

How to use Durex condoms / produced by LRC Products Ltd., Durex Information Service for Sexual Health.

Contributors

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How To Use **durex**™ CONDOMS

Gossamer™

Safe Play™

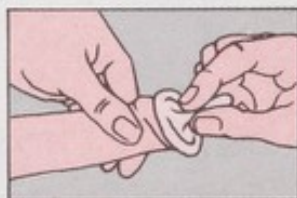
EXTRA STRONG FETHERLITE™ ELITE™ AROUSER™ extra safe GOLD™ ALLERGY

1 OPEN



Tear the foil along one short side, but make sure you don't rip the condom inside. Squeeze the other side and the condom will slip out. Be careful, sharp fingernails can damage condoms.

2 PUTTING ON



Put the condom on before there is any contact between your penis and the vaginal area. Place the rolled condom on the end of your penis, which should be hard and erect. Squeeze the closed end between your thumb and forefinger to expel most of the air. Using your other hand gently unroll the condom down the full length of your penis, still squeezing the closed end.

3 DURING SEX

Make sure the condom stays in place. If it rolls up, unroll it back into place. If it comes off completely a new one must be put on before sex continues.

4 AFTER



The penis must be withdrawn soon after cumming because it will go soft quickly and sperm could leak from the condom. Hold the condom firmly in place at the base of the penis, keeping the condom and penis clear from your partner's body.

5 DISPOSAL



Wrap the condom in a tissue and dispose of it hygienically (not down the toilet).
REMEMBER - NEVER USE A CONDOM MORE THAN ONCE.

IMPORTANT

1. Condoms used correctly, offer a high degree of protection against unwanted pregnancy and sexually transmitted diseases. They also act as a barrier to the sexual transmission of the viruses linked to herpes, hepatitis, AIDS and cervical cancer.
2. Wearing a condom can be fun and needn't be treated as an interruption to lovemaking. Why not let your partner put the condom on for you?
3. Some medications and household lubricants (oil based creams or lotions, petroleum jelly) which are applied to either the penis or vagina can damage the condom.
4. All Durex packs have a "not to be used after" date. If your condoms have passed this date throw them away and get new ones.

durex™

Produced by LRC Products Ltd.

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