Lunar calendar : is it worth taking the test? / GMFA.

Contributors

Gay Men Fighting AIDS (Organization)

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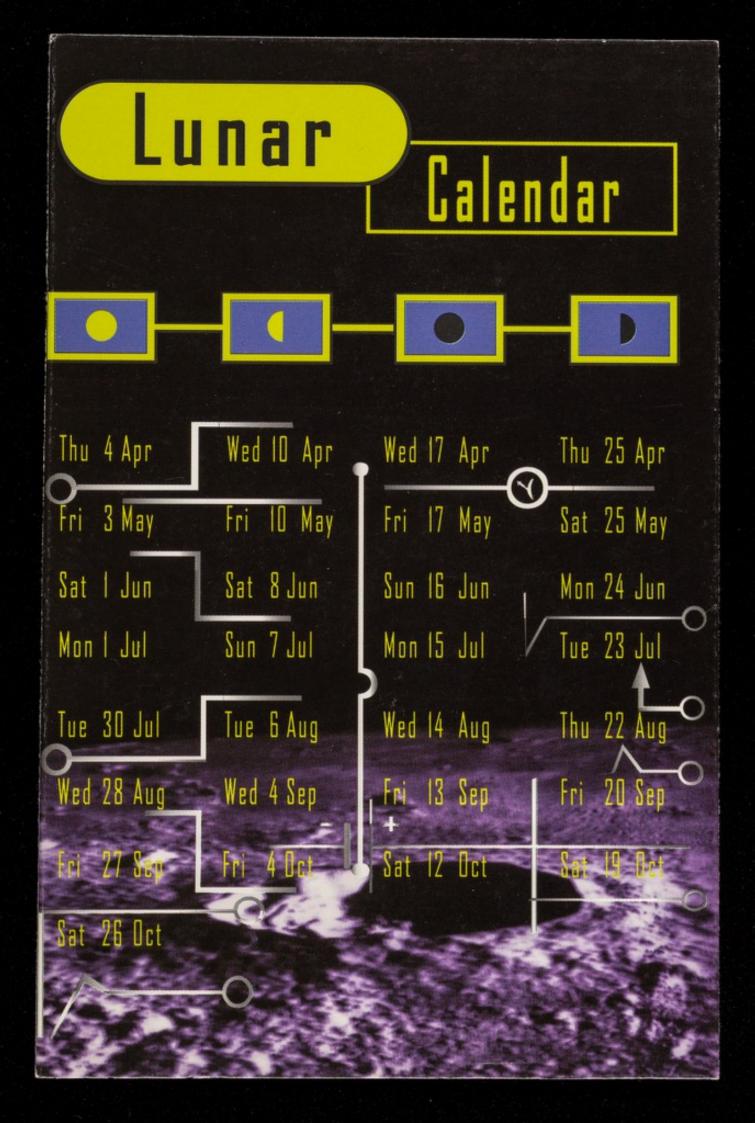
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Is it worth taking the test?

That's the question many of us are still asking. We know all the potential down-sides: uncertainty, stress, fear, prejudice and discrimination.

We've seen that some of our friends seem to get strength from knowing their status, whilst others go to pieces.

It's important to think long and hard about the problems a positive test result could bring. But it's also important to bear in mind the possible advantages of knowing.

At last, treatments for HIV are getting better. It's now realistic to expect that taking anti-HIV drugs can delay the onset of AIDS and anti-infection drugs can prevent problems like pneumonia. More and more treatment options are becoming available - but you have to know your status before you can benefit from them.

There are no easy answers when it comes to testing. Think about it. Talk to people you trust. Do what's right for you.

If you want to get involved in GMFA or make a donation contact: GMFA



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