

AIDS and safer sex ... : AIDS and safer drugs / The Terrence Higgins Trust.

Contributors

Terrence Higgins Trust

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AIDS and Safer Sex

Whether you are heterosexual, homosexual or bisexual, safer sex will protect you.

What is safer sex?

Safer sex does not mean no more sex. . .
but it does mean changing the ways you have sex.

So, Avoid any contact with your partner's semen or blood.
Have sex where you don't come inside your partner's body.
If you **do** want to come inside your partner, male or female,
the risk may be reduced by using a condom.

If you want a man to come inside you,
a condom may reduce your risk.

Getting pregnant is risky for you and your unborn child.
Safer sex is the only protection from these dangers.

VISTEL 01-405 2463 7pm-10pm DAILY

FOR THE DEAF AND THE HARD OF HEARING



AIDS and Safer Drugs

The best protection is no injection, but if you still inject,
here's how to reduce your risk.

Try to use a clean set of works every time.

Keep your works safe,
don't mix them up with other people's works.

When you've finished with your works, destroy them and dispose
of them properly so that they can't be used by anyone else.

Never share your works with anyone else,
even partners or close friends.

Don't leave your works around
where people can get accidentally stabbed.

Don't mix your fix in a spoon someone else has used
or flush out works with water someone else has used.

DON'T TAKE RISKS.



HELPLINE 01-242 1010 3pm - 10pm DAILY

INFORMATION, ADVICE AND HELP FOR EVERYONE