

Mildmay UK : Europe's specialist HNCI unit / Mildmay UK.

Contributors

Mildmay UK

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MILD MAY UK



EUROPE'S SPECIALIST HNCI* UNIT

November 2008 saw Mildmay UK move to the refurbished former 'Family Care Unit' at Austin Street, in the grounds of Mildmay Hospital in Shoreditch, East London. It was the end of an era for the Mildmay Mission Hospital built in 1866 in response to the cholera epidemic in London's East End.

The move offers us an exciting opportunity to provide care & support in an environment configured to meet the needs of a holistic, patient centered, 21st century service.

***HIV related Neuro Cognitive Impairment**

Mildmay UK is a independent non-profit organisation offering rehabilitation programmes for people living with HIV infection who have complex care needs, in particular those affected by neurological disease, cognitive impairment and mental illness.



Alex Unit - nurse's station

Our programmes are offered through;

- i) In-patient care - 16 beds: 14 single rooms, 12 of which are 'en suite,' 1 two bedded room, for assessment, rehabilitation or respite.
- ii) Day care service - providing individualised, therapeutic programmes to enable clients to continue living well in their own home.
- iii) Training & specialist awareness raising.



Alex Unit 'en suite' room with TV, DVD & fridge.

Our programmes are holistic and individually tailored to each person's needs. New drug treatments for HIV infection have helped people to live longer and with a better quality of life, but periods of good health can be interrupted by periods of illness, which can be very disabling. An appropriate period of rehabilitation can enable patients to independent living.



The physiotherapy gym



Reception area

OUR INTERDISCIPLINARY TEAM

Mildmay UK offers the only rehabilitation programme in the UK for patients suffering with neuro cognitive impairment secondary to HIV. Our specialist interdisciplinary team engages patients in an individualised structured rehabilitation programme with particular emphasis on adherence to medication, and improving function in activities of daily living.

Our rehabilitation programme aims to enable a person to live life to their maximum capability of independence and potential.

Mildmay UK also offers assessment and rehabilitation programmes to HIV positive patients who have become unwell and physically impaired as a result of their illness, targeted adherence support programmes for those with significant difficulties in adhering to their regime of medication, and psychological support for those with HIV infection and concurrent mental health problems.



The Inter-disciplinary Team (IDT)
Office

Mildmay UK is registered with the Care Quality Commission. Our programmes are provided in accordance with;

- MEDFASH Recommended Standards for NHS HIV Services - Standard 12: Respite
- Rehabilitation and Palliative Care for people with HIV
- BHIVA Standards for HIV Clinical Care - Standard 6.1.16
- National Service Framework for long term conditions



Garden Mildmay UK

The Mildmay Vision is:

'A world in which everyone with HIV can have life in all its fullness'

The Christian ethos of Mildmay informs every aspect of its service, ensuring excellence and compassion go hand in hand but our services reach people of all faiths or none.

In 2009 Mildmay celebrates 21 years providing excellent care and training in the field of HIV care, it's expertise is now recognised internationally. Mildmay has projects in East Africa and delivers training programmes in Eastern Europe.

Mildmay is Europe's only specialist unit for HIV Related Neuro Cognitive Impairment (HNCI) treatment & rehabilitation.



View of Mildmay UK
from Austin St towards
Shoreditch High St. /
Hackney Road

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