

**Habari / Habari Project, Health Promotion Services, St. Pancras Hospital ;
Camden & Islington Health Promotion Service.**

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HABARI



HABARI





HABARI means 'News' or 'Hello' in Swahili. It is also a name of a group which undertakes HIV awareness and support within African communities.

HABARI was established in 1991 by and for people from a number of African countries who were concerned about the effect HIV is having on their communities, the low level of awareness about HIV and the lack of appropriate services.





HABARI is supported by and funded through Camden and Islington Community Health Services NHS Trust and is based within its Health Promotion Service at St. Pancras Hospital.



HABARI's Aims are:

-  **To prevent the spread of HIV in African Communities in London**
-  **To ensure the people from African communities affected by HIV receive appropriate services**

HABARI's Objectives are:

-  **To raise awareness of HIV/AIDS and to dispel myths**
-  **To increase safer sex practice**
-  **To improve access to Health, Local and Non-statutory Services**
-  **To support and develop Health, Local and Non-statutory Services so that they deliver appropriate services to meet the needs of people from African communities**

HABARI achieves its aims and objectives by:

- Running information seminars for African Communities (some of these are in French)**
- Using outreach work to distribute HIV information, resources and condoms**
- Providing advice and support to community groups who provide services to people from African Communities**
- Providing policy development, training and advice to sexual health and HIV/AIDS treatment and care services. To facilitate development of more appropriate service delivery**
- Running volunteer programmes to provide support to people affected by HIV from African Communities**
- Developing resources which are accessible to African Communities**
- Monitoring HABARI's work to ensure that it is meeting African Communities needs**



What is HIV?

H HUMAN

I IMMUNODEFICIENCY

V VIRUS

HIV is the virus that can go onto cause AIDS. HIV infection is passed from person to person only in a very few specific ways. People may have HIV infection and remain perfectly well and be unaware they are infected for a long time.

What is AIDS?

A ACQUIRED

I IMMUNE

D DEFICIENCY

S SYNDROME

HIV infection may go on to break down the body's natural defence system. When the immune system breaks down, the body is vulnerable to serious illness and infections. When this happens a person is diagnosed as having AIDS. Some people live with HIV infection for years without developing AIDS.

You cannot tell who has HIV or AIDS. Anyone is potentially at risk from HIV infection. Remember it is what you do and not who you are that puts you at risk of HIV.

HABARI

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HEALTH PROMOTION SERVICE
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LONDON NW1 0PE**

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FAX: 071-383 2482**



St Pancras Hospital is 10 mins walk from King's Cross, Euston Station & Camden Tube
Buses 46 & 214 stop on Pancras Road



CAMDEN & ISLINGTON
Community Health Services NHS Trust
Your Partner for Health

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