A is for AIDS / Sanctuary.

Contributors

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is for AIDS

IS FOR ACTION, AWARENESS & ALTERING ATTITUDES....NOW! **EING THERE** FOR ONE ANOTHER ALL THE PAL HELPLINE 0202 311166 ON'T TAKE RISKS RASE AIDS WITH A 'RUBBER' IGHT AIDS.....NOT PEOPLE **OD'S NOT ANGRY** UGS (LOTS AND LOTS)

N TOUCH MEANS CLOSE TOGETHER

UDGING IS NOT FOR US

EEP SAFE

OVE YOURSELF....
...TO LOVE ONE ANOTHER

UMS & DADS

OT BEING AFRAID

THERS FEELINGS

D EOPLE WITH AIDS ARE NOW AND ALWAYS PEOPLE

UESTIONS NEED ANSWERS AINBOWS ARE FOR HOPE AND PROMISES KEPT ANCTUARY CARES... ...FROM THE HEART AKE CARE OF YOURSELF AND THOSE YOU LOVE **NDERSTANDING BUILDS BRIDGES** ITALIZE THE MOMENT, TOMORROW WILL HAVE ITS DAY E ARE TOGETHER......FOR ALWAYS

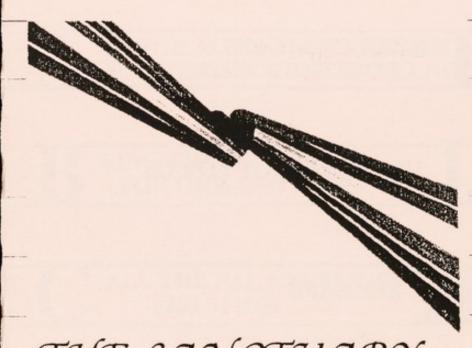
SANCTUARY PAL TEAMS

PAL teams consist of trained volunteers, many with additional and specific expertise and skills. Anyone can ask for support from the PAL teams and the necessary support can usually be arranged in two-three days. Presently PAL teams can only operate in Dorset, parts of Hampshire and Wiltshire.

Services offered by PAL teams:

- Domestic and Housekeeping Support and Assistance
- Shopping
- Transport
- ·Companionship
- ·Night and Day Sitting
- ·Dog Walking
- Counselling
- · Aromatherapy
- Hypnotherapy
- ·Spiritual Healing
- •Advice (with professional backup)
- •Relief / Respite Care for families, carers and people with HIV and / or AIDS - this is provided in volunteers' own homes to anyone from anywhere in the country.
- ·Friendship
- ·Emotional support
- •Referrals to the BUDDIES GROUP and to agencies nationwide.

Training and support will be given to all volunteers.



THE SANCTUARY.

a haven of love, care and support for all

people confronted with HIV and AIDS

where without constraints, we may be

true to ourselves and love one another ...

For more information contact:

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