

Love & courage / RS Health Ltd.

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RS Health
Health First (Agency)

Publication/Creation

[1999?]

Persistent URL

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LOVE & COURAGE

You've met your dream guy. You're flying and nothing can touch you! So what will you do if he wants unprotected sex? Maybe you want to stop using condoms. Aren't there better ways to show your feelings than putting each other at risk of HIV and worrying each time you make love? Staying healthy and being there for each other proves so much more. The simplest way to prevent HIV transmission is to use an extra strong condom and water-based lubricant whenever you screw. Relationships take love and courage. Talk to him about how you feel! If you are worried about the sex you're having why not go together to a health advisor at a GUM clinic for free and confidential advice or call one of the telephone numbers listed below.

Independent testing has shown that suitable condoms include Durex Ultra Strong, Mates Superstrong, HT Specials, SafeGuard Forte, Boys Own, Duo and Mondas Yontra. London Lesbian & Gay Switchboard 0171 837 7324, National AIDS Helpline 0800 567 123, THY Helpline 0171 242 1010, NRG L&G Youth Group 0171 620 1819, Rubberstuffers Information Line 0894 80 80 99*

*calls cost 25p/min at all times

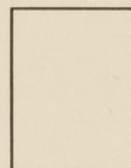


rubberstuffers

HEALTH
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one of a series - 21st Century Sex



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29/4/99