

**Information : Body Positive, 51B Philbeach Gardens, Earls Court, London SW5 9EB.**

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Body Positive (London, England)

**Publication/Creation**

[1994?]

**Persistent URL**

<https://wellcomecollection.org/works/jqk27b8j>

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# INFORMATION

BODY POSITIVE • 51B PHILBEACH GARDENS • EARLS COURT • LONDON SW5 9EB

## **INFORMATION SERVICES**

Since its foundation in 1985, Body Positive has upheld the rights of people living with, and affected by, HIV/AIDS to have access to up to date, accurate information with a view to enabling people to take informed decisions about issues in their lives. This information is made available in a variety of ways:

### **AN INFORMATION ROOM**

based in the Body Positive centre, which stocks a wide variety of publications and books. The collection includes books, treatment and medical journals, an international newsletter collection, back issues of the Body Positive Newsletter, leaflets and directories. The collection is available for reference use only but a limited photocopying service is available. The information room is open and staffed during the following hours:

**Mon and Fri:** 11-9pm,  
**Sun, Tues, Weds and Thurs:** 11-5pm.

*The information room is also open during the women's only session on Tues 6-9pm*

If you are unable to come into the information room you are welcome to write or telephone, your request for information will receive prompt attention.

**Please call the Information Room  
direct on 071 835 1815**

## **LEAFLETS**

We offer a wide range of leaflets about the services and facilities that Body Positive offers. If these are unavailable to you please call the Information Room and we will post them out to you.

Opportunistic Infections leaflets have been produced that provide general background information on a number of infections and their treatment. If you would like copies of the leaflets, free of charge to individuals, please call the Information Room. For details of the full range of leaflets, call the Information Room.

## **SPEAKERS**

Body Positive has a number of committed volunteers who are able to talk to groups of people in schools, colleges, universities and also to professionals such as social workers, doctors etc about their personal experiences of living with HIV/AIDS. This is of importance in breaking down barriers and raising awareness.

## **OPEN MORNINGS**

are held every Thursday at the drop-in centre from 9.45 to 11am. They provide an introduction to Body Positive for workers in the field, people diagnosed as HIV positive and anyone interested in the issues around HIV/AIDS. A brief history of Body Positive, an outline of services offered, a guided tour of the centre, also time for coffee and an informal chat, is provided. An information pack is available for each visitor. **To book please call the BP Information Room.**

## **NEWSLETTER**

is a national publication written by and for people affected by HIV and AIDS. Its prime function is to reach people affected by HIV/AIDS who don't have easy access to organised support facilities and to counteract the isolation they might feel. Articles cover a wide range of topics from information on new drugs and treatments to personal experiences. It also carries features on welfare benefits, women's issues and information on alternative therapies. The Notice board section gives details of events, support groups and organisations across the country. The Newsletter also carries Personal Ads for those wishing to meet other people affected by HIV/AIDS. The Diary section keeps readers up to date with events at the BP London Drop-In Centre.

**The newsletter is available on cassette to anyone who has difficulties with reading.**

**If you would like to receive the Newsletter, please write to: N/L Mailing list, 51b Philbeach Gardens, London SW5 9EB or call the Information Room.**

## **TALKS AND SEMINARS**

A series of seminars on issues relating to HIV/AIDS is planned, for details please contact the Information Room or check the newsletter (see above).

**Body Positive** is a self-help organisation providing information and support to men, women and children affected by HIV and AIDS. It is a living network of people affected by HIV who came together in London in early 1985, and who began a range of projects with a national profile, which has represented a model for the development of similar projects throughout the United Kingdom.

**Body Positive**, as its name implies, seeks to transform the diagnosis of a life-threatening infection, a positive test for HIV antibodies, into positive views and actions about keeping healthy and living well.

**Body Positive** is committed to confidentiality, responding to users' comments, quality service and fair and equal access for all men, women and children affected by HIV or AIDS.



## **BODY POSITIVE**

### **TELEPHONE NUMBERS**

#### **BP OFFICE**

9.30-5.30 Monday to Friday.  
For general enquiries,  
BP Centre information and  
to book Therapies etc.

**071 835 1045**

Minicom available

#### **HELPLINE**

7-10pm every evening  
to talk to someone who is HIV+.

**071 373 9124**

#### **POSITIVE YOUTH**

Support groups, information  
and advice for people living with  
HIV under the age of 26

**071 373 7547**

#### **WOMEN'S GROUP**

Support groups, information  
and advice for women affected  
by HIV/AIDS.

**071 370 2051**

#### **SMALL GRANTS**

A hardship fund for people  
living with HIV/AIDS.

**071 370 1066**

#### **BP WEEKENDS**

Awareness / training weekends  
for anyone interested in,  
or affected by HIV/AIDS

**071 373 1287**

#### **INFORMATION ROOM**

**071 835 1815**

## **BODY POSITIVE**

**51b Phillbeach Gardens, London SW5 9EB**

**Telephone: 071 835 1045**

**Facsimile: 071 373 5237**

Registered Charity no 297823 • Registered Company no 2164911

Designed by Autumn Designs 0992 652066.

Printed by DS Print / Redesign 081 805 9585. 1/94