

Fountain : a unique residential facility for people living with HIV/AIDS and experiencing problems with drug use.

Contributors

Fountain (Residential facility)

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>



fountain

**A unique
residential
facility
for people
living
with HIV/AIDS
and
experiencing
problems
with
drug use**

fountain is a unique 36 bed residential facility in South East London. We offer a wide range of flexible services which include:

Rehabilitation: where people are assisted towards making lifestyle changes and moving away from drug-use during a stay of up to 6 months.

Shorter term nursing care: for people living with HIV/AIDS related illness in our Continuing Care Unit.

What is **fountain**?

Residents will participate in identifying their own individual care plans, drawing from a multi-disciplinary range of services.

An individual care plan may include:

medical and nursing care; complementary therapies such as – massage, shiatsu, reflexology, acupuncture, aromatherapy, relaxation, visualisation & art therapy; individual & group counselling; welfare rights and housing advice & advocacy; occupational therapy; self-help groups; educational support; leisure activities; health education, social skills; and resettlement support.

We are committed to these basic principles:-

- ~ Maximising health and independence.
- ~ Empowering people who are living with HIV.
- ~ Enabling people to make constructive choices in relation to their drug use.
- ~ Encouraging people to regain the ability to make informed decisions in relation to their lifestyle.
- ~ Providing the necessary boundaries for successful communal living .

Who is fountain for?

Fountain services are open to people who are:

- ~ experiencing (or have recently experienced) problems with drug use; and
- ~ HIV+ or have AIDS

Fountain will be active in its approach to Equal Opportunities and aims to welcome and cater for people from the whole community.

Children will be able to stay, when appropriate, for short periods of time but unfortunately we do not have the necessary facilities to admit children.

How will fountain work?

We provide 24 hour social and health care cover.

The aim of the **Rehabilitation Programme** is to enable residents to move away from a chaotic lifestyle and its related problems and to work towards making significant changes in order to achieve healthier and more independent lives.

We envisage a therapeutic programme of up to six months. A range of options is available on admission: some people may come to Fountain having detoxified prior to admission, or have stabilised, or become drug free while in the community; whilst others may choose from these options during their stay. Fountain is unable to accommodate people using injectable prescriptions but will support those moving towards an oral prescription in preparation for admission.

The environment is geared towards promoting independence and mutual support. Accommodation is for two people sharing.

A varied and well-balanced diet is provided and there is a communal dining-room and a separate kitchenette.

Residents will be offered the opportunity to consolidate their personal achievements through practical support, counselling, and occupational therapy. As residents move through the programme they will be supported in their future plans, including forming appropriate community networks.

The Continuing Care Unit provides a high quality of nursing and medical care for people living with HIV/AIDS who have problems with drug use, and therefore require specialist care, support and non-acute intervention. Accommodation here is in single-rooms with en-suite facilities.

Residents on the rehabilitation programme who have become ill and need nursing care will have priority access to these beds and will be able to resume their programme afterwards.

People have access to the following services:

Respite Care for people who are experiencing emotional or psychological stress and need a period of rest or who require symptom control and support, or for people whose carers and partners require a break.

Convalescent Care for people who are recovering from an acute illness and who need continued care observation and review prior to returning to the community or proceeding with rehabilitation.

Palliative Care for people who are seriously ill and may be dying. Care will focus on easing symptoms, maximising comfort and quality of life and will respect the dignity and autonomy of each resident. Residents are given agreed treatment using all available resources including physical, psychological, cultural and spiritual support. We aim to provide a supportive environment for partners, family and friends.

fountain



WE OFFER: ~ Residential
Rehabilitation

~ Medical and
Nursing Services
for people
in need of Respite,
Convalescent
and Palliative
Care Services

More about fountain

Fountain has a multi-disciplinary team of 40 experienced staff plus volunteers. The Social Care Team of 13 staff and Health Care Team of 16 staff provide an integrated and co-ordinated service.

As part of Phoenix House Housing Association, we are supported by all available organisational resources.

Fountain consists of two purpose-built buildings and landscaped gardens, planned to maximise independence and to provide a comfortable environment.

The building has been designed to promote access for people with disabilities.

How to contact fountain

Fountain has a comprehensive admissions policy and our Referrals & Admissions Procedure is available on request.

We operate an *Open Referral* system. You may wish to refer yourself or referrals may come through:

- ~ HIV and Drug Agencies
- ~ Medical & Health Care Services
- ~ General Practitioners
- ~ Hospitals
- ~ Probation & Prison Services
- ~ Social Services
- ~ Drug Dependency Units
- ~ Other Residential Services
- ~ Community based groups, and voluntary agencies and others



11 Westwood Hill, Sydenham, London SE26 6BQ

Tel: 081 778 4441 Fax: 081 778 2375

Registered Office

Phoenix House 47-49 Borough High Street, London SE1 1NB

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