

Weapon of mass protection : every 6 seconds someone is infected with HIV : You've heard of AIDS. You've heard of HIV. Think you're not at risk? Are you positive? / Staying alive, www.staying-alive.org.

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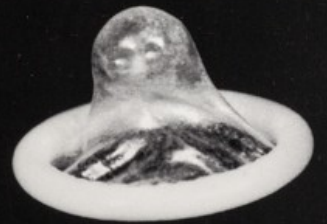
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WEAPON OF MASS PROTECTION



EVERY 6 SECONDS SOMEONE
IS INFECTED WITH **HIV**

 **staying alive**
www.staying-alive.org

You've heard of HIV. You've heard of AIDS. Think you're not at risk? **Are you positive?**

Unprotected sex is the most common mode of transmission for HIV, the virus that causes AIDS. If you're sexually active, unprotected sex can put you at risk of being infected with HIV...

Protect yourself and those you love

Use a Condom

If you are sexually active, latex and polyurethane condoms can protect you and your partner from HIV, many sexually transmitted infections (STIs) and unintended pregnancy. If you're having sex, your safest bet is using a condom each and every time. Think about it: when you are having sex, ultimately you are having sex with everyone your partner has ever slept with.

Not now

It may seem like everybody is having sex, but they're not. And there's nothing wrong with not having it. There are safe ways of being intimate and expressing love without having sexual intercourse – kissing, massages, get creative! Not having sex is the only form of protection that can totally protect you from HIV, STIs and unintended pregnancy.

Choosing not to have sex doesn't mean that you're never going to do it. Maybe you're not ready yet, or just want to take a break. Or maybe you forgot the condoms and your partner did too – skip the sex and find other ways to make each other feel good.

1:1

You've met the ideal person, you've both been tested for HIV and other STIs and you know each other's results. You trust each other to stay faithful. Commit to having sex with no one else but each other.

It's pretty simple...

You get HIV if an infected partner's bodily fluids, including pre-cum, semen, and vaginal secretions enter your blood stream through cuts in your body, (including the ones that you might not see), or while sharing injecting drug, tattoo or piercing needles with a person who is infected. If you think you may have been exposed to HIV, go get tested. Knowing your HIV status can help preserve your health in the long run.

There is no cure, but there are ways to Stay Alive.

BE WELL INFORMED visit www.staying-alive.org or call 0800 567 123 for 24-hour confidential advice on safer sex, HIV and AIDS

07/04

50,000 people in the UK are living with **HIV** and **AIDS**

16,000 people worldwide are infected with **HIV** every day, more than half of them are young people between the ages of 15–25

1 in 3 people in the UK infected with **HIV**, don't know it

get **informed**: visit www.staying-alive.org or call 0800 567 123
for 24-hour confidential advice on safer sex, HIV and AIDS

