# Accessibility : Body Positive, 51B Philbeach Gardens, Earls Court, London SW5 9EB.

### Contributors

Body Positive (London, England)

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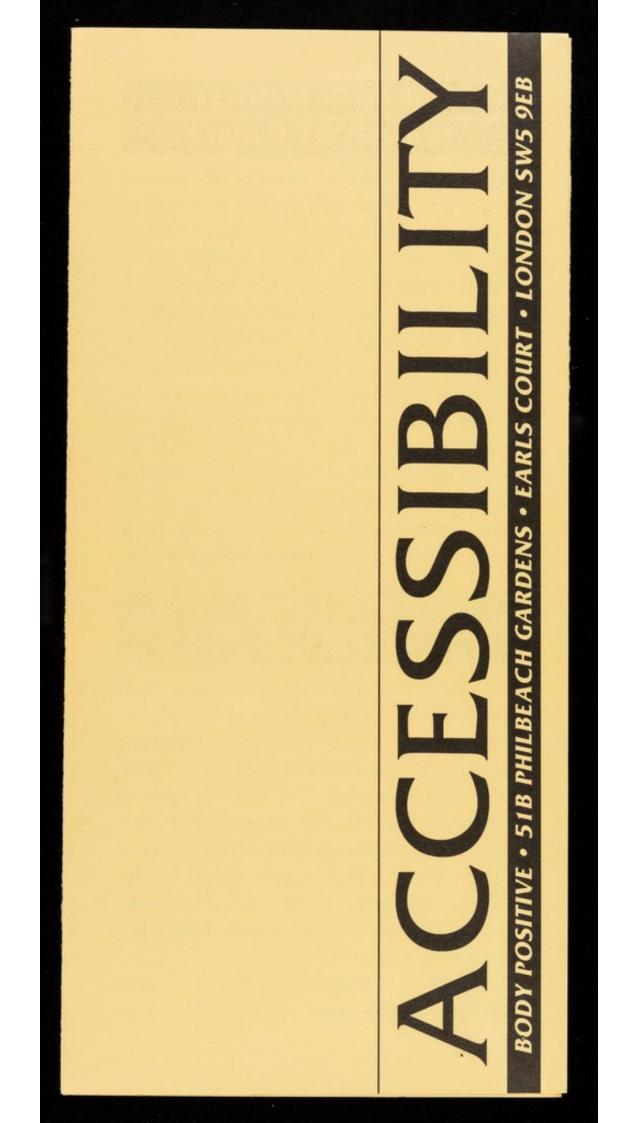
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## THE BODY POSITIVE TRANSPORT SERVICE

is designed to meet the needs of HIV positive people with difficulties in walking who wish to use the drop-in centre. The Body Positive transport service is free of charge and is available: Monday - Friday I I am - 5pm

The service is operated entirely by volunteer drivers and availability of the service cannot always be guaranteed. Advance booking is desirable, preferably 24 hours notice. In time of heavy demand priority may be given to shorter journeys.

Wheelchairs can be carried in the car. Drivers are trained to assist you in and out of the car. To book transport, please telephone the Body Positive office and ask for the Transport Service.

## THE BODY POSITIVE

### CENTRE

has a flight of 20 steps at the entrance but is equipped with a stair lift. When you come to the centre, you will see a reception table and a volunteer to welcome you. You do not have to introduce yourself. You are welcome to just come and use the facilities. We have wheel chairs available for use in the centre and a chair lift to enable people to get to the massage, meeting rooms and information room. The toilets in the drop-in centre are wheel chair accessible.

There is a main area offering free tea, coffee and biscuits. Hot meals are served between 12.30-2.30pm. Food is often available outside of these times. There is a TV room, an information room and a garden. There is also a self service laundry during opening hours. For details about opening hours or how to get to the centre see opposite.

## THE BODY POSITIVE NEWSLETTER

is a national publication written by and for people affected by HIV and AIDS. Its prime function is to reach people affected by HIV/AIDS without easy access to organised support facilities. Articles cover a wide range of topics from information on new drugs and treatments to personal experiences.

The Noticeboard section gives details of events, support groups and organisations across the country. The Diary section keeps readers up to date with events at the BP London Drop-In Centre.

For those who have difficulty in reading, or are without sight, the newsletter is available on cassette. If you would like to receive the Newsletter on cassette please write to: N/L Mailing, 51b Philbeach Gardens, London SW5 9EB or telephone the office.

### MINICOM

For those with difficulties in hearing we have a minicom available in the office. If you need information about Body Positive or have an enquiry please call the office number.

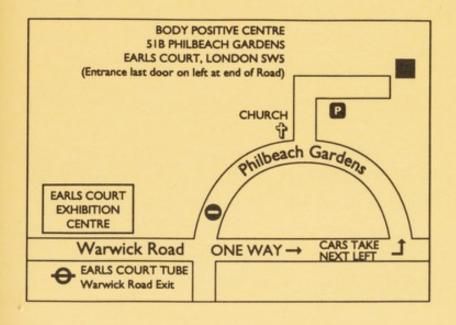
# WHEN IS THE CENTRE OPEN?

SUNDAY	llam- 5pm
MONDAY	llam- 9pm
TUESDAY	llam- 5pm
	6pm - 9pm for women only
WEDNESDAY	llam- 5pm
THURSDAY	llam- 5pm
FRIDAY	llam- 9pm

# HOW TO GET TO THE CENTRE

If you are unwell or have mobility difficulty we can help with transport to the centre. For details please see opposite or call the office 071 835 1045.

There are steps down to the centre but there is a stairlift



**Body Positive** is a self-help organisation providing information and support to men, women and children affected by HIV and AIDS. It is a living network of people affected by HIV who came together in London in early 1985, and who began a range of projects with a national profile, which has represented a model for the development of similar projects throughout the United Kingdom.

**Body Positive**, as its name implies, seeks to transform the diagnosis of a life-threatening infection, a positive test for HIV antibodies, into positive views and actions about keeping healthy and living well.

**Body Positive,** is committed to confidentiality, responding to users' comments, quality service and fair and equal access for all men, women and children affected by HIV or AIDS.

**BODY POSITIVE TELEPHONE NUMBERS** 

**BP OFFICE** 9.30-5.30 Monday to Friday. For general enquiries, BP Centre information and to book Therapies etc.

071 835 1045 Minicom available

HELPLINE 7-10pm every evening to talk to someone who is HIV+.

071 373 7547

071 370 2051

071 373 9124

Support groups, information and advice for people living with HIV under the age of 26

**POSITIVE YOUTH** 

WOMEN'S GROUP Support groups, information and advice for women affected by HIV/AIDS.

SMALL GRANTS A hardship fund for people living with HIV/AIDS.

071 373 1287

071 370 1066

**BP WEEKENDS** Awareness / training weekends for anyone interested in, or affected by HIV/AIDS

071 835 1815 INFORMATION ROOM

## **BODY POSITIVE**

51b Philbeach Gardens, London SW5 9EB Telephone: 071 835 1045 Facsimile: 071 373 5237

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