

Helpline / Body Positive.

Contributors

Body Positive (London, England)

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HELPLINE - HELPLINE

Body Positive
Helpline

071-373 9124

Daily 7pm-10pm

A support line answered by
men and women who are
themselves HIV positive.

BODY POSITIVE

A SELF-HELP GROUP FOR PEOPLE AFFECTED BY HIV AND AIDS

A DROP-IN CENTRE FOR PEOPLE AFFECTED BY HIV AND AIDS

Open for daytime drop-in Monday to Friday 11am to 5pm.

Monday and Friday evenings open until 9pm.

Sundays 11am to 5pm.

The centre is open for people to drop-in, make a cup of tea (free of charge), watch TV, do their washing (free of charge), or browse around the library and read a book. Lunch is available everyday, from 12.30 - 2.30pm, at a reasonable price.

Available at the centre are:

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| ■ Social services advice sessions | ■ Young people's positive group |
| ■ Welfare rights advice sessions | ■ Women's evenings Tuesday 6-9pm |
| ■ Health advice | ■ Legal advice sessions |
| ■ Aromatherapy & accupuncture | ■ Advice and counselling on drugs |
| ■ Meditation and Shiatsu | ■ Spanish speakers' group |

A FORTNIGHTLY NEWSLETTER

A regular source of information and support which is sent free of charge to over 3,000 individuals. For people who have difficulties with reading the Newsletter is available on cassette.

BODY POSITIVE ALSO PROVIDES

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| ■ A hospital visiting service | ■ Weekend workshops |
| ■ Prisoner's support group | ■ Theatre and drama workshops |
| ■ Support groups & regular social events | |

BODY POSITIVE DEPENDS ON DONATIONS
TO KEEP SERVICES GOING.

B O D Y P O S I T I V E
51B PHILBEACH GARDENS, LONDON SW5 9EB. TEL: 071-835 1045