

**What is Body Positive : Body Positive is for women, men and children affected by HIV or AIDS / Body Positive.**

**Contributors**

Body Positive (London, England)

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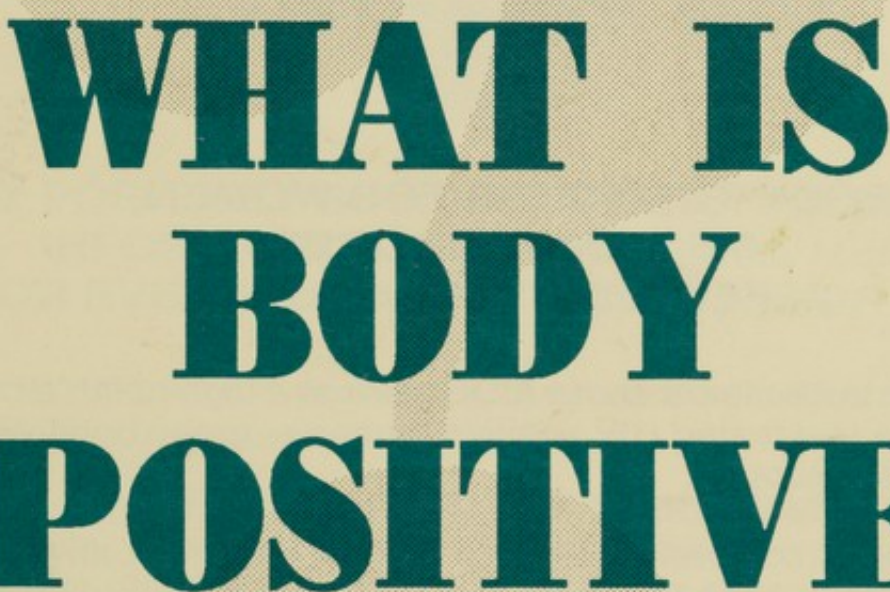
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# **WHAT IS BODY POSITIVE**

**BODY POSITIVE IS FOR WOMEN,  
MEN AND CHILDREN  
AFFECTED BY HIV OR AIDS**

**BODY POSITIVE  
51B PHILBEACH GARDENS, LONDON SW5 9EB  
TELEPHONE: 071-835 1045 HELPLINE: 071-373 9124**

**REGISTERED CHARITY NUMBER: 297823 LIMITED COMPANY NUMBER: 2164911**



# WHAT IS BODY POSITIVE

## **BODY POSITIVE IS FOR WOMEN, MEN AND CHILDREN AFFECTED BY HIV OR AIDS**

In 1985 when public fears about AIDS were at a high point, a number of people who had tested HIV positive formed a group to give each other help and support.

Then, as now, a positive result from an HIV test felt anything but "positive". People often face fear, isolation, rejection, prejudice and practical difficulties like loss of job or home. Medical science offers little in the way of comfort about a cure. People with HIV therefore turned to each other for support.

**BODY POSITIVE** was the name chosen for the group, firstly because it is a group for people who are "HIV anti-BODY POSITIVE". Secondly, because the purpose of **BODY POSITIVE** is to encourage positive living. Through helping each other, people living with HIV can transform their anxieties and fears into a force for life and health.

This is the major part of **BODY POSITIVE**'s philosophy. And it has proved extremely powerful in helping people to overcome fear; in bringing hope and comfort; and in providing practical help.

Today, **BODY POSITIVE** is a large organisation involving hundreds of people and volunteers and employing eighteen staff.

**ALL THIS WORK COSTS MONEY, AND BODY POSITIVE NEEDS T**



# WHAT DOES BODY POSITIVE DO

## **BODY POSITIVE PROVIDES EMOTIONAL SUPPORT, INFORMATION AND PRACTICAL HELP FOR EVERYONE AFFECTED BY HIV OR AIDS**

Also, BODY POSITIVE provides a lot of practical help and services to people in need. In particular:

- A regular free **NEWSLETTER**, with news, views and health issues for people with HIV.
- A **HELP LINE**, for HIV positive people to speak to HIV positive counsellors.
- A **DROP-IN CENTRE**, where hundreds of people come every week for all kinds of help and advice, and for social contact.
- A **HARDSHIP FUND**, helping HIV positive men, women and children in need with clothing, bills and household equipment.
- **TRAINING WEEKENDS**: HIV positive people helping others to learn about HIV and AIDS from a personal point of view.
- **SUPPORT GROUPS** for people throughout London, those newly diagnosed, women and young people.
- **HOSPITAL VISITING** and support for **PEOPLE IN PRISON**.
- **THEATRE GROUP**

**○ FIND £500,000 EVERY YEAR TO PROVIDE THESE SERVICES.**



**YOUR DONATION  
IS NEEDED,  
IS APPRECIATED,  
AND IS USED TO  
THE FULLEST BENEFIT.**

**CREDIT CARDS ACCEPTED.**

**THANK YOU**

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