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# Services for People living with and affected by HIV



**Better Futures for Positive People** 

# **Positive East**

# **Better Futures for Positive People**

Positive East has over 20 years experience of providing confidential and impartial services that help people with HIV to live independently well and with dignity.

We provide services across the whole of East London including the London Boroughs of Barking & Dagenham, Hackney, Havering, Newham, Redbridge, Tower Hamlets, Waltham Forest and the City.

# We can support you:

- get appropriate housing
- claim the benefits for which you are entitled
- obtain monies from charity hardship funds
- find appropriate immigration advice
- access services such as social services, counselling and health
- overcome language barriers
- access information about your health and HIV treatments
- get back into work
- in remaining independent in the community

 in dealing with the emotional issues and challenges of living with HIV

## We also:-

- have support groups for people from African and Gay Communities
- run courses for people who are recently diagnosed
- host ESOL and computer courses with partners from local colleges

So if you are living with or affected by HIV in East London contact one of our centres to access the support and help that you need:-

Our services are available at our **Stratford** and **Stepney** offices as well as **outreach venues** in **every east London Borough**. For more information please contact us on **020 7791 2855**.

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