

Low viral load doesn't mean no risk : if you are HIV-positivve, you can still pass the virus on even if your viral load is low / Gay Men's Team, Camden Primary Care Trust Health Promotion Service.

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**LOW VIRAL LOAD
DOESN'T MEAN
NO RISK**

If you are HIV-positive, you can still pass the virus on even if your viral load is low.

The **viral load test** measures the concentration of HIV in your blood. The lower your viral load, the less virus you have in your blood.

BUT

A low viral load – below 10,000 – does not necessarily mean that you also have a low concentration of the virus in your semen.

An **undetectable** viral load – below 50 (or below 400 if your clinic is using an older form of the viral load test) – is very good news indeed for your general health.

BUT

It doesn't mean that you have no HIV in your body. It only means that the test cannot detect any virus in your blood.

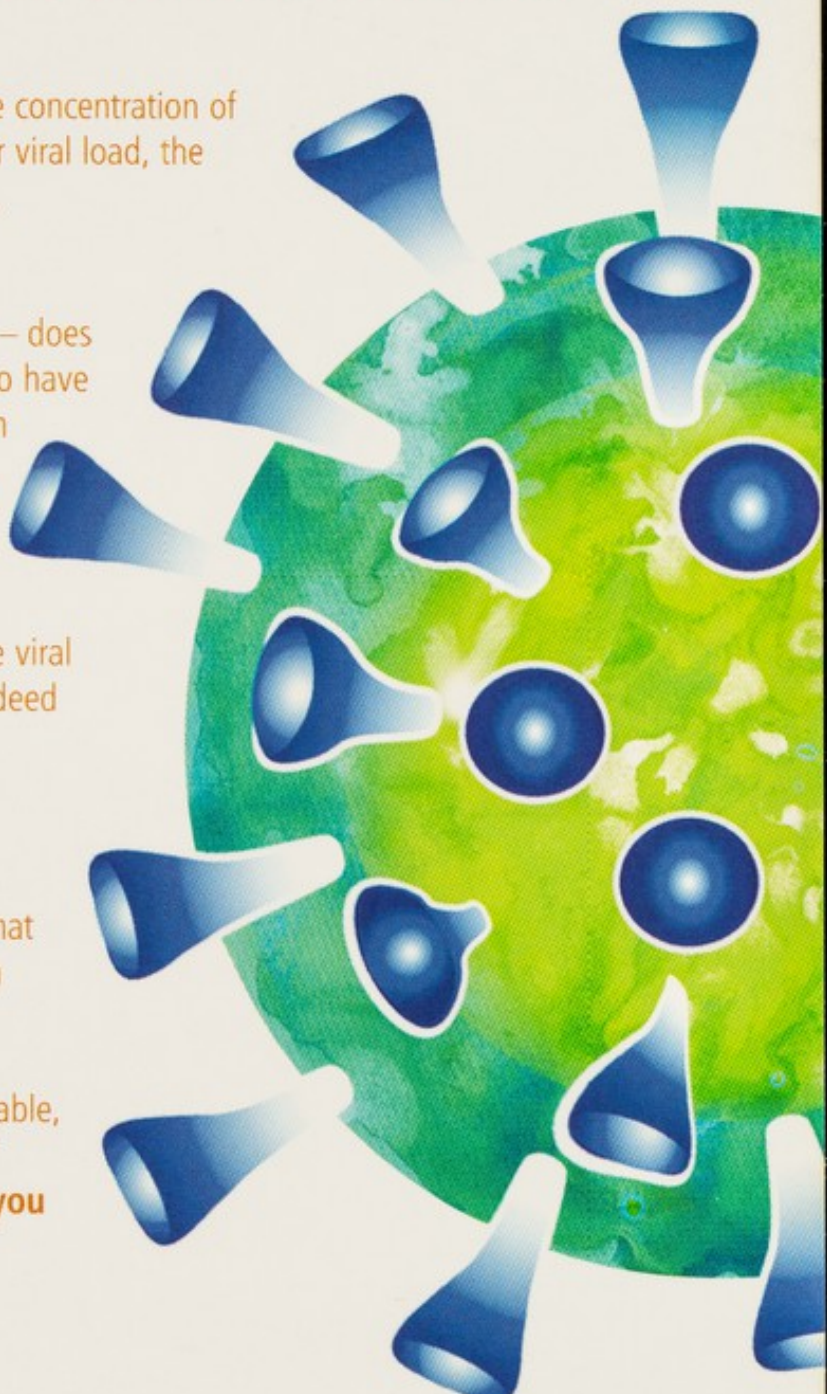
Even if your viral load is undetectable, you could still pass the virus on if you don't **use condoms when you have sex.**

www.metromate.co.uk

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