

HIV/AIDS : "a ready guide" to services and facilities currently available in Lothian / Lothian Regional Council.

Publication/Creation

1990.

Persistent URL

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TRO

HIV/AIDS

2006.7

RESOURCES

COUNSELLING

INFORMATION

SUPPORT

ADVICE

"A READY GUIDE"
to services and facilities
currently available in Lothian

3rd EDITION

INFORMATION AND SUPPORT

National AIDS Helplines

24-hour FREEPHONE Service
Phone in confidence to talk to an adviser.
0800-567 123 Free leaflets: 0800-555 777

SAM (Scottish AIDS Monitor)

PO Box 48, Edinburgh EH1 3SA
Tel: 031-557 3885 (Office Hours)

For advice and information, calls charged at Local Rates.
Monday to Friday 7.30 - 10.00 pm
Provides information and support: Buddy Counselling,
Welfare Rights, Legal Advice, Education and Training,
Financial Assistance, Safer Sex Roadshow, Prison Buddy
Network.

Gay Switchboard

P.O. Box 169, Edinburgh EH1 3UU
Tel: 031-556 4049

Every evening 7.30-10.00 pm Advice and information on
HIV/AIDS, STD's, Sexuality, Confidential Counselling.

Lesbian Line

P.O. Box 169, Edinburgh EH1 3UU
Tel: 031-557 0751

Monday and Thursday evenings only 7.30 - 10.00 pm

The Samaritans

54 Frederick Street, Edinburgh EH2 1LN
Tel: 031-225 3333

Support and befriending for the suicidal and despairing - a
24 hour service.

A.C.E.T. (AIDS Care Education and Training)

P.O. Box 205, Edinburgh EH6 6DU
Tel: 031-554 7821

A national charity which provides a Home Support Service.
Provides practical support for people who are unwell with
HIV. A grant system can provide financial assistance for day-
to-day requirements.

Scottish Homosexual Rights Group (SHRG)

58A Broughton Street, Edinburgh
Tel: 031-558 1279 (answering service)

Haemophilia Centre

Royal Infirmary, Edinburgh
Tel: 031-229 2477 Ext.4531

Monday-Friday 9 am - 5 pm

Information for people with Haemophilia and the their
families and friends.

Social Work Services

Advice, Community Laundry, Counselling, Fostering and Adoption, Home Care, Meals on Wheels, Occupational Therapy, Practical Assistance, Personal Support, Residential and Day Care, Support, Welfare Rights, Supported Accommodation (SATA).

For any of the above services contact the nearest Area Office (Hours Mon-Thurs 8.30 am - 4.40 pm Friday 8.30 am - 3.50 pm):

Edinburgh

1. (OXGANGS)
4 Oxgangs Path 031-445 4451
2. (GILMERTON)
10/12 Newtoft Street 031-664 6481
3. (CRAIGMILLAR)
182 Greendykes Road 031-669 9121
4. (CENTRAL)
11 Victoria Street 031-226 6731
5. (CRAIGENTINNY/PORTOBELLO)
Craigentenny Castle, Loaning Rd 031-661 8291
6. (LEITH)
9-11 Giles Street 031-553 2121
7. (PILTON)
40 Ferry Road Avenue 031-343 3181
8. (MUIRHOUSE)
34 Muirhouse Crescent 031-343 1991
9. (GORGIE/DALRY)
1 Gorgie Road 031-337 8422
10. (WESTER HAILES)
5 Murrayburn Gate 031-442 4131

East Lothian

- HADDINGTON Area Office:
Victoria Park, Haddington Haddington 4181
- MUSSELBURGH Area Office:
Fisherrow School, South Street,
Musselburgh 031-665 8484

Midlothian

- DALKEITH Area Office:
11 St. Andrew Street, Dalkeith 031-663 9772
- LOANHEAD Area Office:
4 Clerk Street, Loanhead 031-440 3000

West Lothian

- BATHGATE Area Office:
69 Whitburn Road, Bathgate Bathgate 55181
- BROXBURN Area Office:
Easter Road, Broxburn Broxburn 856806
- LIVINGSTON Area Office:
Cheviot House, Owen Square,
Livingston Livingston 410903

WELFARE RIGHTS TEAM

FREEPOST Edinburgh EH1 OBB 031-225 5080

FOSTERING AND ADOPTION

Eversley House, 25 Stanley Road,
Edinburgh EH6 4SE 031-551 3330

EVERY HOSPITAL in Lothian has a Social Work Service: contact them direct or via the medical staff. Health Board and Social Work staff can offer advice on **COMMUNITY LAUNDRY**.

DRUGS/AIDS Section based at Shrubhill House, Shrub Place, Edinburgh EH7 4PD 031-553 8362 provides relevant information on services locally and nationally, monitoring and co-ordination.

OUTREACH WORKERS: offer detached community work, information and advice. Tel: 031-553 8362

PRISON:

A Social Work Team in Saughton Prison provides information and advice for prisoners and relatives.
Tel: 031-443 7201

Citizen's Rights Office

43 Broughton Street,
Edinburgh
Tel: 031-557 3366

Mon & Fri 10 am - 4 pm, Tues, Wed, Thurs 1 pm - 4 pm
Advice on Welfare Rights and Benefits.

Front Liners UK Limited (Scottish Division)

37-39 Montrose Terrace,
Edinburgh EH7 5DJ
Tel: 031-652 0754

Mon-Fri 9 am - 5 pm (office hrs) (24 hour Answerphone)

A self-help group for people with AIDS or ARC. Monitoring and supplying services and information. Individual counselling and support, some financial support, Welfare Rights/Housing advice, some alternative therapy.

CASTLE

A Support Group for relatives and carers. Meets in Central Edinburgh. Contact George Borland, Social Work Unit, St. John's Hospital Tel: 0506-419666

Body Positive (Lothian)

P.O. Box 48,
Edinburgh EH1 3SA
Tel: 031-229 6940

A self-help group for anyone whose lives are affected by HIV. Offers group support, advice and individual counselling. No discriminatory criteria.
Contact: Sarah Graham, Development Worker.

Ecumenical AIDS Support Team (E.A.S.T.)

Convener: John Thompson 031-556 1309
Phone Contact: Jane Millard 0968-60253
Secretary: John Barr
3 Hamilton Terrace
Edinburgh EH13 1NB

Provides practical help and support for anyone with, or affected by, HIV/AIDS. Offers support for carers and workers, runs Services and Vigils, help and support in bereavement and with funerals. Education/issues awareness/discussion programme available.

Salvation Army

77 Bread Street, Edinburgh
031-228 5351

Opening Hours 11 am - 7 pm
Tuesday-Saturday

'Drop-in' facilities for those affected with HIV/AIDS, their families and friends.

Support and counselling on request.

Transport by arrangement to and from the City Hospital. Support and help with spiritual matters (if requested) bereavement and funeral arrangements. Contact: Mary Hutson.

Positive Help

7 Upper Bow, Edinburgh EH1 2JN
Tel: 031-220 3975
Mon-Fri 9.30 am - 2.30 pm
(24 hour Answerphone)

Volunteers provide practical help for people with HIV, or AIDS, their families, friends and carers.
Contact: Helen Mein, Co-ordinator

Fighting Back

c/o 2/4 Abbeymount,
Edinburgh EH8 8EJ
Tel: 031-661 0982

Catchment: National

To provide experiential/personal awareness/supportive workshops for individuals with HIV and AIDS, as well as partners, families, project workers or others affected. The emphasis is on living with AIDS and identifying untapped sources of strength.

Contact: Dr Sarah Boyle, Evlynn Horsley

S.O.L.A.S.

HIV/AIDS Resource Centre
2/4 Abbeymount,
Edinburgh EH8 8EJ
Tel: 031-661 0982

New Centre for people with HIV/AIDS, their families, friends, carers and workers. Offers practical and emotional support, a playcentre, a cafe, information, social events and meeting space.

Livingston Voluntary Care Network

Contact: Judith Stewart, Ladywell Friendly Bank,
28 Heather Bank, Ladywell, Livingston
Tel: 0506 37746

Monday to Friday 9.30 am - 12.30 pm (Answerphone)
Volunteers provide practical help and support to people
with HIV and AIDS in Livingston.

Centenary Project - Outreach Work with Women

Tel: 031-553 2490 (24 hour Answering machine in operation)
Offers confidential support, counselling and befriending to
women involved in prostitution.

HM Prison, Edinburgh

Stenhouse Road, Edinburgh EH11 3LN
Tel: 031-444 2000 Prison
031-443 7201 Prison Social Work Unit

Offers HIV/AIDS information and education to prisoners and
their families. Provides individual counselling for anyone
worried about HIV/AIDS, a support group for HIV positive
men and specialist medical care. A care and support unit is
being developed.

ACT-UP

P.O. Box 135, Edinburgh EH8 9XJ
Meets Tuesdays at 7.30 pm at Tollcross Community Centre.
Provides information, audio tape and braille fact sheet.
Committed to direct action to affect change to end the AIDS
crisis.

West Lothian AIDS Resistance Network (W.A.R.N.)

19 Jarvie Street, Bathgate
Tel: Bathgate 634115
Contact: Joan Blyth/Alison Hossack

Aims to maintain public awareness in West Lothian.
Distributes literature on HIV/AIDS and gives talks to the local
community.

HIV/AIDS Team

Lothian Health Board
11 Drumsheugh Gardens, Edinburgh EH3 7QQ
Tel: 031-225 1341 (24 hour Answerphone)
Monday-Friday 8.30 am - 5 pm

Services provided: education, prevention, planning, advice,
information, co-ordination of Health Board HIV/AIDS services,
needle exchange, counselling and support, research,
epidemiological surveillance.

The HIV/AIDS Back Up Service provides training,
resources, information and networking facilities for people
involved in HIV/AIDS related work in Lothian.

Further information from: Maureen Bowes
HIV/AIDS Facilitator (above address on Ext 2152)

Lothian Health Board are to move their Headquarters early
in 1991 to: 148 The Pleasance, Edinburgh EH8 9RR Tel: 031-
229 2477

TESTING FOR HIV INFECTION

Are you worried that you may have been at risk of HIV infection? The City Hospital HIV Counselling Clinic offers confidential pre- and post-test counselling to help you consider taking the test, and confidential counselling after the results are known.

All the information you give them will be treated as strictly confidential. It will not be passed on to your doctor or anyone else without your consent.

For antibody positive individuals on-going medical and counselling services are offered.

HIV Counselling Clinic

Ward 7A: City Hospital
51 Greenbank Drive,
Edinburgh
Tel: 031-447 0411 (Direct line)
031-447 1001 Ext 3214 (for appointments)
Mon-Fri 9 am - 5 pm

Confidential pre- and post-test counselling and support for people who are HIV positive, partners, families/carers.

Clinics:

Mon, Thurs 2 pm - 5 pm - City Hospital
Late night 4 pm - 7 pm (Wednesday)
Outreach Clinics at Leith, Craigmillar and Craigroyston
For all appointments contact: City Hospital

The Genito-Urinary Medicine Clinic

Edinburgh Royal Infirmary,
Level 4,
Lauriston Building,
Lauriston Place
Edinburgh EH3 9YW

(for appointments) Tel: 031-229 2477

Males - Ext 4181 Females - Ext 4182

(for advice, recorded message) Tel: 031-225 4471

Mon-Fri 9.00 am - 4.30 pm (appointment by telephone or attendance)

At this clinic you can be screened for all sexually transmitted diseases including HIV infection.

No test for HIV antibody is taken without prior counselling and/or consent. Your attendance for advice, investigation and treatment is confidential.

REMEMBER - you can also ask your GP, if you have one, for a test although you may be referred to either clinic for follow-up.

DRUG PROJECTS

All of the following agencies have information on HIV/AIDS and drugs.

Castle Project

P.O. Box 922, Edinburgh EH16 4DU

Tel: 031-652 1605

Catchment: Craigmillar,

Niddrie and surrounding area

Offers confidential counselling, advice, information, support and practical help for people with drug related problems, their families and friends.

Can arrange to meet people in their own homes or other convenient places.

City-Wide Family Support Group

43 Groathill Road North, Edinburgh EH4 2RS

Tel: 031-332 9279 (24 hour Answerphone Service)

Catchment: No restriction

Support Group 2.00 pm - 4.00 pm Tuesday.

Help available 10.00 am - 1.30 pm, 2.30 pm - 4.30 pm, 6.30 pm - 8.30 pm daily.

Provides practical help and advice for parents and drug users.

Drug Prevention Group

53 Prince Regent Street, Leith, Edinburgh

Tel: 031-553 2841

Catchment: Edinburgh

Monday-Friday 9.30 am - 4.00 pm

Evening Tel No: 031-554 2991 or 031-332 9279

Drop-in centre for drug users, ex-users and community at large, including Needle Exchange.

Counselling support and advice available.

Leith Community Drugs Project

3/5 Smith's Place, Leith EH6 8NT

Tel: 031-553 5250, 554 7516 or 554 7350

Catchment: Leith Area

Office hours:

Monday-Thursday 9.30 am - 5.00 pm

Friday 10 am - 4pm

For those with a drug problem who want help to overcome it and to regain control of their life.

Offers a Drop-in Centre on Tues and Thurs 1 pm - 3 pm. Various activities and individual counselling available.

Narcotics Anonymous

St. Martin's Church, Murieston Crescent, Edinburgh

Tel: 0383 737782

Catchment: No restriction

Support Group for drug users.

7.30 pm Thursday

St Paul & St George's Church Hall

6 Broughton Street, Edinburgh

Tel: 031-669 8907

Catchment: No restriction

Support Group for drug users Monday 7.30 pm

SHADA (Support, Help and Advice on Drug Addiction)

10 Pennywell Court, Muirhouse Shopping Centre,
Edinburgh EH4 4TZ

Tel: 031-332 2314

Catchment: No restriction

Tues, Wed, Thurs 9.30 am - 12.00 Noon

(appointment only)

Monday and Friday 10.00 am - 4.00 pm

Wednesday 2.00 pm - 4.00 pm

A drop-in facility offering help and advice to drug users
and their relatives or friends.

Activities: Tuesday and Thursday from 1.00 pm - 4.30 pm.

Support on Addiction for Families in Edinburgh (SAFE GROUP)

24 Nicolson Street, Edinburgh EH8 9DH

Tel: 031-662 0358 (also 24 hour Answerphone)

Monday to Friday 9 am - 5 pm.

Catchment: Edinburgh

Offers: a practical response through the Furnshare
project, Befriending Service, Education/Prevention.

Meetings on the third Thursday of each month at 7.30 pm.

Simpson House Drugs Project

52 Queen Street, Edinburgh EH2 3NS

Tel: 031-225 6028/1054

Catchment: Lothian

Monday-Friday 9.00 am - 5.00 pm (by appointment)

Day Centre Drug Programme

Support Group for people who have or have had drug
problems including drug related infections.

Monday Evenings 6.00 pm - 8.00 pm

Family Support Group

Wednesday Evenings 7.00 pm - 8.30 pm

Muirhouse/Pilton Drug Project

34 Muirhouse Crescent, Edinburgh EH4 4QL

Tel: 031-343 1991

Catchment: principally
Muirhouse/Pilton Area

Mon-Thurs 8.30 am - 4.40 pm

Fri 8.30 am - 3.50 pm

Individual and family counselling on all aspects of drug
use, HIV and AIDS.

Consultation, training sessions and resource library on
request.

Contact: Jane Ramsey or Jane Wilson.

WEST (West Edinburgh Support Team)

8/4 Murrayburn Park,
Edinburgh
Tel: 031-442 2465

Catchment: Mainly local but not fixed
Monday-Friday Information, advice, practical help and
counselling for drug users, their relatives and friends.

West Lothian Drugs Education Project

47 Adelaide Street,
Craigshill, Livingston,
West Lothian EH54 5HQ
Tel 0506 30225/6

Catchment: West Lothian
Monday-Friday 9.30 am - 4.30 pm

A preventive approach to drug misuse including harm
reduction. Provides education, training, and developmental
initiatives with local professionals, volunteers and community
groups.

Includes a confidential advice/consultancy service.

West Lothian Alcohol and Drugs Team

48 Adelaide Street
Craigshill, Livingston
Tel: 0506-31316
Mon-Fri 9.00 am - 4.30 pm

Offers counselling, guidance, a day training programme
and support to problem drinkers, drug takers and their
families.

Managed by West Lothian Drug Education Project.

Community AIDS Support Team - C.A.S.T.

Royal Edinburgh Hospital
Morningside Terrace,
Edinburgh EH10 5HF
Tel: 031-447 2011 Ext 4340 (24 hour Answerphone)

Four Community Psychiatric nurses who offer support for
people with HIV/AIDS who experience mental health or
psychiatric problems within Lothian Region.

Contact: Sue Maxwell (Team Leader)

Community Drug Problem Service (C.D.P.S.)

Royal Edinburgh Hospital
Morningside Terrace,
Edinburgh EH10 5LG
Tel: 031-447 2011 Ext 4570

A Health Board service offering medical, personal and
family support in the community.

Referrals may be made by a General Practitioner, Drug
Project or Social Worker.

HARM REDUCTION SERVICE

HIV/AIDS Harm Reduction Service, run by Lothian Health Board. Provides injection equipment, exchange information and advice on safer drug use and safer sex.

Clinics

Mobile Exchange Niddrie Mains Road, Craigmillar next to the Welfare Rights Office

Mon, Wed, Fri 1pm - 3 pm

Leith Hospital Car Park: Mon, Wed, Fri 10am - 12 noon.

Craigroyston Health Clinic: Wed and Fri 1 pm - 5 pm

Sandport Street, Leith: Thurs evenings 9 pm - 11 pm

Phone: 031-225 1341 Ext 2298/2157 to confirm clinic times and places.

Drug Prevention Group

53 Prince Regent Street

Leith, Edinburgh

Tel: 031-553 2841 Evening Tel Nos: 031-554 2991 or 031-332 9279

Needle exchange available.

PREGNANCY and CONTRACEPTION ADVICE

Brook Advisory Centre for Young People

2 Lower Gilmore Place, Edinburgh

Tel: 031-229 3596

Provides contraceptives of all kinds.

Sex counselling, pregnancy diagnosis, counselling and referral.

Discussion groups on request.

Family Planning and Well Woman Services

Main Office, 18 Dean Terrace, Edinburgh

Tel: 031-343 6243, 031-332 7941

RESIDENTIAL and ACCOMMODATION SERVICES

Supported Accommodation Team - AIDS (SATA)

20 Albany Street, Edinburgh

Tel: 031-556 9140

Monday-Thursday 8.30 am - 4.40 pm

Friday 8.30 am - 3.50 pm

A scheme of dispersed supported tenancies for people with HIV related illnesses or AIDS.

Edinburgh District Council Housing Department

23 Waterloo Place, Edinburgh
Tel: 031-225 2424

Any requests for assistance with accommodation will be dealt with in complete confidence.

Brenda House

9 Hay Road, Edinburgh
Tel: 031-669 6676

Residential Rehabilitation Unit for women who are drug or alcohol dependent and want to stop using. Accepts women who are pregnant, who have their children with them, or whose children are being cared for by others.

To work positively with women and children who have HIV/AIDS and to provide a safe drug/alcohol-free environment.

Milestone House

c/o Waverley Care Trust
9 Forrest Road, Edinburgh EH1 2QH
Tel: 031-220 4697

Milestone House, a hospice for people with AIDS or HIV-related illness opens January 1991.

20 beds for respite, convalescence, or terminal care.

Situated in Oxbgangs Road North, at the Western Gate of the City Hospital.

Church of Scotland Residential Services include:

Malta House

1 Malta Terrace, Edinburgh EH4 1HR
Tel: 031-332 3217
Contact: J Dyer

Malta House is a Residential Rehabilitation Centre for alcohol and mixed addictions.

Rankeillor Street Hostel

Edinburgh
Tel: 031-662 0322
Contact: K Lyall

Residential facility for drug users under medical supervision.

Additional copies or entries for future editions to:

Social Work Department,
Publicity and Education Unit,
Shrubhill House, Shrub Place, Leith Walk,
Edinburgh EH7 4PD
Tel: 031-553 8277/8281/8396