

Pen pal group : Body Positive, 51B Philbeach Gardens, Earls Court, London SW5 9EB.

Contributors

Body Positive (London, England)

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PEN PAL GROUP

BODY POSITIVE • 51B PHILBEACH GARDENS • EARLS COURT • LONDON SW5 9EB

BODY POSITIVE

PEN PAL GROUP

The Pen Pal group offers regular contact and support by writing to people affected by HIV/AIDS who may be experiencing isolation.

Strictest confidence is assured and expected from all pen-pals.

If you feel you could benefit from some support, contact:

**The Pen Pal Group
Body Positive
Freepost (SW 7041)
London
SW5 9YY**

Body Positive is committed to confidentiality, responding to users' comments, quality service and fair and equal access for all men and women affected by HIV or AIDS.

OTHER BP SERVICES

BODY POSITIVE NEWSLETTER

The Body Positive Newsletter is a national publication written by and for people affected by HIV and AIDS. Its prime function is to reach people affected by HIV/AIDS who don't have easy access to organised support facilities and to counteract the isolation they might feel.

Articles cover a wide range of topics from information on new drugs and treatments to personal experiences. It also carries features on welfare benefits, women's issues and information on alternative therapies.

The Noticeboard section gives details of events, support groups and organisations across the country. The Newsletter also carries Personal Ads for those wishing to meet other people affected by HIV/AIDS. The Diary section keeps readers up to date with events at the BP London Drop-In Centre.

If you would like to receive the Newsletter, or make a donation, please write to: **N/L Mailing Subscriptions, 51b Philbeach Gardens, London SW5 9EB.**

All information you give will be kept in the strictest confidence.

BODY POSITIVE HELPLINE

THE BODY POSITIVE HELPLINE is unique in that it is staffed entirely by men and women who are themselves HIV+.

Helpline operators receive training from Body Positive, but also share their own experiences to help callers who have concerns around HIV or who have particular problems that they need help with.

It is not an information line - it is an opportunity to talk to someone who is HIV+ and who understands the concerns and worries surrounding HIV from personal experience

**The Helpline operates from
7-10pm daily on**

071 373 9124

Any information you give will be kept strictly confidential. You do not have to be HIV+ to benefit from this service - our Helpline is open to anyone who is personally concerned about HIV or AIDS.

If you have any comments about the service please contact the office. If you have any complaints to make about the services that Body Positive offers please write to: The General Manager, c/o Body Positive.

Body Positive is a self-help organisation providing information and support to men, women and children affected by HIV and AIDS. It is a living network of people affected by HIV who came together in London in early 1985 and who began a range of projects with a national profile, which has represented a model for the development of similar projects throughout the United Kingdom.

Body Positive, as its name implies, seeks to transform the diagnosis of a life-threatening infection, a positive test for HIV antibodies, into positive views and actions about keeping healthy and living well.



BODY POSITIVE

TELEPHONE NUMBERS

BP OFFICE

9.30-5.30 Monday to Friday.
For general enquiries,
BP Centre information and
to book Therapies etc.

071 835 1045

Minicom available

HELPLINE

7-10pm every evening
to talk to someone who is HIV+.

071 373 9124

POSITIVE YOUTH

Support groups, information
and advice for people living with
HIV under the age of 26

071 373 7547

WOMEN'S GROUP

Support groups, information
and advice for women affected
by HIV/AIDS.

071 370 2051

SMALL GRANTS

A hardship fund for people
living with HIV/AIDS.

071 370 1066

BP WEEKENDS

Awareness / training weekends
for anyone interested in,
or affected by HIV/AIDS

071 373 1287

NATIONAL NETWORK

For details of Body Positive
Groups in the UK.

071 835 1045

BODY POSITIVE

51b Phillbeach Gardens, London SW5 9EB

Telephone: 071 835 1045

Facsimile: 071 373 5237

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