

**Training programme 2000/2001 : courses on HIV / AIDS and lesbian & gay issues in mental health / PACE, Project for Advice, Counselling & Education.**

**Contributors**

Project for Advice, Counselling & Education

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***pace***

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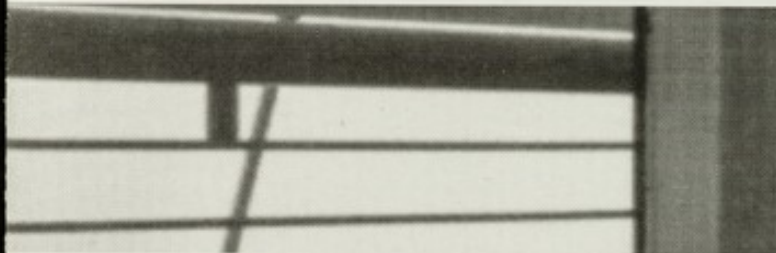
promoting lesbian & gay health & well-being

# training programme

2000/2001

courses on  
HIV/AIDS  
and lesbian & gay  
issues in mental health

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## lesbian & gay issues in mental health

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### **An essential part of your Equal Opportunities training!**

#### **Training for Mental Health Workers Improving Practice with Lesbians & Gay Men.**

**pace** has been funded for three years by The King's Fund to enable us to offer low cost training for all staff working in Mental Health Services.

#### Recent research indicates that:

- homophobia has a negative effect on Lesbian and Gay mental health
- service users often experience prejudice and isolation within services
- mental health workers have rarely had any training around sexuality issues.

*Copies of the report "Diagnosis Homophobic" which researched lesbian and gay users' experiences of Mental Health Services are available from **pace** for £10.*



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### In-House Courses

**pace** is offering one-day, in-house courses for workers in London and elsewhere in the country for £10 per day. These are held at **pace**, once a month.

### Tailor-Made Courses

Alternatively **pace** can come to you and run a tailor-made course designed to meet the particular needs of your organisation or staff team.

**n.b.** Our funding subsidy only applies within the London area.

For organisations in the London area,  
a course will cost £150 per day.

For organisations outside London,  
a course will cost £350 per day.



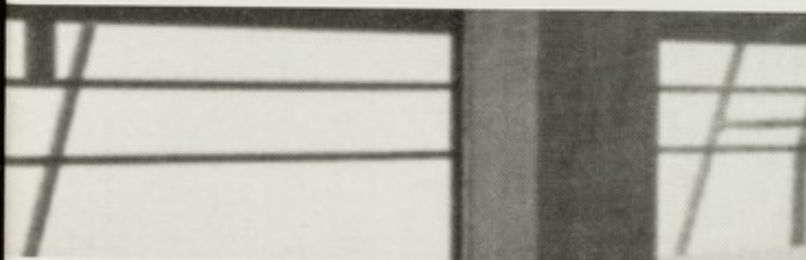


These courses will be run by experienced lesbian & gay trainers with a background in Mental Health and will cover the following:

- the origins and nature of homophobia
- the messages we receive about lesbians and gay men
- the effects of homophobia on the mental health of lesbians and gay men
- the care needs of lesbians and gay men
- looking at your organisation's strengths and weaknesses
- planning change in your organisation.

**To book a place on one of our in-house courses or to enquire about a course specifically for your organisation, please call:**

020 - 7697 0016

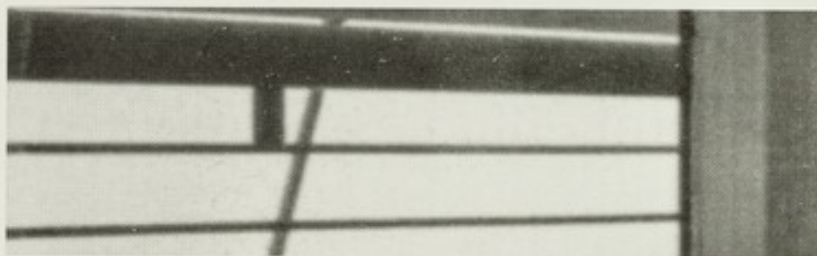


**pace** is a lesbian and gay counselling, groupwork, mental health advocacy and training project. We have established a reputation as one of the foremost training organisations in London and throughout the UK on HIV/AIDS and lesbian and gay issues.

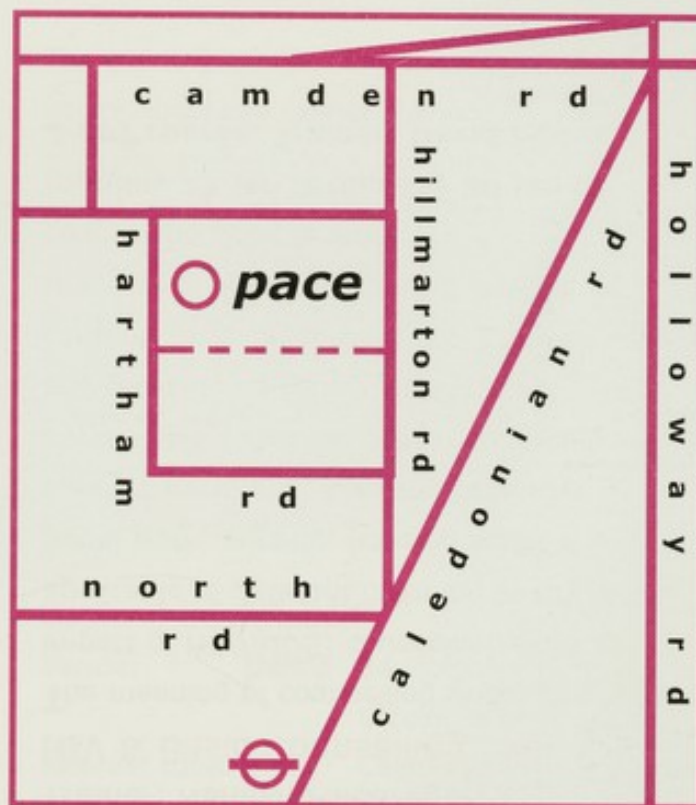
**pace** believes the design and content of our courses allows participants safety and space to explore both personal and practices and developing more effective services.

The training style is experiential using participants existing skills, abilities and experience as a starting point for new learning. Training methods may include work in small groups, pairs, role plays, case studies and information exchange. Other presentation styles may be used where appropriate.

**pace** is committed to addressing equal opportunities issues in all areas of its work.



how to find **pace**



by underground: Caledonian Rd on the  
Piccadilly Line

by bus: 17,91 & 259 stop on Hillmarton Rd going  
northbound  
17,91 & 259 stop on Caledonian Rd going  
southbound  
29 & 253 stop on Camden Rd east &  
westbound

**pace**

34 Hartham Road  
London N7 9JL

Telephone:	020 - 7700 1323
Fax:	020 - 7609 4909
Minicom:	020 - 7609 5028
e-mail:	<a href="mailto:pace@dircon.co.uk">pace@dircon.co.uk</a>



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## HIV/AIDS training courses

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### Basic HIV/AIDS Awareness

Participants' personal and professional concerns around HIV/AIDS; myths and misinformation; transmission; symptoms, disease progression, treatment and prognosis; social/psychological implications of an HIV diagnosis; testing and confidentiality.

**monday 30 oct 00, monday 15 jan,**

**monday 12 feb & monday 5 march 01**

***Choice of 4 dates. Trainer: David Evans.***

### Advanced HIV Update

The current epidemiology. Disease progression related to HIV, including the major opportunistic infections; current thinking around treatment options, including combination therapies, holistic therapies; current debates around adherence and compliance; the changing needs of people living with and affected by HIV.

**tuesday 31 oct 00 Trainer: David Evans**

**tuesday 16 jan 01 & monday 12 march 01**

***Choice of 3 dates. Trainer: Steve Worrall.***

### HIV, Grief & Loss

The relationship of life, death, grief and loss; exploring personal feelings, experiences and attitudes to loss; the impact of social conditioning on death, dying and grief; issues of loss for people with HIV/AIDS; responding to people experiencing loss; the support needs of service users and workers.

**monday 13 nov & tuesday 14 nov 00**

***2-day course. Trainer: Hamish MacGregor.***



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### **Drugs, Alcohol & HIV**

The effects of alcohol on the immune system; comparison of societal and participants' own attitudes; the different uses of alcohol and drugs; the links between alcohol and drugs as a disinhibitor and how this affects people's behaviour and judgement; the relationship between alcohol, drugs and safer sex; HIV, pressure and stress and how alcohol and drugs may reduce or potentiate these stresses.

**monday 6 december 00**

**Trainer: Hamish MacGregor**

### **HIV & Basic Counselling Skills**

The meaning of counselling skills; psychological impact of HIV/AIDS; counselling skills as applicable to different cultures, in HIV/AIDS social work, nursing, housing support, key work, support work, etc.; creating conducive psychological climate; basic counselling skills and techniques; reflecting and summarising content, physical experiences, emotions and processes; skills practice and integrating counselling skills at work.

**monday 29 jan & tuesday 30 jan 01**

**2-day course. Trainer: David Evans.**

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### **HIV, Children & Families**

HIV transmission and testing in children; symptoms, treatment and disease progression in children; telling a child about HIV; support issues for families and children affected by HIV; the emotional and practical care needs of HIV positive children and carers.

**monday 5 feb 01**

**Trainer: Steve Worrall**

### **Women & HIV**

To provide a broad based understanding of the impact of HIV/AIDS on women; UK statistics; review medical information, including sexual and vertical transmission; explore treatment and care needs; explore HIV preventions needs; explore psycho-social issues in living with HIV/AIDS.

**tuesday 13 feb 01**

**Trainer: Debby Klein**

### **Talking to Clients about Sex**

How early messages & sex role conditioning affect communication around safer sex and sexuality; the language of sex; fostering a more open atmosphere; safe, safer and unsafe sexual practices; the process of adopting safer sex and difficulties in changing sexual behaviour; client needs for HIV prevention and sexual health; integrating ideas back at work.

**monday 19 feb & tuesday 20 feb 01**

**2-day course. Trainer: David Evans.**



## **Working with the Black Community around HIV**

To provide a broad based understanding of the impact of HIV/AIDS on the Black Community; UK statistics on Black (Afro-Caribbean) communities; to explore treatment and care needs; to explore HIV prevention needs; to explore psycho-social issues relating to living with HIV/AIDS.

**tuesday 13 march 01**

**Trainer: Charles Aina**

## **Training Skills in HIV & Sexual Health**

**This course will be run over four days and is split into two 2-day modules.**

A learning model for structuring training events; planning a training event; styles and methods of delivering training; dealing with prejudice and difficult situations; creative ways of teaching and empowering others; presentations and facilitation skills; roles and dynamics within groups; the impact of personal values and attitudes in HIV and Sexual Health Training.

**monday 19 & tuesday 20 march 01**

**monday 26 & tuesday 27 march 01**

**Trainer: Debby Klein**

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## Who are the courses for?

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The training courses are open to voluntary sector, local and health authority, private sector workers, students and anyone else who has an interest in these issues. Workers from outside London will need to consider the extra commitment in terms of travel costs and arrangements. All participants must have attended a Basic Awareness Course in the last four years to be eligible for any other course in this year's programme.

### Booking Information

Venue: **pace** 34 Hartham Road,  
London N7 9JL.  
Nearest tube: Caledonian Road  
(Piccadilly Line).

The building is fully accessible.

Course Times: 10.00am-4.30pm

The building opens at 9.45am

### Fees

Voluntary Sector	£30 per day
Statutory/Private Sector	£80 per day

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## Booking

020 7697 0016 or 020 7700 1323

Call Monday-Friday - 10am-5.00pm

Phone during office hours, giving your work address and the name and address where the invoice is to be sent. The phone call is considered a confirmed booking. An invoice will be sent. Payment is required 30 days from the date of the invoice (or before the course date, if booked within 2 weeks of the course). You will receive a booking confirmation and map by post 2 weeks before your course.

**If you are unable to attend a course, PLEASE call and cancel immediately, as the courses are usually over-subscribed. If you cancel within 2 weeks of the course date, you will be charged the full fee.**

**All courses are run by experienced facilitators.**

**Further details will be sent with your booking confirmation and map.**

As with the sexuality training, we are able to run tailor made courses to suit your organisational/staff team needs on your premises. Please call for further details.

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