

Feel like starting over? : close talking : taking the time to talk about how you feel / Axis, C.L.A.S.H., Rubberstuffers.

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Close
talking

Feel like
starting over?

axis



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Taking the time to
talk about how you feel

Feel like starting over?

If you have fucked without condoms then you might be very worried about HIV. If this happens it might be a good time to think about why you didn't use condoms and how you can stop this from happening in the future. You might want to talk to a health adviser, who may be able to give helpful advice on making your sex safer in the future. You might also think about testing for HIV – although this will be totally your choice. Also, try talking to your friends. You'd be surprised how many gay men go through the same things as you. You might be able to give each other hints at avoiding risky situations and you will feel a lot better once you talk.

Having unprotected sex with someone once is not a good reason for abandoning condoms in the future. The more times you have unprotected sex the more you are at risk from HIV, so it's never too late to start using condoms.

**Close
talking**

axis

Axis is the GUM clinic especially for gay men under 26.

Axis is open Thursday evenings (7-9pm).

Take time to talk and make an appointment or drop in.

Axis @ Mortimer Market Centre
(off) Capper Street, London WC1 6AU

T: +44 (0)171 530 5050



CLASH outreach workers are close at hand in venues.

rubberstuffers

Rubberstuffers packs are free on the gay scene in London.

Will you talk with him about HIV or will you just use one?

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... with your boyfriend, friends, family,
health advisers
... to make you feel better, safer
and happier