

**Connect : Talk. Explore. Resolve / Terrence Higgins Trust.**

**Contributors**

Terrence Higgins Trust

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# CONNECT

Talk. Explore. Resolve.



## About Connect

Connect is a low-cost counselling service for lesbian, gay bisexual and transgender people.

Based in Kings Cross, our counselling sessions last for 50 minutes and can be face to face or via the internet. Face to face sessions for couples are also available.

We offer short-term and long-term counselling and a free assessment to see what is right for you.

## Booking

Payment for sessions is based on your income:

<b>Income up to £30,000:</b>	<b>£30</b>
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<b>Income over £30,000:</b>	<b>£40</b>
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<b>Couples:</b>	<b>£50</b>
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Payment is made in advance and can be made by cash, cheque or via Terrence Higgins Trust's website: **tht.org.uk/connect** (select 'Online' or 'Face to face').

## Contacting us

To make an appointment for your free assessment with Connect, call **020 7812 1777** email **connect@tht.org.uk** or visit **www.tht.org.uk/connect**

For information on free HIV counselling services in London from Terrence Higgins Trust call **020 7812 1777**.

# CONNECT



**Each aspect of your life is connected:** how you feel about relationships, home life and work are all interwoven. Individual and couple counselling with Connect allows you to explore things from a different angle, giving you the opportunity to make changes and avoid small issues becoming big problems.





## The HIV and sexual health charity for life

**Website:** [www.tht.org.uk](http://www.tht.org.uk) **THT Direct:** 0845 12 21 200

**Registered office:** 314-320 Gray's Inn Road, London WC1X 8DP

**Tel:** 020 7812 1600 **Email:** [info@tht.org.uk](mailto:info@tht.org.uk)

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