

HIV test, in control of health, start treatment on time : No HIV test, become ill, in hospital with AIDS / GMFA.

Contributors

Gay Men Fighting AIDS (Organization)

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HIV test

In control of health

Start treatment in time

No HIV test

Become ill

In hospital with AIDS

GMFA
the gay men's health charity

One third of HIV-positive gay men don't know they have HIV

**If you know you have HIV, you can make informed decisions
about your health, the sex you have and your future.**

- **An HIV test could give you the knowledge you need to
stay healthy**

One in four HIV-positive gay men are diagnosed late when HIV has already seriously damaged their immune system.

If you are diagnosed early you can start treatment before this happens. This makes it more likely you'll live longer and enjoy better health.

- **An HIV test could help you to take care of your sexual
partners**

About one in four gay men with HIV believe they were infected during sex with a regular partner.

Knowing your HIV status will help you to make choices about your own sexual safety and the safety of your partners.

- **An HIV test won't change your HIV status, but it could
help you to get on with your life**

If you don't test and are HIV-positive, you will probably find out when you become ill. Taking a test means taking control of when you find out.

**There are now HIV tests that can detect HIV
one month after infection.**

Know your HIV status

**Find your nearest HIV testing clinic and more
information at www.gmfa.org.uk/testing**

Helpline: THT Direct, Gay Sexual Health 020 7998 4164