

Lighthouse bike ride : London to Marlow or Oxford : Sunday 11 June 1995 : cycle for HIV/AIDS charities London Lighthouse, The Landmark & Gt Ormond St Children's Hospital Family Unit.

Contributors

Open Air Bike Rides

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Lighthouse Bike Ride



London to
Marlow or Oxford
sunday 11 june 1995

cycle for HIV/AIDS charities

London Lighthouse, The Landmark &
Gt Ormond St Children's Hospital Family Unit

TimeOut

Supported by
London's leading
weekly guide

The Lighthouse Bike Ride 36 miles to Marlow



Charlie and Jude from BBC'S 'Casualty' wearing 1995 T-shirts

We invite you to join us and Arthur Smith our MC for a wonderful summer's day out cycling from **Gunnersbury Park** West London 36 miles to **Marlow** or 58 miles to **Oxford** and help raise vital funds for 3 HIV/AIDS charities **London Lighthouse, The Landmark & Great Ormond St Children's Hospital** family unit.



Tel: 0117 922 7768



Sunday 11 June 1995 or 58 miles to Oxford

'Cycling is the second best form of exercise'
Arthur Smith

We take care of everything including entertainment from The Natural Theatre Company, refreshments from The Workers Beer Company, mechanics, medics, maps & transport home.

Show some **Team Spirit** and go for the **Company Team Trophy** with workmates or **Social Team Trophy** with friends. Enter 6 riders and the 7th rides FREE. Accompanied & Helmeted **under 16s ride free** (to Marlow only).

PRIZES - FOR HIGHEST FUNDRAISERS

TREK USA

American Bicycle Technology

- TREK MOUNTAIN BIKES & ACCESSORIES
- WEEKEND FOR TWO IN PARIS  **Uranian**
raising about you
- TIME OUT & CYCLING TODAY subscriptions

**RAISE OVER £150 & WIN A FREE
TREK CYCLE COMPUTER**

London to Oxford or Marlow

SUNDAY 11 JUNE 1995

name _____

address _____

_____ postcode _____
you must use your postcode

phone: day _____ evening _____

team entry please send all team forms in together

name of team leader _____

team name _____

company team or social team free entry

please send me:

entry pack fees go towards mounting the event safely £7.95 £.....

PLEASE CIRCLE THE SIZE REQUIRED WHERE APPROPRIATE

t-shirt M XL £7.95 £.....

t-shirt Kids £6.50 £.....

long sleeved t-shirt M XL £12.00 £.....

Lycra cycling shorts S M L £21.95 £.....

Bermuda shorts M L XL £4.95 £.....

Beltbag £7.95 £.....

cotton cycling cap £1.95 £.....

donation £.....

transport for you and your bike

to start from oxford am £10.00 £.....

from marlow to london £8.50 £.....

from oxford to london £10.00 £.....

total £.....

cheque/PO payable to "to the lighthouse"

conditions

I understand that this event is not a race but a fun ride and all riders must observe the Highway Code and Rules of the Road. Cycling can be strenuous and dangerous; I accept that the organisers and charities cannot be held responsible for personal injury, accident, loss, damage or public liability. Riders under 16 should be accompanied by an adult. I have read and agreed to the above conditions

signed _____ **date** _____

please complete and return this form to:

OPEN AIR BIKE RIDES PO BOX 8, BRISTOL BS99 5BS

TEL:0117 922 7768

24-4-95: SRL: Time Out