

Dental dams ... latex gloves.

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Dental Dams

These are 6"x6" latex squares that can be used as a barrier for safer oral sex and rimming. To increase sensation a dab of water-based lubricant - such as KY jelly - can be put on the side of the sheet that is placed over the clitoral area or the anus(not the side that is licked!). Do not use oil-based lubricants as they damage the latex. Each sheet is reusable about 2/3 times and will need to be washed in warm soapy water between use. They do become brittle after that and will therefore be unsafe as a barrier.

Dental dams come in several thicknesses - and the extra thin variety offers the best sensitivity. They come in either plain or a variety of colours and fruit flavours.

Suppliers of dental dams

1. Cottrell & Co.(Sundries Department)
15-17,Charlotte St.
London W1P 2AA
071-580-5500

Bulk orders only and prepaid in advance including postage. Essential to phone first to get price for postage (depending on size of your order) before ordering in writing enclosing cheque. Cheques to: Cottrell & Co. - Sundries Department.

Available:

- a) Plain Dams: 6"x6" sheets - 36 in a box
thin: £7.15 + VAT
extra thin: £6.80 + VAT
- b) Fiesta Dams: Assorted fruit flavours and 3 colours. Same size quantity per box as plain dams.
thin: £7.65 + VAT
- c) The plain dams are also available in a roll for cutting into desired size yourself. Same price as plain dams per box.

- 2) Colonnades Chemist
28,Porchester Rd.
London W2 6ES
Nearest Tube: Queensway
(past Whiteleys,next to Pizza Express)

Sell individual sheets - expensive!
plain: 70p each
fiesta: 75p each

- 3) Thrilling Bits
BCM Bits
London WC1N 3XX
- 4) London Lesbian & Gay Centre
67-69, Cowcross St.
London EC1M 6BP

Latex Gloves

These gloves can be used as a barrier when fisting or putting fingers in vaginal or anal passages. (Particularly necessary when one partner has cuts or sores on her hand and the other is menstruating). The outside of the glove can be liberally coated with a water-based lubricant - such as KY jelly - to increase sensitivity.

The best type to use are hospital surgical gloves. Microtouch is one brand name. They come in 3 sizes and are available from:

Douglas Pharmacy
18, Copenhagen St.
London N.1.