Worried or concerned about HIV or AIDS: Sanctuary Pal Line: AIDS doesn't mean you have to be afraid or alone / Sanctuary.

Contributors

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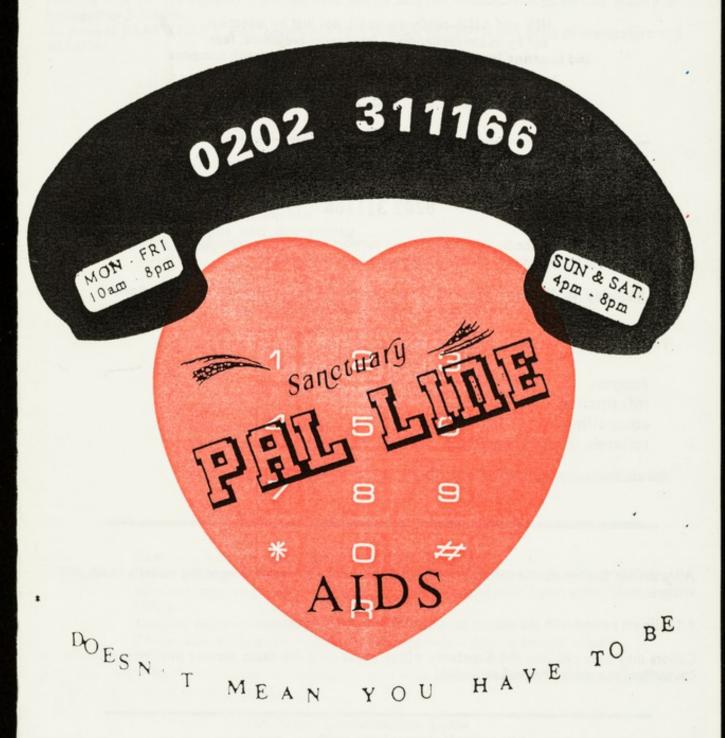
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WORRIED OR CONCERNED

about HIV or AIDS



AFRAID OR ALONE

all calls and visits in the strictest confidence

HIV and AIDS confronts us all, not just by infection, but by misunderstanding, ignorance, prejudice, fear and in caring for someone, loving someone, being with someone being a parent, being a partner, being a lover HIV and AIDS means caring for yourself as well

SANCTUARY PALLINE

0202 311166

As a complementary service to existing help and support lines and in conjunction with Dorset Aids Support and Help the Sanctuary offers a telephone helpline service

Monday to Friday, 10am to 8pm, Saturday and Sunday 4pm to 8pm.
(This service is planned to be 24hr, 7 days a week).

The service will provide:

support information counselling referrals to other agencies

for all issues arising from HIV and AIDS.

All calls are dealt with in a caring and non-judgemental way, according to the caller's needs and wishes.

All calls are treated with the utmost confidentiality by trained helpers.

Callers may also call into the Sanctuary office requesting the same service and meet with the counsellor for a more personal approach.

SANCTUARY PAL TEAMS

PAL teams consist of trained volunteers, many with additional and specific expertise and skills. Anyone can ask for support from the PAL teams and the necessary support can usually be arranged in 2-3 days.

At present SANCTUARY PAL teams can only operate in Dorset and parts of Hampshire and

Willshire

If we cannot help we will find someone who can!

Services offered by PAL teams:

Domestic and housekeeping support and assistance Shopping Transport Companionship Night and day sitting Dog walking Counselling Aromatherapy Hypnotherapy Spiritual healing Advice (with professional backup) Relief / respite care for families, carers and people with HIV and/or Aids this is provided in volunteers' own homes to anyone from anywhere in the country. Friendship Emotional support Psychological counselling

Referrals to the BUDDIES GROUP and to agencies nationwide

Sanctuary is a community committment and response
If you feel that you can help by joining the Pal Team by volunteering of offering

help and services please contact the Pal Team Coordination Team at the Sanctuary Office

Fraining and support will be given to all volunteers

PAL teams can be established anywhere and will widen the service offered.

The Sanctuary PAL Teams work in conjunction and with liaison and referral to other groups, statutory, non-statutory and voluntary.

Pal Team Coordination Team Sanctuary office, Balmoral House Granville Place, BOURNEMOUTH 0202 317177 other agencies who would like to help you if you need some support according about HIV & AIDS in you community

Dorset AIDS Support & Help

c/o 5 Belle Vue WEYMOUTH (0258)456505

BUDDIES GROUP

c/o (0202) 311166 or 398548

Body Positive (Bournemouth)
(0202) 304554

GENES18

5 Belle Vue WEYMOUTH (0305) 779224

Lesbian & Gay Helpline (0202) 318822

E.D.H.A. HIV & AIDS COUNSELLOR

Dept. GU Medicine, Kings Park Unit Gloucester Road, Boscombe, BOURNEMOUTH (0202) 398548

HIV PREVENTION COORDINATOR

(0202) 893000

information and advice on Needle Exchange, Social Security legal matters and refferals to other parts of the country can be obtained from

SANCTUARY PALLINE & DASH