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Contributors

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A CENTRE IN
SOUTH EAST
LONDON FOR
THE SUPPORT
AND CARE OF
PEOPLE AFFECTED
BY HIV AND AIDS

SERVICES PLANE



DROP IN DAYS

Our lounge and garden offer a relaxed and informal atmosphere for people to enjoy a drink and a chat, meet friends and make new ones. Browse through a newspaper, play a game, listen to the radio or watch TV - the choice is yours.

MONDAY

1.00pm - 4.30pm TEA PARTY 2.30pm onwards

TUESDAY

1.00pm - 4.30pm

WEDNESDAY

4.00pm - 9.00pm

FRIDAY

10.00am - 1.00pm

 Please note: the drop in is closed on public holidays.

FOR THE FUTURE

New groups and services are continually being developed - here are some of them:

- DENTAL ADVICE ART WORKSHOPS
- GARDEN GROUP
 BLACK ONLY SPACE
 PAEDIATRICIAN
 HAIR CUTTING

For more information, advice, suggestions or comments give Nigel or Alice a call on 0181 694 9988

MONDAY

DROP IN 1.00pm - 4.30pm TEA PARTY 2.30pm onwards

COUNSELLING*
1.00pm - 4.00pm
for anyone affected by HIV and AIDS

AROMATHERAPY/MASSAGE*(L) 1.00pm - 4.00pm

GREENWICH SOCIAL WORK SURGERY*(G) 1.00pm - 5.00pm beginning 23rd Jan 1995

TUESDAY

DROP IN 1.00pm - 4.30pm

LEWISHAM CARE MANAGER.*(L) 9.30am - 5.00pm advice and support on housing, benefits and services

SOUTHWARK SOCIAL WORK SURGERY.*(S) 2.00pm - 4.00pm

AROMATHERAPY/MASSAGE*(S) 1.00pm - 4.00pm

ACUPUNCTURE*(L) 12.00 - 2.30pm

TUESDAY SUPPORT GROUP*
7.00pm - 9.00pm
closed support group looking at
issues around a positive diagnosis

SOUTHWARK SERVICE USERS SUPPORT GROUP.
7.30pm - 9.30pm

WEDNESDAY

DROP IN 4.00pm - 9.00pm

LEWISHAM SOCIAL WORK SURGERY*(L) 1.30pm - 7.00pm

SHIATSU*(L) 4.00pm - 7.00pm

alternate wednesdays

7.00pm - 9.00pm LEWISHAM & NEIGHBOURS SELF HELP GROUP or 7.00pm - 8.30pm CARERS AND PARTNERS GROUP

THURSDAY

WOMENS AFTERNOON
12.00 - 4.00pm
for all women affected by HIV and AIDS. Includes
complementary therapies, counselling, relaxation group,
exercise class, positive women's support group, food and
creche.

FRIDAY

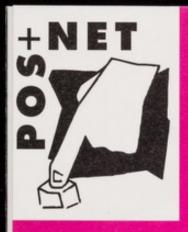
DROP IN 10.00am - 1.00pm

LEWISHAM CARE MANAGER *(L) 9.30am - 5.00pm advice and support on housing, benefits and services

NURSING ADVICE *
11.00am - 12.30pm
for anyone living with HIV and AIDS.

* these services are available by appointment - please telephone **0181 694 9988**

Services are open to anyone unless otherwise stated (L) = for Lewisham residents (S) = for Southwalk residents (G) = for Greenwich residents



POS + NET, THE UK'S FIRST BULLETIN BOARD SYSTEM (BBS) SUPPLIES INFORMATION AROUND HIV AND AIDS AND IS BASED AT THE POSITIVE PLACE

individuals and organisations can access and exchange information via a computer and modem. POS + NET is linked to networks in Europe and the USA: HIVNET, AEGIS, INTERNET, PRIDENET and GLI. POS + NET can be used by dropping into our information room.

NEED INFORMATION?

an information room is available to access details about all aspects of HIV and AIDS including local and specialist services. The information room is open during drop in times.

NEED SPACE TO MEET?

meeting rooms at THE POSITIVE PLACE can be hired. So if you belong to a group that needs space to meet phone Alice Glover on 0181 694 9988 for more details.

DISABLED ACCESS

plans are well in hand to provide the following: wheelchair access to the ground floor, disabled toilets, a lift to the first floor therapy and counselling rooms.

People with hearing difficulties can contact our Minicom number 0181 694 2230

TRANSPORT

for Lewisham residents THE POSITIVE PLACE transport scheme is available - for more information call 0181 694 9988 THE POSITIVE PLACE is situated in Deptford, South East London.

RAIL: BR Deptford, New Cross and

Greenwich.

TUBE: New Cross.

PARKING: there is a public car park in Vanguard street which operates a pay and display system.

If you need further information on how to find us or anything else please call us.

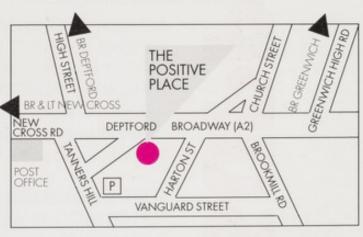
THE POSITIVE PLACE

52 DEPTFORD BROADWAY DEPTFORD, LONDON SE8 4PH

Tel: 0181 694 9988

Fax: 0181 694 9900

Minicom: 0181 694 2230



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