

**Talksafe : something for us, by us... want to talk? We're here to listen / Terrence Higgins Trust.**

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# Talksafe

Something for us, by us...

**Want to talk?**

**We're here to listen!**

**If you're aged 10-18 years old you can meet us face-to-face, online or text us about anything that concerns you: sex and sexuality, school, friends and family – anything happening in your life!**

**Talksafe** is a safe, confidential space offering:

- **counselling** with a trained counsellor, online or in person
- places to **talk with another young person** about things which concern you
- online message boards to **write about anything on your mind**
- a website for **information and advice** on emotional and sexual wellbeing.



LOTTERY FUNDED

# Talksafe

You can call us on **020 7812 1770**, text us on **07791 309 142**, email **talksafe@tth.org.uk** or visit our website **talksafe.org.uk**

If we can't talk or respond straight away, we'll reply by the end of the next day.

6-11

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