

**Information and advice on how to survive HIV & AIDS long term /
Continuum, changing the way we think about AIDS.**

Contributors

Continuum

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Britain's Number One *Gay Health* Publication

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CHANGING THE WAY WE THINK ABOUT AIDS

Information
and advice
on how to
survive
HIV & AIDS
long-term



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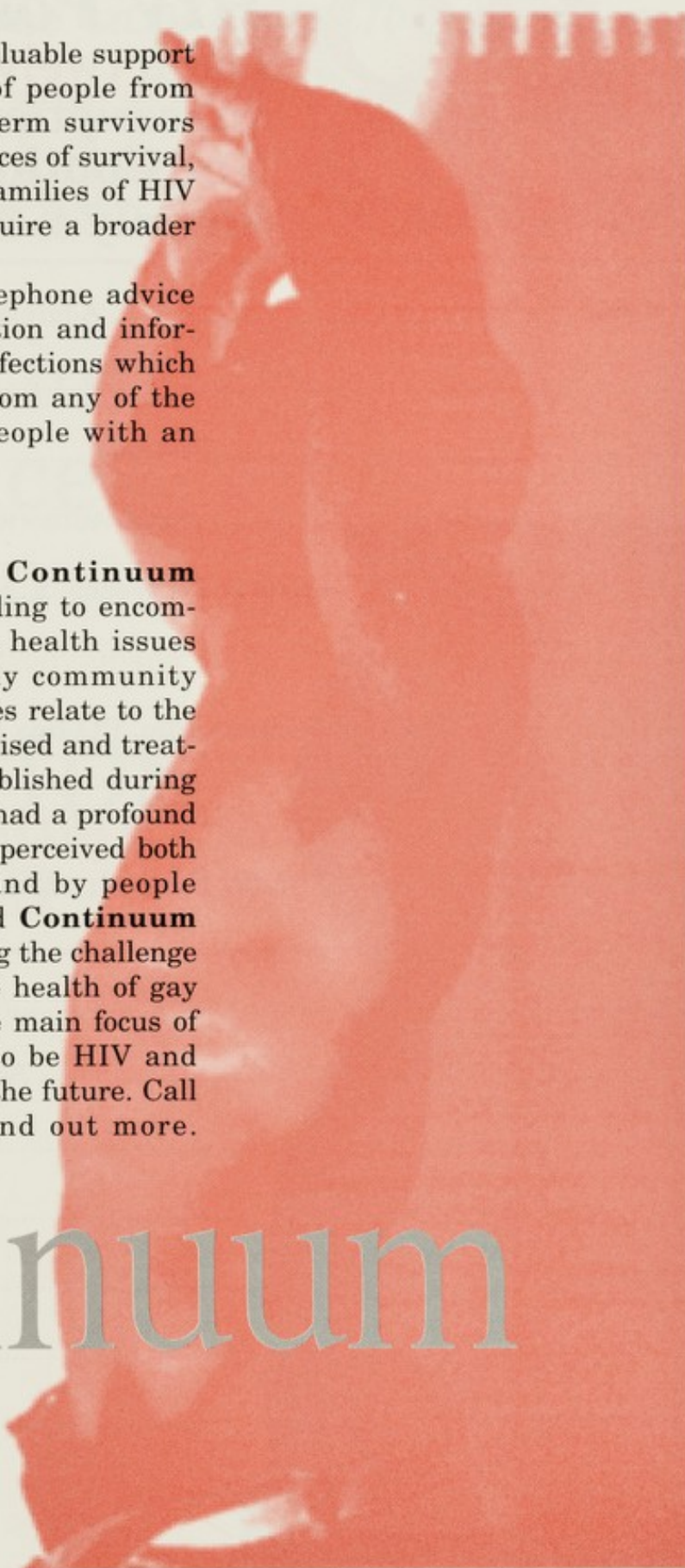
Britain's Number One Gay Health Publication

Since it was founded in the Spring of 1992, to address the need for information about long-term survival, **Continuum** has grown to become one of the most important organisations working in the field of HIV and AIDS.

A decade ago, when HIV alone was suspected of being the cause of AIDS, it was believed that everyone who tested positive for the virus would inevitably develop AIDS and die but like so many poorly researched scientific and medical theories it became apparent as the years went by that more and more people were surviving the diagnosis and remaining in excellent health.

Although the numbers of long-term survivors grew and have continued to grow steadily, until **Continuum** came along, there was no organisation which specifically addressed the need for information about the importance of nutrition, alternative views and research, information about drug side-effects and which was dedicated to bringing about 'informed' debate about the multi-factorial causes of immune suppression which we have come to know as AIDS.

The respect which **Continuum** commands in the field of HIV and AIDS, is largely due to the quality of information and advice contained within the pages of **The Continuum Magazine**. Published bi-monthly, it contains a vital, thought provoking blend of articles, news and comment on HIV/AIDS research, nutrition and nutritional supplementation, current medical practice and the politics of AIDS. It tackles courageously the thorny issues surrounding prophylaxis, CD4 counts and 'AIDS therapy' and is designed to support you in your choices, insuring you are as well informed as possible. **The Continuum**



Magazine has become an invaluable support and guide to a wide range of people from those who want to be long-term survivors and wish to improve their chances of survival, to doctors, carers and even families of HIV diagnosed individuals who require a broader more challenging view.

Our service also includes telephone advice about drug side-effects, nutrition and information about opportunistic infections which are not generally available from any of the other agencies supporting people with an HIV/AIDS diagnosis

Gradually, **The Continuum Magazine** is expanding to encompass more and more health issues which affect the gay community because so many of those issues relate to the way we are medically marginalised and treated. Much of what we have published during the past eighteen months has had a profound influence on the way AIDS is perceived both by the medical profession and by people affected by the diagnosis and **Continuum** will remain at the front, leading the challenge on many aspects affecting the health of gay men and women; however, the main focus of the magazine will continue to be HIV and AIDS, long-term survival and the future. Call us on **081 961 1170** and find out more. **Subscription form on reverse.**

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