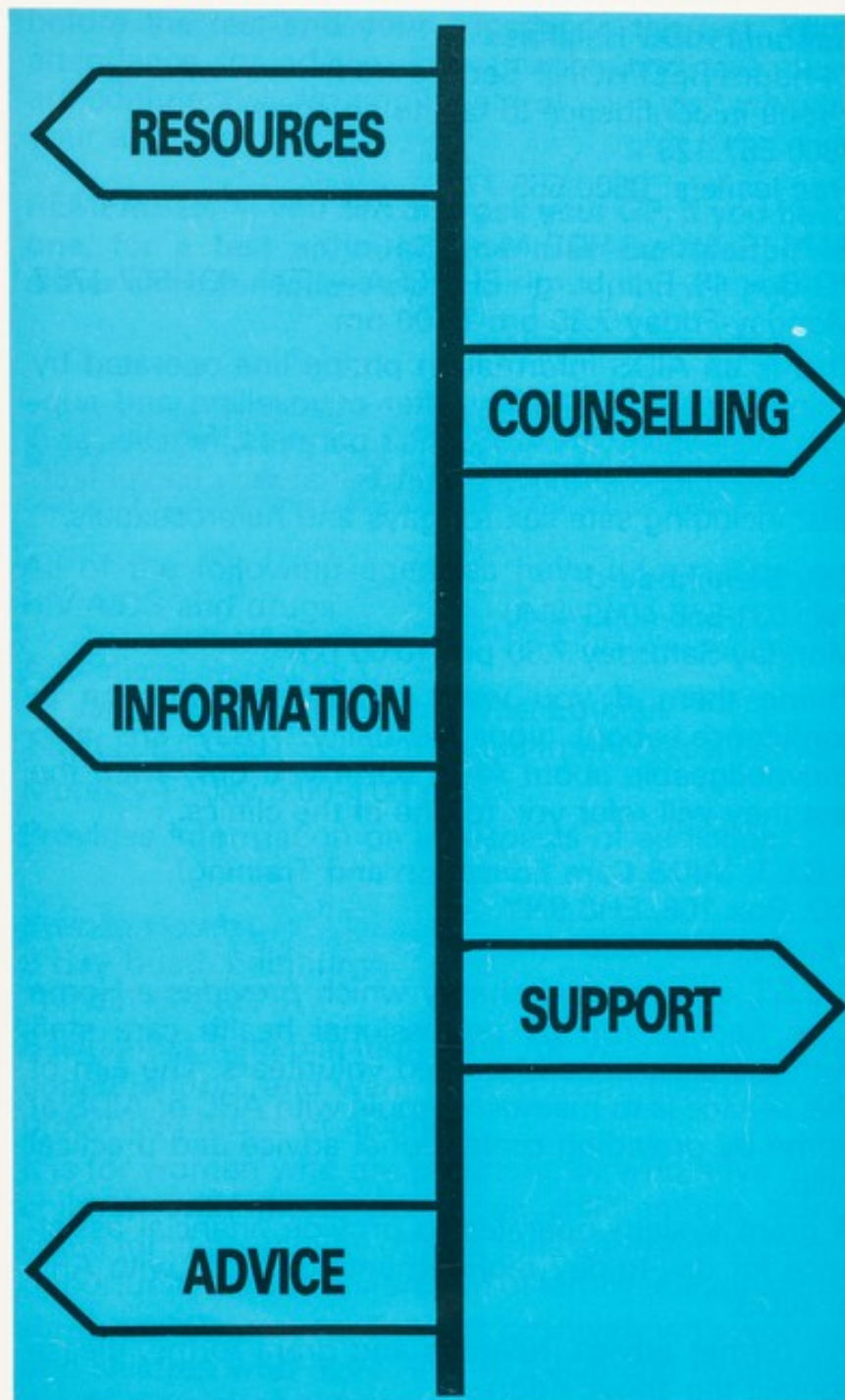
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HIV/AIDS



"A READY GUIDE"
to services and facilities
currently available in Lothian

2nd EDITION

INFORMATION AND SUPPORT

National AIDS Helplines

24-hour FREEPHONE Service
Phone in confidence to talk to an adviser.
0800-567 123
Free leaflets: 0800-555 777

SAM (Scottish AIDS Monitor)

PO Box 48, Edinburgh EH1 3SA — Tel: 031-557 1757
Monday-Friday 7.30 pm-10.00 pm

This is an AIDS information phone line operated by trained volunteers. They offer counselling and support to people with AIDS, their partners, families and friends. They also have a number of very useful leaflets, including safe sex for gays and heterosexuals.

Gay Switchboard

Tel: 031-556 4049/4040
Monday-Saturday 7.30 pm-10.00 pm

Phone them if you want to talk to someone in confidence about your sexuality. They are also knowledgeable about AIDS but if you only want the test they will refer you to one of the clinics.

A.C.E.T. (AIDS Care Education and Training)

P.O. Box 108, EH8 9NY
Tel: 031-668 4225

A.C.E.T. is a national charity which provides a Home Care Service run by professional health care staff with the assistance of trained volunteers. The aim of this service is to maintain people with ARC or AIDS at home by providing professional advice and practical help.

A grant system operates to provide financial assistance for day-to-day requirements of those with ARC or AIDS.

For further advice, referrals and grant forms, please contact the above address.

SHRG (Scottish Homosexual Rights Group)

58A Broughton Street, Edinburgh
Tel: 031-558 1279 (answering service)

Haemophilia Centre

Royal Infirmary, Edinburgh
Tel: 031-229 2477 Ext. 4531
Monday-Friday 9 am-5 pm

Information for people with Haemophilia and their families and friends.

Social Work Services

Area Offices are usually the first points of contact for a wide range of social work services. There are 17 Area Offices throughout Lothian Region, contact the one nearest to where you live:

Edinburgh

Area 1 (OXGANGS)	
4 Oxgangs Path	031-445 4451
Area 2 (GILMERTON)	
10/12 Newtoft Street	031-664 6481
Area 3 (CRAIGMILLAR)	
182 Greendykes Road	031-669 9121
Area 4 (CENTRAL)	
11 Victoria Street	031-226 6731
Area 5 (CRAIGENTINNY/PORTOBELLO)	
Craigentinnycastle, Loaning Rd	031-661 8291
Area 6 (LEITH)	
9-11 Giles Street	031-553 2121
Area 7 (PILTON)	
40 Ferry Road Avenue	031-343 3181
Area 8 (MUIRHOUSE)	
34 Muirhouse Crescent	031-343 1991
Area 9 (GORGIE/DALRY)	
1 Gorgie Road	031-337 8422
Area 10 (WESTER HAILES)	
5 Murrayburn Gate	031-442 4131

East Lothian

HADDINGTON Area Office:	
Victoria Park, Haddington	Haddington 4181
MUSSELBURGH Area Office:	
Fisherrow School, South Street, Musselburgh	031-665 8484

Midlothian

DALKEITH Area Office:	
11 St. Andrew Street, Dalkeith	031-663 9772
LOANHEAD Area Office:	
4 Clerk Street, Loanhead	031-440 3000

West Lothian

BATHGATE Area Office:	
69 Whitburn Road, Bathgate	Bathgate 55181
BROXBURN Area Office:	
Easter Road, Broxburn	Broxburn 856806
LIVINGSTON Area Office:	
Cheviot House, Owen Square, Livingston	Livingston 410903

There are Social Workers, Occupational Therapists and Home Care Staff in each team. SOCIAL WORKERS seek to provide support, counselling, advice and practical assistance. You may be having difficulty with bathing, dressing or other aspects of daily living, in which case an OCCUPATIONAL THERAPIST might be able to suggest useful gadgets to assist, or an adaptation to your home may be necessary. You may need general help in the home or with preparing meals, and here the HOME CARE ORGANISER will be able to advise whether or not, you are eligible for a Home Help, Meals on Wheels or Community Laundry. The Area Office can also advise on other services run by the department, including DAY AND RESIDENTIAL CARE, FOSTERING AND ADOPTION.

If you think any of the above services might be of help please contact your local Social Work Area Office — normal hours of opening are: 8.30 am-4.40 pm Monday-Thursday and 8.30 am-3.50 pm Friday.

There is also a specialist SUPPORTED ACCOMMODATION TEAM (*see* ACCOMMODATION PROBLEMS), and WELFARE RIGHTS TEAM. For information and advice on Social Security and other rights contact:

WELFARE RIGHTS TEAM, FREEPOST,
EDINBURGH EH1 0BB

or phone them on 031-225 5080.

EVERY HOSPITAL in Lothian also has a Social Work Service: you may contact them direct or ask the medical staff to put you in touch.

PRISON: There is a Social Work Team based in Saughton Prison, which can be contacted during office hours on 031-443 7201 and can provide information and advice for prisoners and their relatives.

The medical care of prisoners is the responsibility of the Prison Medical Officer.

Citizens' Rights Office

43 Broughton Street, Edinburgh

Tel: 031-557 3366

Mon & Fri 10 am-4 pm, Tues, Wed, Thurs 1 pm-4.00 pm

Advice on Welfare Rights and Benefits.

Front Liners UK Limited (Scottish Division)

37-39 Montrose Terrace, Edinburgh EH7 5DJ

Tel: 031-652 0754

Mon-Fri 9 am-5 pm (office hrs) (24-hr Answerphone)

A self-help group for people with AIDS or ARC (Aids Related Complex). Monitoring and supplying services and information.

CASTLE

A support Group for relatives and carers run by Pam Leaver, Social Work Unit, City Hospital, Tel: 031-447 1001 and George Borland, Social Work Unit, Bangour General Hospital, Tel: Dechmont 811334

Body Positive Scotland

(Contact through SAM, Edinburgh) Tel: 031-557 3885

Body Positive is a self-help group for anyone with HIV, ARC or AIDS.

As well as group support, members offer advice and counselling on an individual basis. There is no discriminatory criterion. Contact: Stuart Forbes, Jackie or Fyfe through Scottish AIDS Monitor.

E.A.S.T. (Ecumenical AIDS Support Team)

c/o Jane Millard, Honeybrae, Ninemileburn, Midlothian EH26 9ND

Catchment: Edinburgh

Tel: West Linton 60253 or John Barr 031-669 3300.

Offers practical help and support to all with and those affected by HIV, ARC and AIDS; and will also provide support and care to carers.

E.A.S.T. responds to requests for help and assistance, providing tasks such as driving, gardening and babysitting. They also provide help in bereavement and with funerals.

Positive Help

7 Upper Bow, Edinburgh EH1 2JN

Tel: 031-220 3975

Mon-Fri 9.30 am-12.30 pm (24-Hour Answerphone)

Volunteers provide practical help for people who are HIV+, who have ARC or AIDS; and their families, friends and carers.

Contact: Co-ordinator Helen Mein.

Fighting Back!

c/o 2/4 Abbeymount, Edinburgh EH8 8EJ

Tel: 031-661 0982

Catchment: National

To provide experiential / personal awareness / supportive workshops for individuals with HIV, ARC and AIDS, as well as partners, families, project workers or others affected by it. The emphasis is on living with AIDS and identifying untapped sources of strength.

Contacts: Dr Sarah Boyle, Ms Evlynn Horsley

Livingston Voluntary Care Networks

Contact: Judith Stewart, Ladywell Friendly Bank,
28 Heather Bank, Ladywell, Livingston

Tel: 0506 37746 Catchment: Livingston

Monday to Friday 9.30 am to 12.30 pm (Ansaphone)

Volunteers are being trained to provide practical help
and support to people with HIV and AIDS.

Training should be completed by the end of May
1989.

The Centenary Project — Outreach Work with Women

Tel: 031-553 2490 (24-hr answering machine in
operation)

Offers free confidential support, counselling and
befriending to women involved in prostitution.

TESTING FOR HIV INFECTION

Are you worried that you may have been at risk of
HIV infection? The City Hospital HIV Counselling
Clinic offers confidential pre- and post-test counselling
to help you consider taking the test, and confidential
counselling after the results are known.

**All the information you give them will be treated as
strictly confidential. It will not be passed on to your
doctor or anyone else without your consent.**

For antibody positive individuals on-going medical
and counselling services are offered.

The HIV Counselling Clinic,

City Hospital, 51 Greenbank Drive, Edinburgh

Tel: 031-447 0411 (Advice line)

031-447 1001 Ext 3214 (for appointments)

Mon, Wed, Thurs: 2-5.30 pm City Hospital (by
appointment only)

Wednesday: 9.30 am-12.30 pm **Leith Hospital** (by
appointment only)

The Genito-Urinary Medicine Clinic

Edinburgh Royal Infirmary, Level 4, Phase 1, Lauriston
Place, Edinburgh EH3 9YW

(for appointments) Tel.: (031)-229 2477

Males — Ext 4181 Females — Ext 4182

(for advice, recorded message) Tel: 031-225 4471

Mon-Fri 9.00 am-4.30 pm (appointment by telephone
or attendance)

At this clinic you can be screened for all sexually transmitted diseases including HIV infection.

No test for HIV antibody is taken without counselling before the test and your consent to the test. Your attendance for advice, investigation and treatment are confidential. No one is told of your visit without your agreement.

REMEMBER — you can also ask your GP, if you have one, for a test although you may be referred to either clinic for follow-up.

DRUG PROJECTS

All of the following agencies have information on HIV/AIDS and drugs.

Addictions Resource Unit

19 Jarvey Street, Bathgate, West Lothian

Tel.: 0506 633801

Catchment: West Lothian

Monday-Friday 9.00-4.00 pm

Provides information on all aspects of addiction.

Brenda House

9 Hay Road, Edinburgh

Tel: 031-669 6676

Catchment: Lothian

Residential Rehabilitation Unit for women who are dependent on, and want to stop using illegal drugs, prescribed drugs or alcohol.

It is for women who are pregnant, or who have their children with them, or whose children are being cared for at present by others, thus affording them an opportunity for the restoration of family relationships.

Aims and Objectives: To work positively with women and children who have HIV/ARC/AIDS and to provide a safe drug/alcohol-free environment.

City-Wide Family Support Group

43 Groathill Road North, Edinburgh EH4 2RS

Tel: 031-332 9279

Catchment: No restriction

Support Group 2.00 pm-4.00 pm Tuesday.

Help available 10.00 am-1.30 pm, 2.30 pm-4.30 pm, 6.30 pm-8.30 pm daily.

Provides practical help and advice for parents and drug users.

Drug Prevention Group

53 Prince Regent Street, Leith, Edinburgh
Tel: 031-553 2841 Catchment: Edinburgh
Evening Tel. No.: 031-554 2991 or 031-332 9279
Monday-Friday 10.00 am-4.00 pm

Drop-in centre for drug users, ex-users and community at large, including Needle Exchange. Counselling support and advice available.

The Leith Community Drugs Project

3/5 Smith's Place, Leith, EH6 8NT
Tel: 031-553 5250, 554 7516 or
554 7350 Catchment: Leith Area
Monday-Thursday 10 am-4 pm; Friday 1 pm-3 pm

For those with a drug problem who want help to overcome it and to regain control of their life.

Activities include: Weight Lifting, Pool/Snooker, Darts, Table Tennis, Creative Painting/Drawing, Arts and Crafts, Video Filming, Photography.

Narcotics Anonymous

St. Martin's Church, Murieston Crescent, Edinburgh
Tel: 0383 737782 Catchment: No restriction
7.30 pm Thursday
Support group for drug users

SHADA (Support, Help and Advice on Drug Addiction)

10 Pennywell Court, Muirhouse Shopping Centre,
Edinburgh EH4 4TZ
Tel: 031-332 2314 Catchment: No restriction
Monday-Friday 9.30 am-4.30 pm.

A drop-in facility offering help and advice to drug users and their relatives or friends.

Support on Addiction for Families in Edinburgh (SAFE Group)

Tel: 031-332 3320 Catchment: Edinburgh
4 Muirhouse Avenue, Edinburgh EH4 4UB

SAFE offers a befriending service to families and friends of those involved in Drug Misuse, are HIV+/- or have AIDS.

Through:

- (1) home visiting;
- (2) hospital/prison visiting;
- (3) "Furnshare": distribution of furniture to needy families.

Group meets monthly at the Western General Hospital on the first Friday of each month at 7.30 pm.

Simpson House Drugs Project

52 Queen Street, Edinburgh EH2 3NS

Tel: 031-225 6028/1054

Catchment: Lothian

Monday-Friday 9.00 am-5.00 pm (by appointment)

Day Centre Drug Programme Support Group for people who have or have had drug problems including drug-related infections.

Monday Evenings 6.00 pm-8.00 pm.

Support Group for the families of those involved with drugs.

Wednesday evenings 7.00 pm-8.30 pm.

Contact Anne Gray

Muirhouse/Pilton Drug Project

34 Muirhouse Crescent, Edinburgh EH4 4QL

Tel: 031-343 1991

Catchment: principally

Muirhouse/Pilton Area

Monday-Thursday 8.30 am-4.40 pm

Friday 8.30 am-3.50 pm

Consultation, training sessions and resource library on request.

Contact: Jane Ramsey or Jane Wilson.

WEST (West Edinburgh Support Team)

8/4 Murrayburn Park, Edinburgh

Tel: 031-442 2465

Catchment: Mainly local

but not fixed

Monday-Friday

Information, advice, practical help and counselling for drug users, their relatives and friends.

West Lothian Drugs Education Project

47 Adelaide Street, Craigshill, Livingston, West Lothian EH54 5HQ.

Tel: 0506 30225/6

Catchment: West Lothian

Monday-Friday 9.30 am-4.30 pm

A preventive approach to drug misuse including reduction of harm associated with misuse. Project undertakes education, training, and developmental initiatives with local professionals, volunteers and community groups. Project also offers a confidential information/advice/consultancy service.

NEEDLE EXCHANGE

Needle Exchange Clinic

Out-Patients Clinic, Leith Hospital Main Building
(Upstairs — Out-Patients), Edinburgh

Wednesday afternoons only at present 2.00 pm-4.00
pm. No appointment necessary

Run by Lothian Health Board AIDS Team

Tel: 031-225 1341

Free injection equipment, swabs, condoms *etc.* plus
counselling and advice about drug use, HIV and safer
sex.

Needle Exchange Craigmillar

c/o Social Work Department, 182 Greendykes Road,
Edinburgh

Monday only 5.30 pm-7.30 pm

Drug Prevention Group

53 Prince Regent Street, Leith, Edinburgh

Tel: 031-553 2841

Evening Tel. Nos: 031-554 2991 or 031-332 9279

Needle Exchange available.

PREGNANCY and CONTRACEPTION ADVICE

Brook Advisory Centre for Young People

2 Lower Gilmore Place, Edinburgh

Tel: 031-229 3596

Family Planning and Well Woman Services

Main Office, 18 Dean Terrace, Edinburgh

Tel: 031-343 6243, 031-332 7941

ACCOMMODATION PROBLEMS

SATA (Supported Accommodation Team — AIDS)

20 Albany Street, Edinburgh

Tel: 031-556 9140

Monday-Thursday 8.30 am-4.40 pm

Friday 8.30 am-3.50 pm

A small team of support workers set up to develop a range of accommodation resources within the community, and to support people with HIV-related illnesses or AIDS.

Essentially it means ordinary housing, dispersed throughout the city, with support from a visiting worker from the team.

Additional copies or entries for future editions to:

Social Work Department, Publicity and Education Unit,

Shrubhill House, Shrub Place, Leith Walk, Edinburgh EH7 4PD

Tel: 031-553 8277/8281/8396

