

Choose safer sex : STDs : sexually transmitted diseases / Health Education Authority ; photography by Cameron Spencer.

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**CHOOSE
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STDs - SEXUALLY TRANSMITTED DISEASES

Whilst it is understandable that a lot of attention has been placed on HIV & AIDS and the importance of safer sex, sometimes people can forget that there is a whole range of other infections or STDs that exist. HEP B and Herpes can be quite dangerous. However, the good news is that most STDs can be easily treated. The golden rule is that if you notice any possible signs or symptoms, get them treated as soon as possible. Generally the earlier that they are seen the easier they are to treat. For HEP B there is also a FREE VACCINATION available which can protect you against ever getting it. Ring one of the lines below and they will be able to tell you where your local STD clinic is (sometimes called GUM - Genito Urinary Medicine Clinic).

HELPLINES

Terrence Higgins Trust - **0171 242 1010**
London Lesbian & Gay Switchboard - **0171 837 7324**
National AIDS Helpline (NAH) - **0800 567 123**
(Minicom 10am-10pm - **0800 521 361**)
(NAH also run different language lines)



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