

**Rubber up! : gay sex for the 90's / GMFA.**

**Contributors**

Gay Men Fighting AIDS (Organization)

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# RUBBER U P!





**GAY SEX FOR THE 90'S** HIV can only be transmitted between men when blood or cum go from one person's body into another. The only big risk in gay sex is fucking or getting fucked without a condom. **The best condoms for gay sex are extra strong or super strong ones from kitemarked brands such as *Durex* or *Mates*, or *HT Specials*. Don't rely on the other guy having some - take your own with you when you go out. It's easy to forget in the heat of the moment; think ahead so you always remember to use them.** Use lots of extra water-based lube such as *K-Y*; don't use oily ones which rot the rubber. Check the packaging - lubes may be oil-based even if they wash off your hands quite easily. **Anything that can break the skin could transmit HIV by transferring blood from one person to another. Don't share needles, razors, piercing equipment or sex toys that could get blood on them.** ORAL SEX isn't very risky but if you want to be extra careful try not to get cum or pre-cum in your mouth. The risk is low even if you do. Stick to safer sex with everyone. **Anyone can have HIV without knowing it - safer sex protects us all.**



**Gay Men Fighting Aids**

If you want to get involved, know more or make a donation contact:

**Unit 42 Eurolink Centre, 49 Effra Road, London SW2 1BZ**

A FLASH PHOTO FOR GMFA.