Women / Wandsworth Oasis AIDS care centre.

Contributors

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WANDSWORTH OASIS AIDS CARE CENTRE



WOMEN

Leaflet No. 3 of a series

Do you feel isolated?

Oasis could mean someone to talk to, with help and advice for you, on HIV and AIDS and how it is affecting your life.

The OASIS drop-in centre offers voluntary care and support, for women, by women. We are open on Wednesdays 6-9pm and Fridays 1-9pm.

Counselling

Confidential counselling is available, and other help can be given in practical ways, support is also offered to those unable to visit the centre.

Activities

Workshops on aromatherapy, relaxation and massage techniques, will take place at the centre. OASIS also has its own gymnasium which is run by trained volunteers, which is available to everyone during opening hours.

Children are also welcome, a creche facility is available.

No names are required, there is no membership for OASIS, you may come and go as often as you like, and no intrusive questions are ever asked.

Telephone

You can contact us by telephone. During the opening hours of the centre you may speak with someone in confidence, or at any other times you may leave a message and we will contact you as soon as possible. All messages will be dealt with confidentially.

About the Centre

The Salvation Army in Wandsworth, of which we are an integral part, allow us the use of all their facilities, and the local congregation fully supports our work. The centre is run by a voluntary team consisting of a Secretary, Chaplain, Administrator, Editor and others, some of whom could be HIV.

OASIS opened in 1989 to care specifically for people living with HIV and AIDS, here in the Wandsworth area. Our work is continually growing. Many generous people donate money and equipment to maintain and expand the work, and you are welcome to do likewise!

OASIS publishes a regular newsletter, "Dispatches". Your name can be added to our mailing list, if you wish.

An oasis is a place to which people resort on a journey. An oasis provides refreshment, peace and rest. It can also provide friendship and support.

FOR MORE INFORMATION

071 430 2342	Positively Women
071 249 6068	Positive Partners
071 373 9124	Body Positive Helpline
071 837 3337	London Friend
081 678 6686	Landmark
081 749 2925	Threshold
081 789 5131	Wandsworth HIV Team
071 792 1200	London Lighthouse
071 873 7324	Gay Switchboard
0800 567 123	National AIDS Helpline
071 242 1010	Terence Higgins Trust Helpline
071 274 4000	Mainliners
071 485 6756	Black HIV and AIDS Network
081 673 1695	Blackliners
081 986 0807	Catholic AIDS Link
071 739 2331	Mildmay Mission Hospice
071 485 1605	Chalk Farm OASIS

Information on The Salvation Army AIDS Work, from Major Trevor A Smith 071 383 4230

WANDSWORTH OASIS 081 874 3230



The Salvation Army
9 Ram Street, Wandsworth SW18 1TJ
Side entrance in Shoreham Close, opposite brewery

A warm welcome to all who are concerned with HIV and AIDS, with their friends, partners, families and children.

The centre is open for women:
WEDNESDAYS 6-9pm
FRIDAYS 1-9pm
Creche available on both these days

Saturday drop-in centre: SATURDAYS 2-7pm

There is an expanding programme of theatre visits, outings and social evenings.

Oasis can provide support to those unable to visit the centre.





WE ARE PLEASED TO HELP