

**Bag it / The Metro (formerly GLGC), Bexley and Greenwich Health.**

**Contributors**

Metro Centre (Greenwich, London, England)  
Bexley and Greenwich Health Authority

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..always use a condom  
and water based lube.

The Metro,  
a lesbian, gay, and bisexual centre,  
formerly Greenwich Lesbian & Gay Centre.  
tel: (081) 316 5954

The Metro (formerly GIGC)



it's  
SAFE  
♥

Bexley and Greenwich Health

76/9  
Bexley and Greenwich Health's  
HIV Prevention Team can be contacted  
on 081 859 6372 (Greenwich)  
and 081 316 5954 (Bexley)

When fucking...



## Contents

One of the three condoms recommended for anal sex, HT-Special, Durex Ultra Strong, Mates Super Strong, and a water based lube.

### Services for people living with HIV and their carers

HIV Nurse Specialists  
Helen White (Bexley) 081 309 6611  
John Quirk (Greenwich) 081 319 1991  
Coordinate home medical care

David Joad (Greenwich) 081 854 5229  
Helen, Liz or Barbara (Bexley)  
numbers below  
Support and advice for people living  
with HIV and their carers

Sarah, Women in Greenwich (at  
Positive Place, Deptford)  
081 316 5965

An afternoon of services for HIV  
positive women, children and their  
carers

### Prevention work with gay and bisexual men

Mike, The Metro  
081 316 5954  
Advice, information and support on  
safer sex, free condoms and lube

Mark, Bexley and Greenwich Health  
Promotion  
0956 218150 or 081 859 6372  
Advice etc as above

Tarun, Greenwich Health Projects  
081 854 2966  
Work with Asian men

### Counselling, testing and treatment

GUM Clinic (Greenwich)  
081 312 6056/6051  
Confidential testing treatment,  
advice and counselling for HIV/AIDS  
and other STDs

HIV Counsellor (Bexley)  
Barbara Plum 081 298 1071  
Provides HIV counselling, testing,  
condoms and clean works

### Prevention work with lesbians and bisexual women

For further information contact:

Sakthi, The Metro  
081 316 5954

Sarah, Women in Greenwich  
081 316 5965

### Drug/substance misuse services

Beresford Project (Greenwich) 081  
854 9518  
Signpost (Bexley) 081 319 8632  
Counselling, support and advice on  
drugs and alcohol

Needle Exchanges  
For further information:  
Bexley 081 319 8632  
Greenwich 0800 44 77 55 or 081 854  
9518

### Services for black and ethnic minority communities

For further information on the range  
of services contact:

Chetan, Bexley and Greenwich Health  
Promotion  
081 859 6372

### Local Authority services

Liz Day (Bexley) 081 303 7777  
Andy Smart (Greenwich) 081 854 8888  
Information on Local Authority  
services

### Services for young people

Greenwich and Bexley Council on  
Alcohol  
Young Peoples HIV/Alcohol Project  
081 855 7673  
Information, advice and drop-in for  
young people