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SM safety hints & tips

SM play is about Power, Control, Domination, Submission, Pain, Pleasure and Fantasy.

It's not about abuse.

Be honest about your experiences, it will make for a better scene. Always arrange a stop word before you start the scene. Make sure he understands the Stop word; a good one is your own name.

TRUST your feelings.

Drugs and drink will lower your inhibitions and can lead to unsafe sex.

Always try to let someone know who you are going home with. Even if this is a bluff - let him think that someone knows where you are. Leave a message on your own or a friend's answer machine.

Don't be afraid to put it off until another day. If it is going to be good, it won't be any less exciting a few days later.

NOW GO AND HAVE SOME FUN!

For more information about safer sex visit our website at www.demon.co.uk/gmfa

