

The Terrence Higgins Trust & Rubberstuffers, 0171-278 0508 : condoms are fucking safer.

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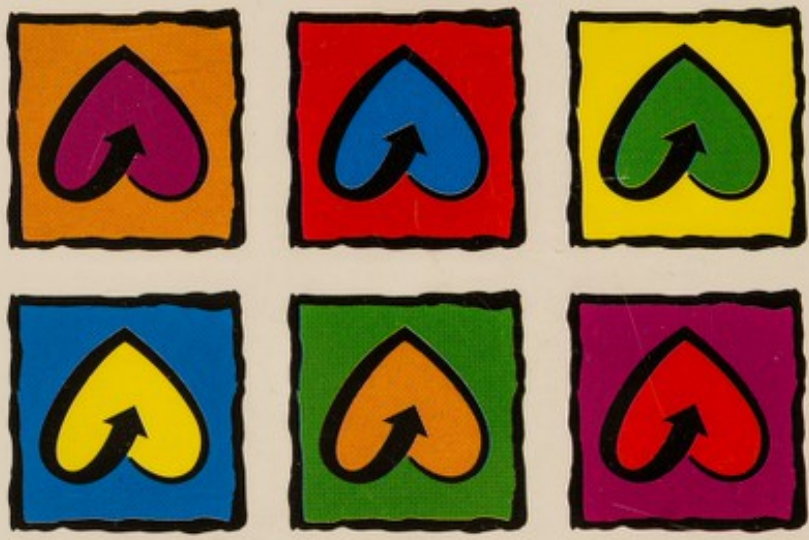
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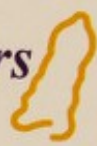
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CONDOMS ARE FUCKING SAFER

The main risk of transmitting **HIV**, the virus that can cause **AIDS**, is through fucking or being fucked. This is because the virus can easily get into your body through the sensitive linings of your arse or your dick. You can cut down the risks in fucking by using condoms as long as they are good quality and used properly.

CONDOMS

When choosing condoms look out for thicker or stronger condoms with the British Standard 'Kitemark'. Check the sell by date and store them away from hot or damp places. Remember to avoid oil-based lubes such as 'Vaseline' or 'Crisco' as the oil weakens the rubber. Never use a condom more than once.

1



Remember to use thicker or stronger condoms with the British Standard 'Kitemark'. Open the packet carefully, not with your teeth.

2



Press air out of the tip and unroll the condom all the way down the hard cock. If you are uncircumcised remember to pull back the foreskin before putting the condom on.

3



Lube up with lots of water-based lubricant (such as KY, Wet Stuff) on the condom and up the arse.

4



Whilst fucking, from time to time check to see if the condom is still in one piece and when you withdraw hold the condom tight to the base of your cock.

If you've never used condoms before, or not used them for a while, try practicing on your own first. That way you'll feel more confident - and better at it - when you use condoms for real.

Enjoy Safer Sex

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NAME

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