

**Condoms / lube : the best combination therapy / New Zealand AIDS Foundation.**

**Publication/Creation**

[between 1995 and 2005?]

**Persistent URL**

<https://wellcomecollection.org/works/c6a72qnc>

**License and attribution**

Conditions of use: it is possible this item is protected by copyright and/or related rights. You are free to use this item in any way that is permitted by the copyright and related rights legislation that applies to your use. For other uses you need to obtain permission from the rights-holder(s).

**wellcome  
collection**

Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
<https://wellcomecollection.org>

The new drug treatments aren't a cure for HIV. For some people they keep the virus in check and improve their quality of life. But, combination drug therapy is hard to keep to and doesn't work for everyone.

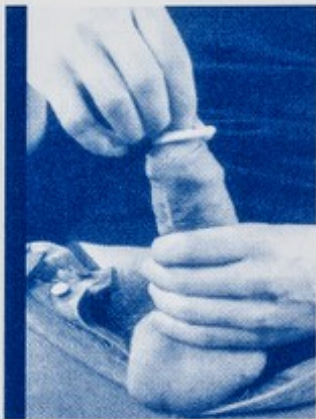
**The bottom line is condoms do stop HIV.**

**condoms / lube**

**the best  
combination  
therapy**

**Bottom line**





OPEN PACKAGE CAREFULLY—don't tear the condom. Testing the condom will only make it weak. Do not unroll it until you put it on.



1. Put a drop of water-based lube inside the tip of the condom. This will make the cock feel better during sex. Be sure the shaft of the cock is free of lubricant. This will help to keep the condom from slipping off.

2. Squeeze any air out of the tip of the condom.

3. Put the condom against the head of the erect cock.

4. Roll the condom all the way down to the base of the cock.

5. Hold on to the base of the condom when pulling out.

**Remember:**  
**always use water-based lube.**

NEW ZEALAND  
AIDS FOUNDATION  
TE TŪĀPAPA MATE  
ĀRAIKORE O  
AOTEAROA

**Bottom line**