

Young leaders : you know you : be streetwise, be sexwise / Terrence Higgins Trust.

Contributors

Terrence Higgins Trust

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Young Leaders

Terrence
HIGGINS
TRUST



you know you

Be streetwise,
be sexwise.



You can make a difference

Terrence Higgins Trust Young Leaders project is recruiting a new board of young people. You will be responsible for deciding how best to educate your friends and peers about sex and relationships. Since launching the project in 2007 we have supported 100 groups of young people to develop and run their own sex and relationship education projects. To do this the Young Leaders have awarded over £90,000.

Why do we need your help?

Young people in the UK experience poor sexual health. Young people report that the education they currently receive needs to improve because it's too biological, starts too late and does not look at the skills needed to manage relationships, or the feelings and emotions that we experience in relationships. Young people also say that they would like sex and relationship education to be more relevant to their lives. This is why the Young Leaders project puts young people in control.

Who's behind this?

Terrence Higgins Trust, the country's largest sexual health charity runs the Young Leaders project and has launched the 'You Know You' campaign to invite young people to get involved. The aim is to help deal with the rise in sexually transmitted infections in young people. The Big Lottery Fund has given a grant to run the project. So Terrence Higgins Trust has the money and the experience, all we are looking for now are the people to join our third Young Leaders board.

What are we asking you to do?

Your mission is to support young people in your community to create and run their own education projects on relationships and sexual health. You will also decide who receives a grant to run their project. There are seven boards being set up around England. We need 12 young people to sit on the board in each of the regions.

What will you get out of it?

- * You'll get comprehensive training on relationships, sex and sexual health.
- * You'll receive training on teamwork and communication skills.
- * The opportunity to receive a recognised accreditation.
- * A chance to work with like-minded people.
- * A great thing to put on your CV.
- * A chance to attend a residential and meet Young Leaders from across the country.
- * Take part in the Young Leaders Annual Conference.
- * Take part in regional events such as World AIDS Day, youth conferences and training activities.



How do you get involved?

First you need to get in touch with Terrence Higgins Trust by visiting www.tht.org.uk/youknowyou or contact your regional Participation Officer. We're looking for young people aged 13-19 (although if you are a little bit older you could still get involved). You can have a little, some or a lot of experience running projects like this – it really doesn't matter. You just need to be prepared to talk, learn and share your knowledge and views about sex and relationship education with other young people.

Is it right for you?

To help you decide if you have the time and commitment to get involved in the Young Leaders project we will be holding recruitment events in each region. The recruitment event will help you decide if the project is for you or not. The details of the recruitment events will be on the website or you can call your local Terrence Higgins Trust office and speak to your local Participation Officer.

www.tht.org.uk/youknowyou

Think you know you?

You know how you would like to learn. Become a Young Leader and help distribute money to support creative sex and relationship education projects. Help to support projects for young people to learn about relationships, emotions, pregnancy, contraception, changes in the body and sexually transmitted infections in the way that they want. You can gain an accreditation in the process and be part of something that will change the way that young people learn.



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The HIV and sexual health charity for life

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