Honesty is the best policy / GMFA.

Contributors

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Honesty is the best policy

The great thing about gay relationships is the opportunity to dump all that shit that you were taught as a kid. You know the sort of thing. You've debunked a lot of society's expectations - your partner being a woman is just one one of them. Feel free to make other choices.

But, to be monogamous or not?

To lie and cheat, or tell the truth? How many of us can say that we're always honest to our partners, or never avoid asking painful questions? **Communication** is the key to success.

But what if you and your partner are not using condoms? What if one of you cheats and you don't use a condom with a casual shag, or it breaks? Or you take it up the butt on the Heath and can't see if he's wearing a condom or not? If you're not sure the sex outside of your relationship has been safe enough, but you still don't use condoms with your boyfriend, how much do you care for him?

Scared of losing him when the truth is outed? Scared of having HIV and of giving it to him?

An open relationship based on respect needs to have ways of coping with slip-ups. **Talk** openly and honestly. **Listen** without judgement or threat. Return to condom use after a lapse and then consider testing - your lives may depend on it.

For more information about safer sex visit our website at www.demon.co.uk/gmfa

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