

**Conference : recent developments in prevention and therapy through  
Maharishi ayur-veda towards a disease-free society : new approaches to  
the prevention and treatment of heart disease, chronic disorders, cancer,  
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World Medical Association for Perfect Health - Great Britain.**

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**CONFERENCE**

**RECENT DEVELOPMENTS IN  
PREVENTION AND THERAPY  
THROUGH**

**MAHARISHI AYUR-VEDA**

**Towards a Disease-Free Society**

*new approaches to the  
prevention and treatment of*

- **heart disease**
- **chronic disorders**
- **cancer**
- **AIDS**

**ROYAL COLLEGE OF PHYSICIANS  
LONDON**

**MONDAY 17 OCTOBER 1988**

**7.30pm - 8.45pm**

**WORLD MEDICAL ASSOCIATION  
FOR PERFECT HEALTH-  
GREAT BRITAIN**

**Prof. H. Sharma MD FRCP(C)** *Professor of Anatomic Pathology, Ohio State University, USA.*  
**Research on platelets, immune response, and opioid receptors indicates new approach to the prevention of common serious illnesses.**

Laboratory tests on the herbal food supplement Maharishi Amrit Kalash have demonstrated reduced platelet adhesion in response to aggregating factors, increased lymphocyte transformation response to mitogens, indicating faster response of the immune system, and facilitation of the effects of mood-enhancing neurotransmitters. These findings, all on a single food supplement, indicate substantial benefits for the prevention of heart disease, infections, cancer, mental disorders, and psychosomatic illnesses. This research was well received at the annual meeting of the Federation of American Societies of Experimental Biology in March of this year.

**Dr Gregorius Janssen**, *Medical Director, Maharishi European Ayur-Veda Health Centre, Vlodrop, Netherlands.*

**Improvements in treatment of intractable conditions through Maharishi Ayur-Veda.**

Doctors are increasingly integrating Maharishi Ayur-Veda into their medical practice in treating the most common diseases. A study in Holland on ten chronic conditions (hypertension, rheumatoid arthritis, asthma, chronic bronchitis, chronic sinusitis, chronic constipation, headaches, diabetes, eczema, and psoriasis) showed clear improvements in as many as 75% of people taking Maharishi Ayur-Veda treatments, even though the diseases were very long standing and had resisted many conventional and complementary methods.

**Dr med Ulrich Bauhofer**, *President, World Medical Association for Perfect Health; International Director of Research, Maharishi European Research University, Seelisberg, Switzerland.*

**Preliminary findings on Maharishi Ayur-Veda as a treatment for AIDS.**

12 people with symptomatic HIV-infection took a Maharishi Ayur-Veda herbal combination therapy -- MA608, MA609, and MA 610 -- for periods of three weeks to seven months as part of a pilot study. The following positive changes were recorded: weight increase, better appetite, more energy, improvement in neurological symptoms, increased emotional stability, and recovery of the immune system as measured by increased T4 cell count. These findings warrant further investigation.

**Dr Roger Chalmers MA MRCP**, *President, World Medical Association for Perfect Health-Great Britain; Medical Director, Maharishi Ayur-Veda Health Centre, The Hale Clinic, London W1*

**Clinical experience of Maharishi Ayur-Veda in medical practice.**

The physiological procedures of Maharishi Ayur-Veda include dietetic measures, purification procedures, as well as herbal and mineral preparations. Younger biological age has been repeatedly found among subjects who have gone through these preventative programmes. A review of clinical experience with the first 750 patients in London to participate in these programmes shows encouraging results. The consciousness aspect of Maharishi Ayur-Veda, Transcendental Meditation, reduces health care costs by more than 50%, according to a recent study in the journal 'Psychosomatic Medicine'.

## **What is Maharishi Ayur-Veda?**

Ayur-Veda comes from the Vedic tradition of India. It is held to be the most ancient scientific system of natural medicine.

Maharishi Mahesh Yogi has been working closely with the leading Ayur-Vedic physicians of India to restore Ayur-Veda to its completeness.

Maharishi Ayur-Veda - complete Ayur-Veda - is scientific and at the same time truly holistic. It approaches health from consciousness, physiology, behaviour, and environment.

All the approaches of Maharishi Ayur-Veda work to maintain and restore balance in physiological functioning.

Medical interest in Maharishi Ayur-Veda is growing throughout the world because of an increasing body of scientific research indicating that it can offer solutions to some of today's most problematic health issues.

**Many of these issues are addressed in this conference, including AIDS, prevention of cardiovascular disease and cancer, reduction of health costs, and effective management of stress.**

*There will be time for questions and discussion.*

## **-CONFERENCE DETAILS**

### **Venue:**

Royal College of Physicians  
11 St. Andrew's Place  
London NW1

(There is ample parking in the surrounding area)

**Time:** Monday 17 October 1988

7.30pm - 8.45pm

Conference Fee: £10. Application on the enclosed reply slip.

Light refreshments will be served.

For further information please call:

01 446 3788, 01 631 0156, or 0296 661726

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**WORLD MEDICAL ASSOCIATION  
FOR PERFECT HEALTH-GREAT BRITAIN**  
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Telephone 0296 661726

President: Roger A. Chalmers MA MRCP

Vice-President: Leslie Davis MA FRCS

The World Medical Association for Perfect Health is an association of health professionals whose goal is to create a disease-free society through the application of Maharishi Ayur-Veda.

The Association, founded in 1978, represents over 1000 health professionals in this country, including over 600 doctors. Its membership includes over 10,000 doctors worldwide.

The Association organizes conferences, clinical meetings, and training courses for doctors in Maharishi Ayur-Veda. It is also actively engaged in promoting scientific research.

## Advance Information

### TRAINING PROGRAMME FOR DOCTORS IN MAHARISHI AYUR-VEDA

It is a great pleasure to announce a new training programme for medical practitioners in Maharishi Ayur-Veda.

The programme will consist of a series of four weekends which will provide the knowledge and practical training to enable doctors to begin using Maharishi Ayur-Veda in their medical practice.

The weekends will last from 8 p.m. on Friday to 4 p.m. on Sunday, and will be held as follows:-

Weekend 1	...	...	21 - 23 October
Weekend 2	...	...	2 - 4 December
Weekend 3	...	...	6 - 8 January
Weekend 4	...	...	27 - 29 January

All the weekends will be held at Roydon Hall, near Tonbridge in Kent.

The series will include theoretical and practical sessions, and will cover the following topics:

- Basic principles
- Clinical methods
- Dietary principles
- Evaluation of psychophysiological type
- Pulse Diagnosis
- Use of computer software technology in the management of specific disorders
- Food Supplements
- Scientific Research

Course fee: £480

For further information please telephone:  
0296 661726