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Contributors

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
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POSITIVE HEALTH HANDIGUIDE

CLINIC ➤

1991

Advice
Support
Counselling

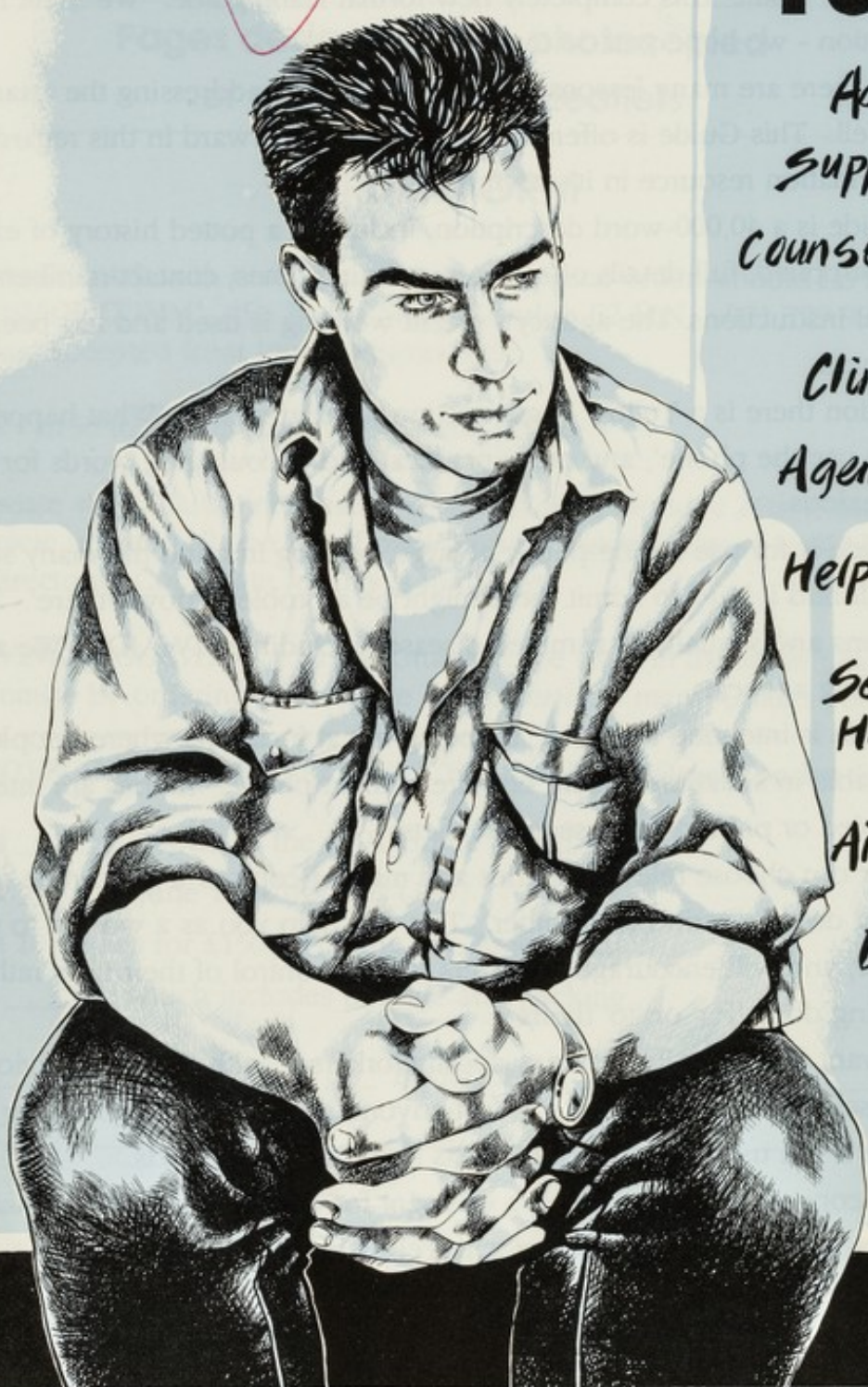
Clinics
Agencies

Helplines

Sexual
Health

Aids/HIV

Drugs



POSITIVE HEALTH HANDIGUIDE 1991

Potentially embarrassing subject-matters are the topic of Intercomm's third series of Handiguides, following on from the Homeless Handbook (1988) and the London-wide Advice Agency Handiguide (1989).

To produce this, we sat down and thought 'what do people really need?'. What can we learn from other publications? We reconsidered every aspect of publishing....ease of use, indexing, who would use it and why, layout, style and presentation. The result? This completely new format Handiguide. We think it's a choice publication - we hope you do too!

Clearly, there are many lessons to be learned about addressing the quandary of the Worried Well. This Guide is offered as a model step forward in this regard - as well as an information resource in it's own right.

The Guide is a 40,000-word description, including a potted history of each project where supplied, full details of services, opening times, contact numbers and staff, plus travel instructions. The agency's recent wording is used and has been approved by them.

In addition there is a Yellow Pages section with articles on 'What happens in a clinic', 'How to use the phone', and other practical and encouraging words for the worried and anxious.

The Guide is for use by the public at large, bearing in mind the many shy people who still find it hard to admit there might be a problem 'down there'. Topics include infections and sexually transmitted diseases including HIV/AIDS. We also include some drug agencies.

The Guide is intended to "work" by being left at locations where people might gather, or available in situations where enquirers might phone. Entries are intended to be photocopied or printed and used as leaflets.

A reader can choose relevant entries and make a copy or a good note rather than just writing down a scribbled number. This will help you as a worker to utilise your time better, and will encourage enquirers to take control of their lives rather than having something done 'for' or 'to' them.

It's relevant for probation officers, social workers, health advisers, advice agencies, counsellors, hostel workers - in fact anyone in the helping field. For those outside London it is a useful source of contacts and research projects.

A proof copy of all 160 full entries was sent for checking to the organisations concerned. Data is correct as on Monday 25th February.

- *All aspects - drugs, AIDS/HIV, STD clinics •*

Useful advice for the Worried Well

40,000 words - 160 full entries (within M25)

- *100s of up-to-date names of workers*

Material correct on 25th February

- *Clear and easy to use by the public and by workers.*

**Pages designed to be photocopied
or printed to make leaflets**

ORDER FORM

Terms - normally cash with order - Cheques and postal orders should be made payable to "INTERCOMM", 45b Blythe Street, London E2 6LN 071 729 9990.
Official orders accepted from local authorities etc.

Bulk orders - £150 for 10 copies including one update.

NB June update will include information received since Monday 25th February 1991, and a complete updated phone list of participating organisations in wall chart form plus FAX Directory. Copy date for this is mid-June.

MONEY-SAVING SUGGESTION - if the Guides to be used in the same place, you could economise by ordering one update no matter how many Guides you purchase.

To INTERCOMM DATA BASE SERVICES, 45b Blythe Street London E2 6LN

Please send _____ copies of the 1991 Guide @ £15.95 each

Please send _____ June 1991 updates (£10)

Please send 10 copies for £150 including one June update.

I enclose £ _____ which includes postage and packing.

NAME: _____ POSITION: _____

ORGANISATION: _____

ADDRESS: _____

POSTCODE _____

Phone _____ Fax _____

Drugs in Deptford

Public Enquiry : 081 691 7180
Office numbers : 081 692 7857
Fax Number : None

Lewisham

190 Evelyn Street London SE8 5DB

Help on:

Drug use; counselling; detoxification.

Who we can help:

ALL people who use drugs in Deptford and New Cross, their friends and relatives. We will provide support for those outside this area but we do not leaflet outside Deptford/New Cross nor do we have contact with doctors outside the locality. However, anyone can call from anywhere for telephone advice.

How to contact us: By phone or just drop-in.

How to find us: Take buses 1, 47, 108b, 188. BR Deptford, New Cross, New Cross Gate. We are next to the fire station at the back of St. Luke's Church.

Talk to:

Dean Whittington Co-ordinator

081 692 7857

Jacque Kelly Counsellor

081 691 7180

Ros Griffiths Counsellor

081 691 7180

What we can do: Provide counselling support.

- ▣ Detox in conjunction with the patient's GP
- ▣ Education in the local community - youth clubs, schools and other professionals. This is in order to develop a community response to the problem by showing that there are alternatives to taking drugs when people are in crisis.
- ▣ We are hoping in the near future to establish training/therapeutic courses which aim to build up confidence and self-esteem so that people can enter the job market or go on to further education. NB Our three workers are trained counsellors in different techniques i.e. Rogerian, Egan, Gestalt, T.A. Other workers can come round and visit by appointment, any time

Opening Times

Mon :	10 - 5
Tue :	10 - 5
Wed :	10 - 5
Thur :	10 - 5
Fri :	9.30 - 1
Sat :	Closed
Sun :	Closed

Note: The above times are drop-in. Counselling by appointment.

History: Established in July 1989 to provide counselling support for drug users in Deptford and New Cross. We have targetted other areas for action and we are currently furthering our educational aims plus establishing an aftercare service.

Publications: None

Languages spoken: English