

## **The Tavistock Clinic AIDS counselling course.**

### **Contributors**

Tavistock Clinic

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## THE TAVISTOCK CLINIC

### AIDS COUNSELLORS COURSE

The Tavistock Clinic will this year offer a two year part-time course for AIDS counsellors and those who wish to work with people living with HIV and AIDs. The course is intended as an introduction to psychodynamic ideas and their application in working with people with AIDS. It does not provide a formal training for counsellors, nor does it lead to professional qualification in counselling; rather the purpose of the course is to help counsellors to integrate psychodynamic ideas into their work. Basically, the course is intended for those who are concerned to understand the interaction between the psychological and physical in caring for people living with HIV and AIDS.

The course will be divided into three modules:

1. A theoretical psychodynamic seminar.
2. Supervision of counsellors' actual case work in small groups with an experienced psychoanalytically trained supervisor.
3. An experiential group for members of the course which will be led by a qualified and experienced group leader. The task of the group is to allow experiences from the lectures and case discussions to be approached in a qualitatively different way.

#### MEMBERSHIP

Applications are welcome from those working in AIDS Clinics, AIDS Counselling Services, Health Advisers, or Counsellors in private institutions.

#### STAFF

The course will be taught by senior members of the Tavistock Clinic, all of whom are qualified as psychotherapists and psychoanalysts. The Organising Tutor is Dr. H. Peter Hildebrand, to whom informal enquiries can be made.

#### TIME

The course will take place on Wednesday afternoons in term time from 1.30 - 6.00 p.m. and there will be 30 meetings in all.

#### FEES

£350.00 for the first year of the course. This fee is liable to increase for the second year.

APPLICATION forms are available from:

The Training Office, The Tavistock Clinic, 120 Belsize Lane, London NW3 5BA Tel: 01-435-7111, ext. 2469 or 2313.

Closing date for applications: 31st July 1989.