

Do you do it with your friends? : close talking : taking the time to talk about how you feel / Axis, C.L.A.S.H., Rubberstuffers.

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Close
talking

axis

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Do you do it with your
friends?

Taking the time to
talk about how you feel

Do you do it with your
friends?

Do you talk to your partners and friends about any worries you might have about HIV, the sex you are having or about gay life in general? Friends are often a good source of practical advice and if you talk you may be surprised just how many go through the same things as you. You may also be able to help them talk about their worries.

It's important to talk because talking is how we can sort out problems in our head and make sense of things. If you feel you can't talk to your friends then you could try talking to a health adviser at Axis or a gay switchboard.



Design: Fly T: 0181 943 3355

axis

Axis is the GUM clinic especially for gay men under 26.

Axis is open Thursday evenings (7-9pm).

Take time to talk and make an appointment or drop in.

Axis @ Mortimer Market Centre

(off) Capper Street, London WC1 6AU

T: +44 (0)171 530 5050



CLASH outreach workers are close at hand in venues.

rubberstuffers

Rubberstuffers packs are free on the gay scene in London.

Will you talk with him about HIV or will you just use one?

Rubberstuffers, Richard House

32 Mortimer Street, London W1N 7RA

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... with your boyfriend, friends, family,
health advisers

... to make you feel better, safer
and happier