

**Nova Scotia PWA Coalition : empowerment, outreach, sharing, living : what we can do for you / Nova Scotia PWA Coalition.**

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Nova Scotia Persons With AIDS Coalition

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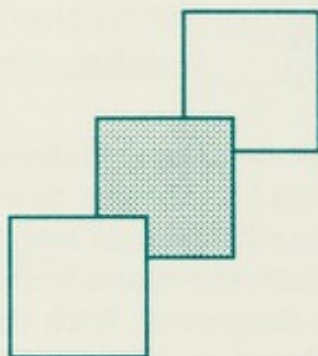
**Nova Scotia**  
**PWA Coalition**

***EMPOWERMENT***

***OUTREACH***

***SHARING***

***LIVING***



***What We Can Do  
For You!***

## ABOUT THE ORGANIZATION

The **Nova Scotia Persons With AIDS Coalition (NSPWAC)** was established in 1988 by a small group of people who were HIV+. They recognized the need for an organization devoted solely to the health, happiness and well being of persons living with AIDS/HIV (PLWA's/HIV). An organization that understood our problems and fears, that could answer our questions, direct us to appropriate services and that could offer a wide range of support. We have since been a strong and effective advocate for PLWA's/HIV.

"November 9, 1989 is a date to remember as being the most frightening time of my life... the HIV test came out

positive... I felt dead and lifeless when I heard the news... Something I can never do is turn the clock back on my diagnosis. With the support and friendship I received from the Nova Scotia Persons With AIDS Coalition, I was able to at least cope with being HIV+."

Dinetia Johnson



## OUR SERVICES

We provide services to our members either directly or through referrals to carefully screened professionals and/or programs. All services are confidential.

### LEGAL SERVICES

Preparing wills, power of attorney, debt problems, landlord/tenant relations and other general legal needs.

### FINANCIAL PLANNING

Assisting with applying for disability pensions, social assistance, insurance claims and practical advice on how to manage a significantly reduced income.

### COMMUNITY RESOURCES SUPPORT

Assisting with accessing social assistance, homemaker services, meals on wheels, home nursing/home care services, hospice care, substance abuse and other support agencies.

### PRACTICAL NEEDS

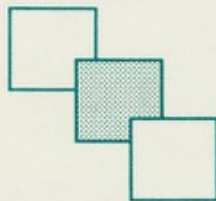
Assisting with the activities of daily living including homemaking tasks, grocery shopping, banking, paying bills and transportation to apartments. Also, collecting and distributing food, clothing and household furnishings for those in need.

### TREATMENT INFORMATION

Providing information concerning the use of drug therapy and experimental treatments, advice on these procedures and promoting research into the effects of using such drugs.

### HOUSING

Assisting with finding reasonable and affordable housing and helping with landlord/tenant relations.



### COUNSELLING

Counselling services are approached in two ways. *Individual Counselling* provides one-to-one discussion for PLWA's/HIV, their families or significant others. *Couple Counselling* to help couples cope with the stress of the HIV+/AIDS diagnosis on their relationship.

### PASTORAL SERVICES

Ongoing spiritual support, assistance in dealing with death and dying issues, grief counselling and assistance with funeral arrangements.

### EDUCATION/CONSULTING

Providing speakers who are living with HIV/AIDS to address issues such as care support, treatment, policy development and education. Individuals are available to assist with policy development, program planning and personal care.

### SOCIAL ACTIVITIES

Providing an opportunity for PLWA's/HIV to attend concerts, plays, recitals and lectures through complimentary passes, free social memberships to local clubs, etc. There is also an *open house facility lounge* for PLWA's/HIV and active volunteers to gather and enjoy social activities together.

### MEETING AND CONFERENCE ROOM

Providing a meeting room free of charge to community groups for promoting awareness of the Coalition and its goals as well as educating individuals by making them more aware of PLWA issues through contact with our organization.

## CALL OR WRITE



**The Nova Scotia PWA Coalition**  
is a non-profit and non-political  
organization. We are a member of  
the Canadian AIDS Society.

- ☐ *I would like to be on your mailing list.*
- ☐ *I would like to apply for membership.*
- ☐ *I would like to volunteer my time to help. Please contact me.*
- ☐ *I am sending the enclosed donation \$\_\_\_\_\_*

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

PHONE NO. \_\_\_\_\_

Charitable Organization Registration Number  
07-99544-11

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## OUR OBJECTIVES

- to provide support for PLWA's/HIV
- to provide advocacy with and for PLWA's/HIV
- to create a positive attitude and engender a feeling of hope in PLWA's/HIV and to instill in the community a positive image of PLWA's/HIV
- to outreach and network with government, institutions and private agencies, to ensure they are reaching PLWA's/HIV and to ensure that they are being reached by PLWA's/HIV
- to raise and acquire funds to meet the goals of the NSPWAC
- to provide educational experience that only PLWA's/HIV can provide, for the public, private institutions, groups and individuals
- to encourage the prevention of opportunistic infections associated with HIV infection and of the transmission of HIV

### **Nova Scotia**

### **PWA Coalition**

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