

The Food Chain : feeding the fight against HIV and AIDS / The Food Chain (UK) Ltd.

Contributors

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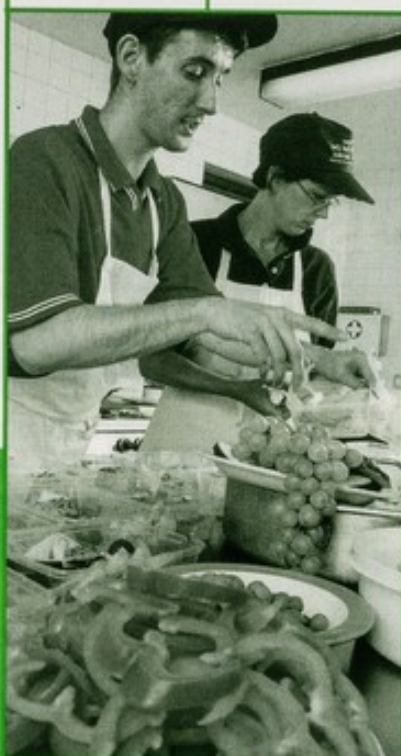
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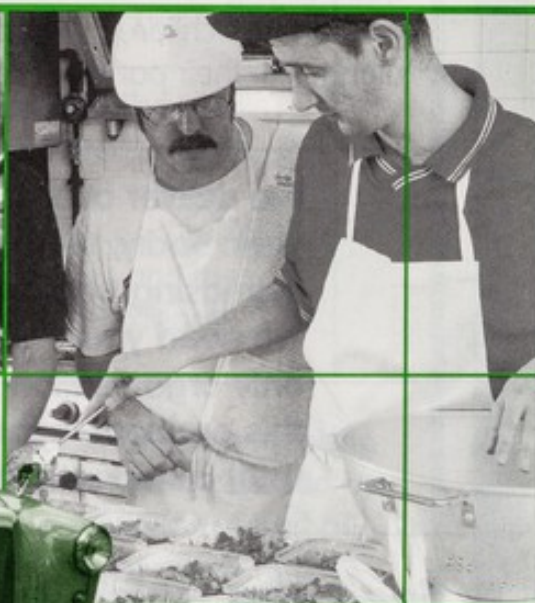


Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

the food chain



Feeding the Fight against HIV and AIDS



What is The Food Chain?

Many people who suffer from HIV and AIDS related illnesses are often too weak to shop and cook for themselves. A pattern of malnutrition can emerge, accelerating the illness.



The Food Chain is a registered charity devoted to providing nutritionally balanced, specially prepared meals within the Greater London area. Every Sunday, 52 weeks a year, our

1,000 strong volunteer base delivers meals to men, women and children who are living with HIV and AIDS along with their partners, carers and dependants.

We deliver over 15,000 meals every year. Sadly, we need to deliver an increasing number of meals. To do this we need your help. We are currently the only organisation dedicated to solving this problem, offering our Service Users total confidentiality, whilst we:

Feed The Fight Against HIV and AIDS



Become part of The Food Chain

The Food Chain relies on volunteers to cook and deliver the meals every Sunday. You can become involved in running the organisation, planning service development, helping our teams to collect at events, or joining one of the many committees.

In total, the input of volunteers is over 29,000 hours a year and we have to recruit 200 new volunteers every year, just to sustain our existing level of service.



**Even a couple
of hours a
month can
make a real
difference...**

**For more information
on becoming a
volunteer, complete
the attached form.**



Every meal we deliver costs £5...

Every meal we deliver costs £5.00 in ingredients and other expenses (not too bad for a three course meal). We need more money to continue providing this vital service.

Your support will directly fund the provision of delicious, nutritious meals for people who are housebound with HIV related illness.

Here's how your gift could help.

- ▶ **£70** pays the weekly grocery bill for one kitchen
- ▶ **£35** recruits and trains a new volunteer
- ▶ **£20** funds the Sunday meals for a service user for the whole month

See attached form for how to make a gift

Why not put your money where their mouth is!



cut here

cut here

Complete this part to make a donation by standing order

Please make the payments detailed below debiting my/our account as shown. Please pay to National Westminster Bank PLC at Bloomsbury Pairs (Sort Code 60-30-06) and credit the account of CAF/The Food Chain (Account No: 36880043) the sum of

(amount in words) on (date) and monthly thereafter on the same day until further notice.

Please complete this section in BLOCK CAPITALS

To: Name of Bank and full address of Branch

Name: Address:

Account Number: Sort Code:

Donors name and initials (Mr / Mrs / Miss / Ms /)

Name: Address:

Signature: Date: ☐ Please send me details of how to convenant my donation.

Please complete and return to The Food Chain at: FREEPOST LON11245, LONDON N19 5BR
Registered Company No. 2580505 • Registered Office: 25 Bertram Street, London N19 5DQ • Registered Charity No. 1003014

**Donate?
Volunteer?**

**Yes, I would
like to become
a part of The Food Chain**

Name:

Address:

- ☐ Please send me a volunteer pack
☐ I would like to make a gift

Gifts can be made by cheque or credit cards (see below). Please consider making a regular payment. These help us to plan proactively for the future. If you are a taxpayer you can increase the value of your gift by giving through a covenant. This allows The Food Chain to reclaim the tax, increasing your donation by 32%. In other words a donation of £10 by covenant is worth £13.20 (strange but true!) to The Food Chain. **To make a regular gift simply complete the form overleaf.**

I enclose my gift of:

____ £20 ____ £35 ____ £70 or £ ____

Cheques payable to The Food Chain

Please debit my:

Access/Visa/Diners/Mastercard/Charity Card

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Name as per
credit card

Credit Card

Expiry Date:

Signature

Date

Thank you for your support.

cut here

cut here



the food chain

Feeding the Fight against HIV and AIDS

What did you do last Sunday?

8:00am Teams of Lead Cooks and Kitchen Helps arrive at kitchens. Using menus and recipes already prepared by the Lead Cook, the team start preparing ingredients.



11:15am Drivers and Navigators have arrived and using prepared maps start planning the routes that they will take to make deliveries - they aim to be back at the kitchen within a maximum of two hours.



11:30am By now the cooking is well underway - the food is then packed into foil containers with care so it not only tastes good, but looks appetising as well!



11:45am The meals are all ready to go out. The food is carefully packed into hotboxes and the deliverers depart.

All we want is your time... volunteering to work for The Food Chain can add up to as little as the equivalent of half an hour a week - that's not much to ask.

Patrons:

Michael Cashman
Julian Clary
Sarah Jane Evans
Sheila Hancock
Jonathan Harvey
Katrina & The Boy
Gerhard Jenne
Sir Cameron Mackintosh
Claudia Roden
Jimmy Somerville
Judi Spiers
Brian Turner
Roger Walker-Dack



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The Food Chain (UK) Ltd

Registered office:
25 Bertram Street, London N19 5DQ
Telephone: 0171-272-2272
Facsimile: 0171-272-2273
email: info@foodchain.org.uk
website: <http://www.foodchain.org.uk>

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Brochure design donated by Terry Chisholm - terryc@dircon.co.uk 0181 808 8407
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