

Sanctuary : caring from the heart, for all men, women and children, confronted with HIV and AIDS / Sanctuary.

Contributors

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Sanctuary



.....caring from the heart,

for all men, women and children,
confronted with HIV and AIDS.....

Sanctuary is established to provide a centre of excellence for the care of all men, women and children confronted primarily with HIV and AIDS, secondly Sanctuary will assess the needs of people with other progressively debilitating diseases, illnesses and conditions.

In addition to this centre, Sanctuary will offer its services directly or indirectly to clients homes or places of residence, to the community and to other organisations, agencies or bodies.

Confrontation is not determined by infection, rather by an individual or group whose lives are challenged by HIV or AIDS in any way, be it fear, anger, sadness or misunderstanding. Care will cover all areas of need that any individual may have need of. This will include medical assistance of varying degrees, support and reassurance, coordination of resources and crisis intervention, but more especially compassion, non-judgemental acceptance and understanding.

Sanctuary will provide a multi bedded residential unit for in-house care, treatment, respite, convalescence, terminal care and support.

These beds will be divide into four areas;

Nursing: in relation to HIV and AIDS, these will include all areas of treatment, acute & chronic nursing care, medication management, observation, assessment, psychiatric conditions and terminal care.

Respite & Convalescence: these will include recovery from hospitalisation, carer relief, crisis intervention, medication monitoring and holiday schemes.

Carer and family support: these will include accommodation for carers and respite for carers, as well as accommodation for carers participating in clients care.

Family care: these will make provision for family groups to be accommodated together whilst one or more of them requires in-house services and every effort will be made to maintain the integrity and independence of the family. Provision will be made for the specific support and care for parent and child groups.

This care will be provided in three areas:

- Residential care
- Day care
- Community care

As an HIV centred organisation, Sanctuary will promote a better awareness and understanding of HIV and AIDS, redefine attitudes to the AIDS issue in the community, promote the knowledge of HIV prevention, self care and community response. Consideration will be given to people from all other areas and communities who may wish to use Sanctuary.

It will do this utilising an education/awareness team who will reach out into the community as well as making provision for in-house teaching. Sanctuary also provides a support service entitled PAL, which includes a telephone helpline and a drop in counselling service.

In all things Sanctuary is client centred and directed.

Sanctuary will provide an atmosphere to encourage compassion, reconciliation, consolation and joy. Staff, carers, family, partners and clients together will ease the pain of living, light the darkness of fear, console the anxiety of tomorrow, reconcile the spirit in its isolation and rejoice in the sacrament of the present moment.

The Sanctuary will provide a safe, restful, supportive, understanding and life-enhancing environment in which people with Aids or life-threatening diseases can foster positive attitudes towards living well with purpose and meaning.

Sanctuary will encourage and promote the very best quality of life within Sanctuary and to maintain this quality living in the community.

It will assess, evaluate an individuals own resources, strengths and aspirations, mobilising and motivating them to a better understanding of their own condition, encouraging strength, courage and determination to establish and promote their own well being.

To look on death not as an end, rather as a part of that living, to celebrate it as part of our common humanity. Sanctuary will not however, or encourage the idea, that it is a place concerned with dying, sadness and pain, rather that it is pre-occupied with living, joy and quality of life.

It will identify itself not as a hospice, (hospice can sometimes imply an end point), though it will encompass all that the word envisages, but as a centre, a mid-point, a haven, a rest point, a hub of unity and perhaps for some a re-start

To these ends Sanctuary will provide for its clients a four-leafed model of care -

physical, mental, spiritual and social

Sanctuary aims to be an integral part of the community, indeed it is the community's response to the problems of Aids.

All people connected or associated with Sanctuary in whatever capacity are at all times mindful of the values of Sanctuary, which are open, loving, caring, respectful, unoppressive, non-judgemental, not moralising, encompassing the vision of equality, compassion, sharing and the singular importance of the needs of those that we care for.

Remembering also that people with HIV, AIDS or any other illness or condition, are and have always been people; have been and are someones children; have loved and have been loved; are still loved; share the same world as we all do. An illness does not make anyone a lesser or greater person. It does however call for a response not only from the person, but from everyone around.

Sanctuary is about choice, it is about an ideal,
it is about the best for those we love.
It is about a community caring for itself and for others.
It is about the human condition in which we are all part of.

HIV and AIDS confronts us all, not just by infection,
but by misunderstanding, ignorance, prejudice, fear
and in caring for someone, loving someone, being with someone
being a parent, being a partner, being a lover
HIV and AIDS means caring for yourself as well

SANCTUARY PAL LINE
(0202) 311166

As a complementary service to existing help and support lines, Sanctuary offers a telephone helpline and drop-in counselling service

Monday to Friday, 10am to 8pm, Saturday and Sunday 4pm to 8pm.

The service will provide:

support
information
counselling
referrals to other agencies

for all issues arising from HIV and AIDS.

Sanctuary is a community commitment and response. If you feel that you can help, by joining the Pal Team, by being a voluntary helper, or by offering help and services, please contact the Pal Coordination Team at the Sanctuary Office. Training and support will be given to all volunteers.

The Sanctuary PAL Teams work in conjunction and with liaison and referral to other groups, statutory, non-statutory and voluntary, local and nationwide.

Carers, partners and family can sometimes overload themselves with the pressure and stress of their love. They may do this without sharing their feelings, their frustrations, their guilt, their exhaustion. Sanctuary provides not only someone to listen, but a helping hand with the workload, a 'sitting' service and a short term respite scheme in volunteers' homes for carers and clients alike. If you feel you can help with accommodation or your resources; or would like to utilise this service please contact, Respite coordination at the Sanctuary office.

For further information, offers of help or donations (Sanctuary operates a Payroll Giving and Covenant Scheme) please contact the Sanctuary Office.

SANCTUARY
The SIMON of CYRENE TRUST,

is registered with the Charity Commission as a charity No. 1001046.
ALL INFORMATION AND COMMUNICATION TO THE SANCTUARY OFFICE,
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