Positive / Body Positive.

Contributors

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In 1985 when public fears about AIDS were at a high point, a number of people who had tested HIV+ formed an organisation to give each other help and support.

The name **BODY POSITIVE** emphasises the organisation's aim, which is to turn a positive diagnosis for HIV into a positive outlook on life and living with the virus. Initially, a positive diagnosis for HIV feels anything but positive. People are often faced with practical difficulties such as loss of job or home, on top of emotional reactions of fear, isolation, rejection and prejudice.

Body Positive's approach is to enable people to help themselves. This idea extends into all areas of the organisation, where people affected by HIV/AIDS are encouraged to create their own support mechanisms, which are then tailor-made to meet their particular needs. Body Positive provides administrative and financial back-up allowing people to concentrate their energies on helping each other.

The self-help ethic also encompasses the management and policy making of the organisation. Body Positive aims to be consultative at all levels, and to be consumer led in its growth and operations.

B ODY POSITIVE offers its services to anyone affected by HIV/AIDS regardless of their gender, sexuality, life-style or racial origin. We try to ensure that the needs of people affected by, but not necessarily infected with, HIV, are met alongside the needs of those who are actually living with the virus.

Despite medical progress, there is still no cure for HIV infection. People affected by HIV have to rely on each other for support - both emotional and practical.

TAKE A POSITIVE STEP

B ODY POSITIVE provides emotional support, practical help and information for everyone affected by HIV or AIDS. In particular:

- A daily HELP LINE where the calls are answered by men and women who are themselves HIV positive
- A regular NEWSLETTER containing news and views on treatment and health issues, personal experiences, reviews and information of events, courses and support groups etc.
- A DROP-IN CENTRE in London, where hundreds of people come every week for all kinds of help and advice, alternative therapies, as well as social contact.
- TRAINING WEEKENDS where HIV positive people assist others to learn about HIV/AIDS.
- HOSPITAL and PRISON VISITING
- A HARDSHIP FUND helping HIV positive people in need with clothing, bills and household equipment
- SUPPORT GROUPS for women, young people, people in prison and those newly diagnosed.
- Support for the NATIONAL NETWORK building links throughout the UK.



B ODY POSITIVE is a Registered Charity which relies on donations to continue its work. This is your opportunity to help people affected by HIV/AIDS to help themselves. Your donation is needed, appreciated and will be used to the fullest benefit.

D ONATIONS can be made by cheque or credit card. Cheques should be made payable to 'Body Positive' and sent to the address below. Please do not send cash, in particular **please do not send coins**.

I would like to support the work	of
BODY POSITIVE and I	(please ✔)

Enclose a cheque/postal order for £.

□ Wish to make a Credit card donation:

□ Access	Visa	🖵 Am.Ex.

Expiry Date _____ Signature

Name

Address

I would like more information about:

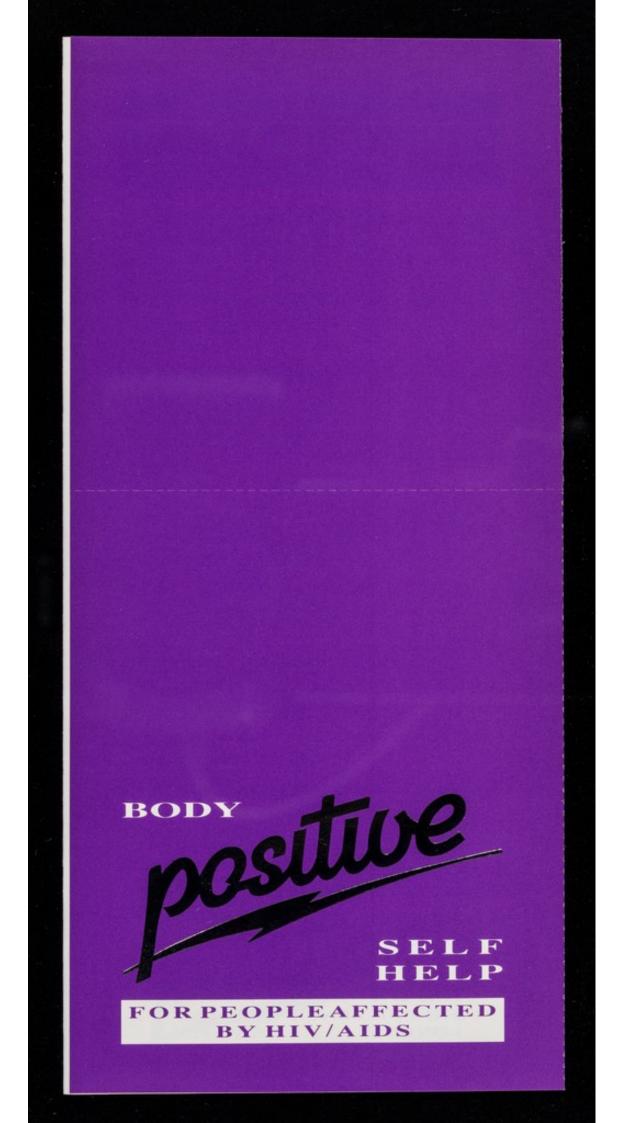
Becoming a Volunteer

Becoming a Friend of Body Positive

- Including Body Positive in my will
- Tax effective donations

Please return this form to:

BODY POSITIVE 51B PHILBEACH GARDENS LONDON SW5 9EB





HELPLINE 7-10pm every evening

BP OFFICE 9.30-5.30 Monday to Friday. For general enquiries, BP Centre information and to book Therapies etc. 071-373 9124

071-835 1045 MINICOM AVAILABLE

071-373 7547

POSITIVE YOUTH Support groups, information and advice for people living with HIV under the age of 26

WOMEN'S GROUP Support groups, information and advice for women affected by HIV/AIDS.

SMALL GRANTS A hardship fund for people living with HIV/AIDS.

BP WEEKENDS Awareness/training weekends for anyone interested in, or affected by, HIV/AIDS.

NATIONAL NETWORK For details of Body Positive Groups in the UK A RESERVED TO THE REAL

071-370 2051

071-370 1066

071-373 1287

071-835 1045



BODY POSITIVE 51B PHILBEACH GARDENS LONDON SW5 9EB TELEPHONE: 071-835 1045 FACSIMILE: 071-373 5237

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