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## Contributors

**Terrence Higgins Trust** 

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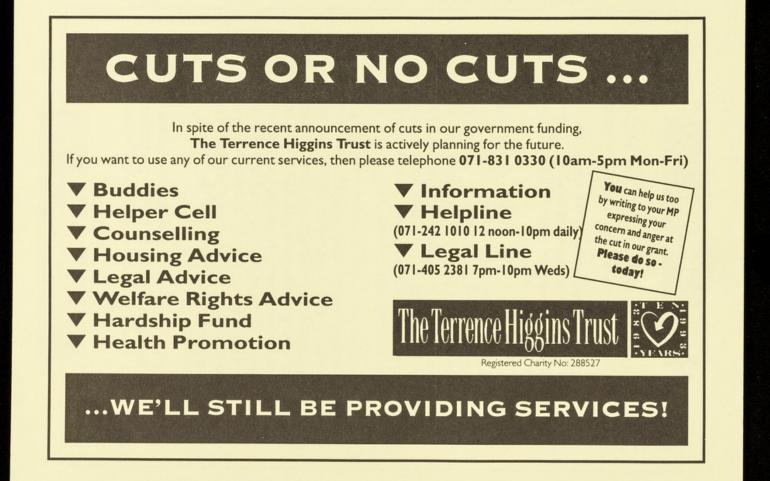
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# MAKING INFORMED CHOICES

THE TRUST'S POSITION REGARDING ZIDOVUDINE (AZT)

F ollowing the reporting of the Concorde Trial, this statement is intended to clarify the Trust's position on the benefit or otherwise of Zidovudine (AZT) for people with HIV.

It has always been the Trust's intention to support people to make their own decisions about important issues like HIV testing and/or drug treatments. As such, the Trust has never aimed to promote HIV testing or any specific drug treatment believing that, in each instance, it is always a matter for the individual. This is still our position, and we continue to lobby for access to confidential testing and improved treatments and services.

A new series of information booklets on testing, treatment issues and treatment issues for women are currently being written and will be published by the Trust in the Autumn. These will restate our position: that the prospect of early intervention with AZT is not a sufficient reason alone to consider HIV testing, and that the risk of possible side effects may well outweigh any benefit of taking it if you are well with HIV; and that AZT, amongst other commercial drugs and alternative therapies, is still worth considering if you are ill with HIV or have developed AIDS.

If you have any worries or concerns about drug treatments in general or AZT in particular then please discuss them with your Doctor.

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