

**Have you got issues? / London Gay Men's HIV Prevention Partnership,
MetroM8, PACE.**

Contributors

PACE (Organization)
London Gay Men's HIV Prevention Partnership
MetroM8

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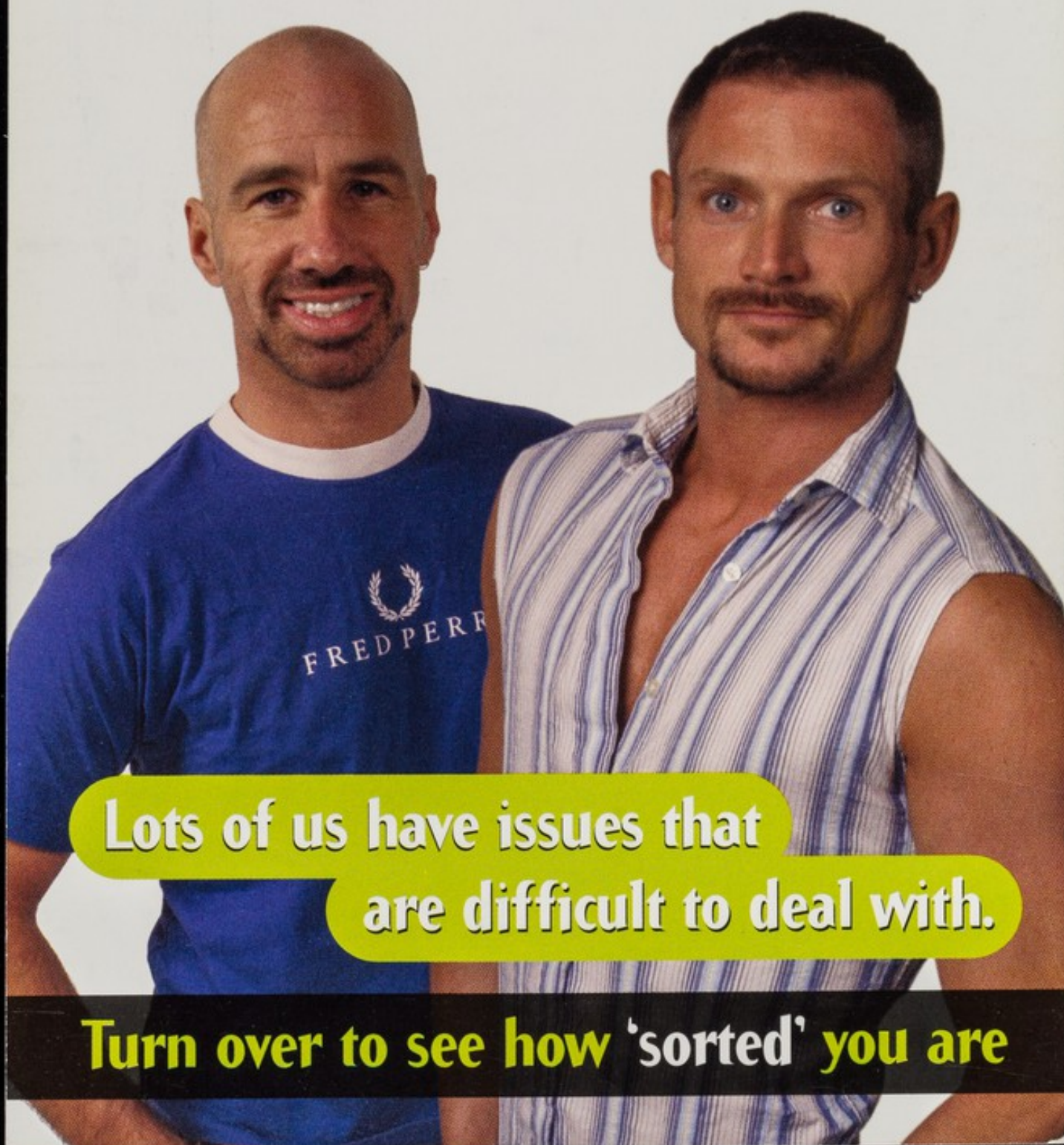
Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

Have you got **Issues?**

"I **don't** know when to tell people I have HIV"

"I'm **stressed** by too much to handle"

"I **give** myself a hard time for getting infected"



Lots of us have issues that
are difficult to deal with.

Turn over to see how 'sorted' you are

How **Sorted** are you on these?

	Totally	Partly	Not at all
Handling conflict in relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Worries about infecting others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My self-esteem and body image	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Finding a boyfriend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concerns about medication	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling positive about life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intimacy and feeling close to others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coming out to people about my status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling confident sexually and socially	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you ticked 'partly' or 'not at all' for any of these, think about coming on a PACE workshop. They're free and run by skilled facilitators in a friendly and relaxed style. Talking things through with other gay/bi men can make a big difference.

For details see 'workshops & courses' on www.metromate.org.uk or call PACE on 020 7700 1323

If you'd rather see a one-to-one counsellor call PACE or send us an email to info@pace.dircon.co.uk

More info www.pacehealth.org.uk

Positive Hub is a space for HIV positive men with a difference, meeting on the last Sunday of each month.

Details from PACE or www.metromate.org.uk



LONDON GAY MEN'S
HIV Prevention Partnership

MetroM8

