

**Positive steps for people affected by HIV/AIDS : a guide to services, advice and counselling in Mid Glamorgan / Mid Glamorgan County Council.**

**Contributors**

Mid Glamorgan (Wales). County Council.

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# positive steps



FOR PEOPLE  
AFFECTED  
BY  
HIV/AIDS



A GUIDE TO  
SERVICES,  
ADVICE  
AND  
COUNSELLING  
IN  
MID  
GLAMORGAN

# positive steps



*If you are resident in  
Mid Glamorgan and are  
affected by HIV/AIDS  
you may require one  
of the following services:*







## GENITO URINARY MEDICINE DEPARTMENT

*(Health Service)*

*Dewi Sant Hospital  
PONTYPRIDD, Mid Glamorgan*

(0443) 486222, ext 5828/5833

Confidential Health Adviser

(0443) 486254

The Genito Urinary Medicine (G.U.M.) Department provides completely confidential services, with a confidential telephone line and counselling service. Services include —

- screening and treatment of sexually transmitted diseases (S.T.D.)
- specific HIV and AIDS services which include pre and post test counselling and testing for HIV.
- counselling, information and advice for relatives and friends.
- referrals for in-depth counselling with the Clinical Psychologist
- general health education.



## GENERAL PRACTITIONERS

*(Health Service)*

Remember that your own **General Practitioner** (family doctor) and other members of the Health Care Team, e.g. Health Visitor, Community Psychiatric Nurse or District Nurse, may be able to help you or refer you to one of the other agencies.



## FAMILY HEALTH SERVICES AUTHORITY

*(Health Service)*

*Churchill House,  
Churchill Way,  
CARDIFF*

(0222) 226216

Responsibility for planning and managing Primary Health Care.

Assistance can be given for patients experiencing problems registering with a G.P.



## **C.D.T Community Drug Team**

*(Health/Social Services)*

*Llwyn Yr Eos Clinic,  
Main Road,  
Church Village,  
PONTYPRIDD  
CF38 1RN*

 (0443) 217026

The **C.D.T.** is a statutory agency with a multi-disciplinary policy. The team provides a service for anyone over 17 years of age who has a drug problem. The amount of services provided depends on each individual's needs and may include Individual/Family Counselling, Drug Information, Welfare Rights Advice, Advice on Safer Drug Use and Safer Sex, and HIV/AIDS Counselling and Testing. The team also operates a prescribing service.

Connected with the team is the Harm Reduction Scheme which offers a "drop in" advice service and operates a Needle Exchange.



## **COMMUNITY HEALTH OFFICES**

*(Health Service)*

Cynon Valley District — (0685) 872411  
Merthyr Tydfil District — (0685) 4023  
Rhondda District — (0443) 436723  
Taff Ely District — (0443) 204203  
Ogwr District (0656) — 645019/662166  
Rhymney Valley District —  
(0443) 812201

The **Community Health Offices** will consider all health enquiries and may be able to help you or refer you to one of the other agencies.






## SOCIAL SERVICES DEPARTMENT

*(County Council)*

*Principal Assistant for HIV/AIDS  
County Council Offices,*

*Greyfriars Road,  
CARDIFF CF1 3LL*

 (0222) 820464

The **Social Services Department** can provide services for people and their families who require help and assistance with a wide range of problems, including counselling, support and care for those with HIV infection/AIDS.

There are local offices throughout the county.

|                           |               |
|---------------------------|---------------|
| Ogwr District —           | (0656) 766211 |
| Cynon Valley District —   | (0685) 875481 |
| Merthyr Tydfil District — | (0685) 721711 |
| Taff Ely District —       | (0443) 486102 |
| Rhondda District —        | (0443) 431513 |
| Rhymney Valley District — | (0443) 875666 |

All enquiries will be treated in the strictest confidence.

SOCIAL SERVICES



## PROBATION SERVICE

*(Home Office)*

|                  |               |
|------------------|---------------|
| Aberdare —       | (0685) 883505 |
| Bargoed —        | (0443) 875575 |
| Bridgend —       | (0656) 766416 |
| Caerphilly —     | (0222) 885861 |
| Merthyr Tydfil — | (0685) 721731 |
| Porth —          | (0443) 687777 |
| Pontypridd —     | (0443) 486991 |

The **Probation Service** supervises, within the community, people who are subject to Court Orders, such as Probation and Community Service. In addition, it also supervises people released from custody on parole licence, notice of supervision or voluntary after-care, information, counselling and group work for people being supervised who have alcohol or drug problems.

PROBATION SERVICE



**T.E.D.S.  
Taff Ely Drug Support**

*(Voluntary agency)*

4 Garth Olwg,  
Church Village,  
PONTYPRIDD,  
Mid Glamorgan CF38 1BT.

☎ (0443) 203344,

24-hour answerphone, or call 9-11am/6-9pm,  
Monday-Friday.

Counselling/Information/Support. We can give you the chance to talk through your problems and help you deal with them.

We offer this by means of:

- Telephone Helpline
- Drop-In Centre
- Home Visits if requested
- Self-Help Groups
- Access to Rehabilitation Centre

**VOLUNTARY AGENCIES**



**OGWR D.A.S.H.  
Drugs Alcohol Self Help**

*(Voluntary Agency)*

1b Merthymawr Road, BRIDGEND,  
Mid Glamorgan

2pm-9pm, Monday-Friday.

☎ (0656) 650686 (from 9am onwards).

Offering free and confidential services to drug users, those with drink-related problems, and their families and friends. Our aim is to support you in making your own decisions about drink, drugs, HIV/AIDS, and about your own life.

If you are resident in Mid Glamorgan and are affected by HIV/AIDS you may require one of the following services.






## WALES MIND

*(Voluntary Agency)*

*Information Officer,  
23 St. Mary Street,  
CARDIFF*

 (0222) 395123


**Wales MIND** is able to provide information and contacts for all people who are experiencing mental distress for whatever reason. We also have local MIND Associations covering the areas of Merthyr, Ogwr and the Rhymney Valley, and a new group is starting soon in the Cynon Valley. Local MINDs provide a place to go to for regular support and some also provide housing.



## S.W.A.P.A. South Wales Association for the Prevention of Addiction

*(Voluntary Agency)*

*1 Neville Street,  
Canton,  
CARDIFF*

 (0222) 383313 (24 hours)

**S.W.A.P.A.** offers a friendly welcome for anyone using drugs, solvents or tranquillisers, or their relatives or friends. There is no need to give your name, confidentiality is assured. Ring to make an appointment to see a counsellor in — Merthyr, Porth, Penrhys, Treorchy, Pontlottyn, Aberbargoed, Caerphilly, Bargoed or Aberdare.





**ALL WALES 24HR  
DRUGSLINE**

*(A voluntary agency)*

 Cardiff (0222) 383313


The **All Wales Drugsline** has a friendly counsellor on call any hour of the day or night to chat with you if you are worried about drugs, tranquillisers or solvents, whether you are a user yourself, or a friend or relative of a drug user. The service is confidential and there is no need to give your name.



**HEALTH PROMOTION  
DEPARTMENT**

*(Health Service)*

*HIV/AIDS Health Promotion Officer,  
Hensol Hospital  
PONTYCLUN,  
Mid Glamorgan*

 (0443) 224455

The Department can provide information, training, skill development, consultancy, advice and support to workers and agencies dealing with HIV/AIDS.