

**Do you live in West London? : Are you affected by HIV and AIDS? / Ki-Rin
West London HIV Centre.**

Contributors

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Ealing (London, England). Council

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KI-RIN
WEST LONDON HIV CENTRE

**DO YOU LIVE
IN
WEST LONDON ?**

ARE YOU AFFECTED

BY

HIV AND AIDS ?

11A King Street, Southall, Middlesex, UB2 4DF

Telephone Administration on 081-571 9436

or our Helpline on 081-571 9191



KI-RIN
WEST LONDON HIV CENTRE

SUMMER PROGRAMME 1992

for people affected by HIV/AIDS in the West London area

- ★ *Therapeutic Massage (healing, relaxing massage with essential oils)*
Tuesday's and Thursday's 2pm - 6pm
- ★ *Shiatsu (energising and revitalising healing massage)*
Wednesday's 9.45am - 1.30pm
- ★ *Massage for Women*
by woman masseuse (Swedish or traditional Tai Healing massage)
New service starting July 10. Fridays 9.45am - 1.45pm.
- ★ *Lunch Club - Every Wednesday (drop in from 12pm - lunch starts 1.30pm)*
Come in and meet people in a friendly and relaxed atmosphere
- ★ *Summer Trips (in association with Blackliners)*
For anyone who is HIV+, their partners/carers and children.
Sunday July 19: Brighton
Sunday September 6: to be decided

For women with or without children only (also in association with Positively Women)
Sunday August 16: Margate

Ring now to book a place!

- ★ *Welfare Rights and Housing Advice*
Tuesday's 2pm - 5pm, Wednesday's 10am - 3pm, Thursday's 2pm - 5pm
Ask for Jacqui Griffiths
- ★ *Drop In (for a cup of tea and a chat)*
Tuesday's 10am - 5pm, Wednesday's 12pm - 5pm, Thursday's 10am - 5pm, Friday's 10am - 12.30pm

Ring now for more information or to book a place. Transport may be available upon request.

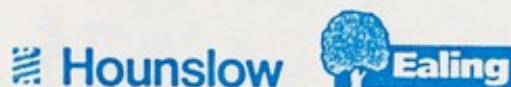
- ★ If you have any ideas for new services or any comments about Ki-Rin, LET US KNOW!!!
Speak to any member of staff or leave a note in the suggestions box.

Customer Service/ Helpline - 081.571.9191
11a King St, Southall, Middlesex UB2 4DF

KI is the Japanese word meaning 'life enhancement' the qualitative aspects of living, KIRIN is the word in Indian Sub-Continental Asian languages meaning 'ray' - a ray of light or energy.

Ki-Rin, the West London HIV Centre is based in Southall and offers a service to people affected by HIV/AIDS in the West London boroughs of Ealing, Hounslow, Hillingdon and Spelthorne.

We provide information, advice and support to people affected by HIV/AIDS, plus a range of services such as massage and shiatsu, social activities including lunch club and day trips and emotional support including our befriending service.



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