

Body Positive Centre / Body Positive.

Contributors

Body Positive (London, England)

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BODY POSITIVE CENTRE

A drop-in centre for people affected by HIV and AIDS

The drop-in centre is based at 51b Philbeach Gardens, London SW5 9EB (nearest tube Earls Court, Warwick Road exit).

Opening Hours

- Monday and Friday 11am - 9pm
- Tuesday to Thursday 11am - 5pm
- Sunday 11am - 5pm

What the Centre offers

A living room for socialising and reading. A television room. An information room with a collection of material relating to HIV.

Free tea, coffee and biscuits are always available.

A hot lunch is served from 12.30pm to 2.30pm. On Monday and Friday evenings hot food is available until 9.00pm.

Laundry facilities are available free on those days that the centre is open. Times for last wash and dry are an hour and a half before the closing time of the centre.

Advice sessions

The following sessions are on offer at the drop-in centre

Advice & counselling on drugs	Monday	2.00 - 5.00pm
Legal advice (by appointment)	Monday	5.00 - 7.00pm
Social services	Tuesday	2.00 - 4.30pm
Health advice	Wednesday	2.00 - 4.00pm
Welfare benefits (alternate)	Thursday	2.00 - 4.00pm

If you require further information about these sessions, or to make an appointment, please call the Body Positive office on 071-835 1045.

Complementary health sessions and massage

For further details of these sessions see the B.P. Newsletter, or to book, call the office on 071-835 1045.

Transport service

For people who have difficulties with walking there is a transport service (four door car) available from Monday to Friday. To book please call the Body Positive office and ask for the transport service. The drop-in centre has a flight of 20 steps but is equipped with a stairlift.

Body Positive telephone numbers

Helpline:	071 373 9124 (7pm - 10pm every evening)
Office:	071 835 1045 (9.30am - 5.30pm. Mon - Fri)
Small grants:	071 370 1066 (answerphone)
Weekend bookings:	071 373 1287 (answerphone)

**BODY POSITIVE IS A SELF-HELP GROUP PROVIDING
INFORMATION AND SUPPORT FOR PEOPLE AFFECTED BY HIV**